**Talwalkars Better Value Fitness Ltd.**
Regd. Off.: 801/813, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai 400 026.
Tel.: 6612 6300. Fax: 6612 6363. Website: www.talwalkars.net CIN: L92411MH2003PLC140134

Talwalkars
*Spreading fitness since 1932*

To,
The Manager
Listing/Compliance Department,
**National Stock Exchange of India Limited**
Exchange Plaza,Plot No. C/1,
G Block, Bandra-Kurla Complex,
Bandra (East), Mumbai - 400 051.

To,
Mr. Wilbur Fernandes/Mr. Troydon Bird,
The Manager
**BSE Limited**
Corporate Service Department
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai - 400 001.

**NOTICE**

NOTICE is hereby given pursuant to Clauses 36 and 41 of the Listing Agreement that a meeting of the Board of Directors of the Company will be held on Thursday, 5th November, 2015 at the Registered Office of the Company inter-alia to consider the following:

1. To consider and approve the scheme of reorganization of the Company;
2. To take on record the unaudited stand-alone and consolidated financial results of the Company for the quarter and half year ended 30th September, 2015;
3. To consider and take on record Limited Review Report for the quarter ended 30th September, 2015.

We further inform you that the Trading Window for trading in the Company's Shares by all the Directors and Designated Employees shall remain closed from 28th October, 2015 to 7th November, 2015 (both days inclusive) on account of declaration of un-audited financial results for the quarter and half year ended 30th September, 2015. Trading Window will remain open from 8th November, 2015.

By Order of the Board
For **Talwalkars Better Value Fitness Limited**

**Avanti Sankav**
**Company Secretary & Compliance Officer**

Date: 26th October, 2015
Place: Mumbai