

From the Desk of:

Tushar Karshanbhai Suvagiya

Promoter & Managing Director (DIN: 06802410)

Address : 'Vaibhav' Flat No. 301, Vachnamrut, Atladra, Vadodara -390012, Gujarat

Email : aatmajhealthcare@gmail.com

7th April, 2026

To,

[1] The Audit Committee and

[2] The Company Secretary & Compliance Officer

Of Aatmaj Healthcare Limited

CIN: L85100GJ2014PLC079062

Regd Office: "Jupiter Hospital", Opp. ICAI Bhawan,

Sun Pharma Ataladra Road,

Vadodara – 390012, Gujarat, India

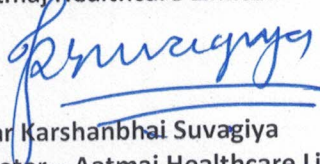
Dear Sir / Madam,

Sub: Disclosures under Regulation 31(4) of SEBI (Substantial Acquisition of Shares and Takeovers) Regulations, 2011 for the F.y ended March 31, 2026

Ref : AATMAJ HEALTHCARE LIMITED (Symbol: "AATMAJ")

In terms of Regulation 31(4) of SEBI (Substantial Acquisition of Shares and Takeovers) Regulations, 2011, I Tushar Karshanbhai Suvagiya, promoter and Managing Director of Aatmaj Healthcare Limited, do hereby declare and confirms that none of the promoters and /or the persons acting in concert, have made any encumbrance, directly or indirectly, over the shares of Aatmaj Healthcare Limited held by me/us other than already disclosed, directly, during the financial year 2025-2026.

**For and on behalf of Promoter and Promoter Group
of Aatmaj Healthcare Limited**



Tushar Karshanbhai Suvagiya
Promoter – Aatmaj Healthcare Limited



Encl : List of Promoter and Promoter Group

From the Desk of:

Tushar Karshanbhai Suvagiya

Promoter & Managing Director (DIN: 06802410)

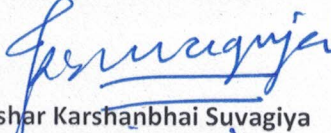
Address : 'Vaibhav' Flat No. 301, Vachnamrut, Atladra, Vadodara -390012, Gujarat

Email : aatmajhealthcare@gmail.com

List of Promoter and Promoter Group of Aatmaj Healthcare Limited as of March 31, 2026

Sr No.	Name	Category
1	Tushar Karshanbhai Suvagiya	Promoter
2	Jignasa Tusharbhai Suvagiya	Promoter
3	Karshanbhai Jethabhai Suvagiya	Promoter
4	Suvagiya Jayaben Karsanbhai	Promoter
5	Ripal Subhash Padmani	Promoter
6	Subhash Padmani	Promoter
7	Ravi Arvind Apte	Promoter

For and on behalf of Promoter and Promoter Group
of Aatmaj Healthcare Limited


Tushar Karshanbhai Suvagiya
Promoter – Aatmaj Healthcare Limited

