Talwalkars Better Value Fitness Ltd.
Regd. Off.: 801/813, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai 400 026.
Tel 6612 6300. Fax: 6612 6363. Website: www.talwalkars.net CIN: L92411MH2003PLC140134

Talwalkars
Spreading fitness since 1932

Date: 24th August, 2017

To,
BSE Limited
Phiroze Jeejeebhoy Towers,
Dalal Street,
Mumbai – 400 001

To,
National Stock Exchange of India Ltd.
Exchange Plaza,Plot No. C/1,
G Block, BKC, Bandra (East),
Mumbai – 400 051

Dear Sir,

Re:**Talwalkars Better Value Fitness Ltd.; Scrip Symbol: TALWALKARS; Scrip Code : 533200**
Sub: **Information pursuant to Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 – Proceedings of Postal Ballot**

This is to inform that pursuant to Section 110 and other applicable provisions, if any, of the Companies Act, 2013 read with the Companies (Management and Administration) Rules, 2014, postal ballot was conducted by the Company. Mr. Bharat R. Upadhyay, Company Secretary in Practice was appointed as the Scrutinizer. The last date for receipt of the postal ballot from members was 23rd August, 2017.

The Scrutinizer has submitted his report on the postal Ballot (through e-voting and postal ballot forms) on 24th August, 2017 and as per his report, the resolutions proposed there-in have been passed with the requisite majority.

The list of resolutions for which the Postal Ballot was conducted is appended herewith:

Item No.	Brief Description of Resolutions	Passed as
1	Issuance of Equity Shares on preferential basis to promoter group	Special Resolution
2	To approve increase in borrowing limits of the Company	Special Resolution
3	To approve creation of charges on the movable and immovable properties of the Company in respect of the borrowings	Special Resolution
4	To approve the offer or invitation to subscribe to Non-Convertible Debentures on private placement basis	Special Resolution

Kindly take the same on your records.

Thanking you
For Talwalkars Better Value Fitness Limited

Avanti Sankav
Company Secretary

TALWALKARS BETTER VALUE FITNESS LTD. MUMBAI