



ATLAS CYCLES (HARYANA) LIMITED

Registered Office : Industrial Area, Atlas Road, Sonapat-131 001, (Haryana) India.
Corporate Identity Number L35923HR1950PLC001614

Date: 7th November, 2019

The Manager, Capital Market (Listing)
National Stock Exchange of India Ltd.
Exchange Plaza,
Bandra-Kurla Complex
Bandra (E)
MUMBAI – 400051
FAX NO. 022-26598237/38

SUB: Reply to your email dated 06.11.2019 regarding announcement submitted to the Exchange dated Nov 04, 2019 , regarding appointment of Ms Sadhna Syal as Non- Executive Independent Director of the company w.e.f. October 29, 2019.

Dear Sir/Madam,

With reference to captioned subject matter, point wise reply is as follows:

1. Brief profile (in case of appointment) – **Enclosed**
2. Disclosure of relationships between directors (in case of appointment of a director) – **No relation with Directors**
3. Whether intimated in 24hrs – **We have made intimation on 04.11.2019 as we have inadvertently skipped this point while intimating other material information to the exchange. We will surely take care of this from next time.**

Kindly take this information in your record and oblige.

Thanking You.

For ATLAS CYCLES (HARYANA) LIMITED


NIKHIL BINDAL
COMPANY SECRETARY



Website : www.atlasbicycles.com; E-mail : companysecretary@atlascycles.co.in

LEADING PRODUCERS & EXPORTERS OF QUALITY BICYCLES

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PERSONAL PROFILE

MS. SADHNA SYAL

Experience in Training :

- Registered as Trainer with the Institute of **Chartered Accountants** of India, since 2011
- Registered with the Institute of **Company Secretaries** of India, Bhopal Branch.
- Trained Managers of Cent Bank Homes in 2016
- Trained Managerial and Production Staff of **United Breweries Ltd.** at Ratibad, Bhopal in 2013
- At present working part-time with **Samavesh**, an NGO in Bhopal, Madhya Pradesh, since 2010 to train teachers in Madarsas and other Government institutes in Bhopal and other districts of Madhya Pradesh.
- Introduced VIKALP – an alternate learning programme in English, designed by me for First Generation learners in few schools and tribal areas of M.P. and now in Bhopal too.
- Was running my own **Personality Development Centre** in Bhopal. Teaching **Spoken- English, soft skills** and **Personality enhancement** to School and College Students, Working Personnel, Home-makers, etc.

Experience in Teaching :

At present working Free-Lance with –

- Teaching VNS Pharmacy College as visiting faculty for **Communication skills and spoken English**.
- Teaching English in **EduNirvana**, a private coaching centre for GRE & TOFLE.
- Have been doing English documentation work like - editing, concising, formatting and printing of Broachers/Annual report of existing documents for NGOs like Samarthan and Samavesh.
- **2003 to 2008** - Teaching secondary students in KAL, **Cambridge Board** of U.K., in Goa.
- **1991-2000** - Principal & Proprietor of **Pretty Petals (Kindergarten)** in Bhopal. Was responsible for total administration and management of the school.
- **1985-1988** - Teacher in Woodbine School in Kanpur.

Experience in Journalism :

- At present writing stories for children's books with Manjul publishers.

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- Translating books from Hindi to English.
- Worked part-time with **Aadarsh Publishers** to develop content for KinderGarten books for their franchisee schools by the brand name of **Purple Turtle**.
- **Books published –**
 - **Spoken English for intermediate and advanced level** - book published by **Indra publishers**, Bhopal for distribution all over India.
 - **Pencil Point** -a set of five books for children, on Cursive writing, published by **Manjul Publications**, Bhopal, for distribution internationally.
 - **Quiz Time for kids –** a set of five books for children, published by **Dreamland Publishers**, Delhi. These books are internationally available on Amazon.com.
 - **Lines & Curves – a set of three books** for writing by Dreamland Publishers, Delhi.
 - Published e-book with Amazon.com
 - Have published a book on **Punjabi wedding songs & customs** under my own publication **VYOM**.
- **Doordarshan Programmes –** Have participated in many live T.V. shows ('Shubh-Shaam' & 'Hello D.D.') on **Bhopal Doordarshan** during 2009-2013 dealing with **Stress, Time Management and Personality Enhancement**.
- **Radio talks** - Have broadcast talks on **All India Radio, Goa** (medium wave) focusing on various issues & themes.
- **Guest Speaker –** Was invited by various social groups like **NWWA** (Naval wives welfare association) & **GSY** (Goa Shipyard) **wives welfare Club** and **BHEL** (Bhopal) to talk about Stress & Time Management.
- **School magazine** - Was **Editor of the School Magazine** for three years while teaching in Woodbine School in Kanpur.
- **Reporter** - Worked as a Reporter for '**Sun Weekly**' in 1981. Worked for a few months for a **local paper in Nehru Place**, New Delhi in 1980. Have been writing **free lance** to leading newspapers and magazines like The Hindustan Times, Sarita etc.

Other Experience :

- **2014 onwards –** working part time as Project-in-charge with Samavesh (an NGO) - Urban School Programme.
- **2010-2014 –** working part-time with Samavesh for capacity building of the team.
- **2001-02 -** Handled management information process by collecting Database for advertisements and press news for T'vad Indx, a pvt ltd company based in Delhi.

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- Competent at handling **basic programs in computers**, and **corel-draw** for publishing.
- **2000-01** - Worked for one year as **Business development officer** for Dreamland publishers to promote their books in reputed schools of Delhi.

Educational Qualifications:

- **Bachelor of Education (B.Ed.) in English Literature** from Annamalai University Chidambaram in 1997 with first division.
- **Diploma in Journalism (J.D.)** from Women's Polytechnic, South Delhi in 1979.
- **Bachelor of Arts (B.A.) with English Literature** from Delhi University in 1978.
- **Schooling** from various **convent schools** in northern India, due to father's transferable job in the Army.

Counselling:

Have been invited by the 'Vidhalaya Management Committee' of **two central schools** in Goa, to work with **10th & 12th class** students.

Apart from **counseling**, I also gave lectures on **Time & Stress Management before exams**.

Also held sessions for **teachers & parents**.

Other Interest Areas:

- **Reading:** I have special interest in reading. My favourite subjects are mythology, philosophy of life, education, self-help, healing, metaphysical mysteries, etc.
- **Writing:** Enjoy Creative writing & poetry both in English & Hindi.
- **Reiki:** Qualified in the Reiki Method of Natural Healing (third degree).

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