Talwalkars Better Value Fitness Ltd.
Regd. Off.: 801, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai 400 026.
CIN: L92411MH2003PLC140134; Tel.: 6612 6300. Fax: 6612 6363. Website: www.talwalkars.net

Talwalkars
Spreading fitness since 1932

Date: 21st March, 2018

To,
National Stock Exchange of India,
Exchange Plaza , Plot No C/1,
G Block, BKC,
Bandra East, Mumbai- 400 051

To,
Bombay Stock Exchange Limited
Phiroze Jeejeebhoy Towers,
Dalal Street,
Mumbai- 400 001.

Sub: Analyst / Investor Meeting
Ref: Scrip Code 533200 Scrip Symbol: TALWALKARS

Dear Sir/Madam,

Pursuant to Regulations 30 of SEBI (LODR) Regulations, 2015, we would like to inform you that the management of the Company met various analysts from the investor community at Valorem Analyst Conference 2018, organized by Valorem Advisors on 21st March, 2018. All discussions were based around general business updates and did not involve any forward looking statements or unpublished price sensitive information.

Kindly take the same on your record and oblige.

Thanking You,

Yours Truly,

For Talwalkars Better Value Fitness Ltd.

Avanti Sankav
Company Secretary