Talwalkars Better Value Fitness Ltd.
Regd. Off.: 801/813, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai 400 026.
Tel.: 6612 6300. Fax: 6612 6363. Website: www.talwalkars.net CIN: L92411MH2003PLC140134

Talwalkars
Spreading fitness since 1932

Date: 12th May, 2016

To,
National Stock Exchange of India Ltd.
Exchange Plaza, Plot No. C/1,
G Block, Bandra-Kurla Complex,
Bandra (East), Mumbai - 400 051.

To,
BSE Limited
Corporate Service Department
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai - 400 001.

Dear Sir,

Re: **Talwalkars Better Value Fitness Limited; Scrip Name: TALWALKARS; Scrip Code: 533200.**
Sub: **Submission of Newspaper Cuttings in which Notice regarding Annual General Meeting, recommended Dividend and Book closure for the Financial Year 2015-2016 have been published.**

We are enclosing herewith the Newspaper Cuttings dated 12th May, 2016 of Free Press Journal (English) and Nav Shakti (Marathi) in which Notice regarding Annual General Meeting, recommended Dividend and Book Closure for the Financial Year 2015-16 have been published.

Kindly take the same on record and acknowledge the receipt of the same.

Thanking You.

Yours faithfully,
For **Talwalkars Better Value Fitness Limited**

TALWALKARS BETTER VALUE FITNESS LTD. MUMBAI

Avanti Sankav
Company Secretary & Compliance Officer

Encl: As Above

THE FREE PRESS JOURNAL
MUMBAI | THURSDAY | MAY 12, 2016

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NOTICE

NOTICE is hereby given that pursuant to the approval granted by the Board of Directors in its meeting held on 5th May, 2016, dividend @15% (i.e. Rs. 1.50/- per equity share of Rs.10/-) is recommended to the members.

NOTICE is further given that the 13th Annual General Meeting of the Company will be convened on Thursday, **8th September, 2016** at M.C. Ghia Hall of Indian Textile Accessories & Machinery Manufacturer's Association, Bhogilal Hargovindas Building, 4th Floor, Kala Ghoda, 18/20, K. Dubash Marg, Mumbai-400 001 at 11.30 a.m. The members of the of Company are requested to register their e-mail addresses or any changes in the already registered e-mail addresses with the Depositories for the purpose of the Annual Report for the year ended 2015-16. Annual Report will be dispatched in the physical form to the members who hold shares in physical form or have not registered their email address with the depository or have expressed their willingness to obtain Annual Report in physical form.

NOTICE is further given that pursuant to Section 91 of the Companies Act, 2013 read with the Companies (Management and Administration) Rules, 2014 and Regulation 42 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 that the Register of Members and Share Transfer Books of the Company will remain closed from Saturday, 3rd September, 2016 to Thursday, 8th September, 2016 (both days inclusive) for the purpose of Annual General Meeting and payment of dividend for the financial year 2015-16.

NOTICE is further given that the Annual Report of the Company will be available on the Company's website **www.talwalkars.net** and at the registered office of the Company for inspection during office hours.

By Order of the Board
For **Talwalkars Better Value Fitness Limited**
Avanti Sankav
Company Secretary & Compliance Officer

Date : 10th May, 2016
Place : Mumbai

नवशक्ति
मुंबई, गुरुवार, १२ मे २०१६

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