

March 6, 2026

Listing Department

BSE LIMITED

P. J. Towers, Dalal Street,
Mumbai-400 001

Code: 531335

Listing Department

NATIONAL STOCK EXCHANGE OF INDIA LIMITED

Exchange Plaza, C/1, Block G,
Bandra Kurla Complex,
Bandra (E),
Mumbai-400 051

Code: ZYDUSWELL

Re.: **Disclosure under SEBI (Prohibition of Insider Trading) Regulations, 2015 (“PIT Regulations”)**

Dear Sir / Madam,

With reference to the captioned subject, please find enclosed a disclosure dated March 6, 2026 in prescribed Form “B” under Regulation 7(2) of SEBI (Prohibition of Insider Trading) Regulations, 2015, received from Mr. Punit Adhia, Designated Person with respect to acquisition of 300 Equity Shares of ₹ 2/- each from the open market.

Please find the same in order.

Thanking you,

Yours faithfully,

For, **ZYDUS WELLNESS LIMITED**

NANDISH P. JOSHI

COMPANY SECRETARY & COMPLIANCE OFFICER

Encl.: As above



FORM B

SEBI (Prohibition of Insider Trading) Regulations, 2015
 [Regulation 7 (2) read with Regulation 6(2) – Continual disclosure]

Name of the Company: ZYDUS WELLNESS LIMITED

ISIN of the Company: INE768C01028

Details of change in holding of Securities of Promoter, Member of the Promoter Group, Designated Person or Director of a listed company and immediate relatives of such persons and other such persons as mentioned in Regulation 6(2).

Name, PAN, CIN/DIN, & address with contact	Category of Person	Securities held prior to acquisition		Securities acquired				Securities held post acquisition		Date of acquisition of shares		Date of intimation to company	Mode of acquisition	Exchange on which the trade was executed
		Type of security	No. and % of shareholding	Type of security	No.	Value	Transaction Type	Type of security	No. and % of shareholding	From	To			
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Name: Punit Adhia PAN: AXFXAX5X7X Address: Zydu Corporate Park, Scheme No. 63, Survey No. 536 Khoraj (Gandhinagar), Nr. Vaishnodevi Circle, S. G. Highway, Ahmedabad – 382481, Gujarat Phone No. + 91 79 48040000	Designated Person	Equity Shares	0 0.00%	Equity Shares	300 0.00%	Rs. 1,14,300	Acquisition	Equity Shares	300 0.00%	March 6, 2026	March 6, 2026	March 6, 2026	Open market	BSE

Details of trading in derivatives of the company by Promoter, Employee or Director of a listed company and other such persons as mentioned in Regulation 6(2)

Trading in derivatives (Specify type of contract, Futures or Options etc.)						Exchange on which the trade was executed
Type of contract	Contract specifications	Buy		Sell		
		Notional Value	Number of units (contracts * lot size)	Notional Value	Number of units (contracts * lot size)	
16	17	18	19	20	21	22
N.A.	N.A.	N.A.	N.A.	N.A.	N.A.	N.A.

Punit Adhia

Punit Adhia
Designated Person

Date: March 6, 2026
 Place: Ahmedabad