

TML/CS/BSE-NSE/2022/02

20th September, 2022

BSE Limited.
P. J. Towers, Dalal Street
Mumbai-400 001

National Stock Exchange of India Ltd.
“Exchange Plaza”, Bandra Kurla
Complex,
Bandra East, Mumbai- 400 051

Dear Sir/Madam,

Sub: Disclosure under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 - Cessation of office as Independent Directors.

Ref: BSE Scrip Code: 530199 & NSE Scrip Code: THEMISMED

We wish to inform you that the Second term of office of Mr. Hoshang Sinor (DIN: 0007 4905) as Independent Director of the Company, came to end after conclusion of the 52nd Annual General Meeting held on 19th September, 2022.

Kindly take the above intimation on your record.

Thanking you,

Yours faithfully
For **THEMIS MEDICARE LIMITED**

SANGAMESHWAR
R RAMNARAYAN
IYER
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SANGAMESHWAR
RAMNARAYAN IYER
Date: 2022.09.21 16:31:50
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SANGAMESHWAR IYER
Company Secretary & Compliance Officer

Themis Medicare Limited

Corporate Office: 11/12 Udyog Nagar, S V Road, Goregaon (W), Mumbai – 400 104, India

***Tel.:** 91-22-67607080 ***Fax:** 91-22-67607070/ 28746621

Regd. Office: Plot No. 69-A, G.I.D.C., Industrial Estate, Vapi-Gujarat

CIN No.: L24110GJ1969PLC001590 ***Tel/ Fax No.:** **Regd. Off.:** 0260-2431447/ 2430219

***E-mail:** themis@themismedicare.com ***Website:** www.themismedicare.com