Talwalkars Better Value Fitness Ltd.
Regd. Off.: 801/813, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai 400 026.
Tel.: 6612 6300. Fax: 6612 6363. Website: www.talwalkars.net CIN: L92411MH2003PLC140134

Talwalkars
Spreading fitness since 1932

Date: 1st March, 2017

To,
BSE Limited
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai - 400001.

To,
National Stock Exchange Of India Limited
Exchange Plaza, Plot No. C/1,
G Block, BKC, Bandra (East), Mumbai -400051.

Dear Sir / Madam,

Re: Talwalkars Better Value Fitness Limited; Scrip Symbol: TALWALKARS; Scrip Code: 533200
Sub: Intimation of Schedule of Analyst/ Institutional Investors Meeting under the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015.

We wish to inform you that pursuant to Part A of Schedule III to Regulation 30(6) of the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015 the Company will be participating in the IDBI Capital Small/ Mid-Cap Investor Conference at IDBI Towers, Bandra-Kurla Complex, Mumbai on 2nd March, 2017.

Kindly note that the participation is subject to change, which may happen due to exigencies on the part of Host/ Company .

We request you to kindly take the above on record.

Thanking you,

Yours faithfully,
For **Talwalkars Better Value Fitness Ltd.**

Avanti Sankav
Company Secretary

TALWALKARS BETTER VALUE FITNESS LTD. MUMBAI