



TML: CS: BSE/NSE CORR: 2025-26/34

10th November, 2025

Corporate Relationship Department
BSE Limited
Floor 25, Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai- 400001
Scrip Code – 530199

Listing Department
National Stock Exchange of India Limited
Exchange Plaza,
Bandra Kurla Complex,
Bandra (East), Mumbai- 400051
Symbol: THEMISMED

Dear Sir / Madam,

Sub: Intimation under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015.

Pursuant to the Regulation 30 of the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015 ("SEBI Listing Regulations") read with SEBI Circular ref no. SEBI/HO/CFD/PoD2/CIR/P/0155 dated November 11, 2024, we would like to inform you that, Ms. Manjul Sandhu (DIN: 00330363) has completed her term as Independent Woman Director on 10th November, 2025 and consequently ceased to be the Independent Woman Director of the Company with effect from close of business hours of today i.e. 10th November, 2025.

The Board has placed on record its sincere appreciation for the valuable support and contribution made by Ms. Manjul Sandhu during her tenure as Independent Woman Director of the Company.

The requisite disclosure as required under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 read with circular No. SEBI/HO/CFD/PoD2/CIR/P/0155 dated November 11, 2024 is enclosed herewith as Annexure-A'.

The above information is also available on the website of the Company at www.themismedicare.com

This is for your information and record please.

Thanking you,

Yours faithfully,

For **Themis Medicare Ltd**

Pradeep Chandan
Director-Legal, Compliance & Company Secretary

Themis Medicare Limited

Corporate Office: 11/12 Udyog Nagar, S V Road, Goregaon (W), Mumbai – 400 104, India

***Tel.:** 91-22-67607080 ***Fax:** 91-22-67607070/ 28746621

Regd. Office: Plot No. 69-A, G.I.D.C., Industrial Estate, Vapi-Gujarat

CIN No.: L24110GJ1969PLC001590 ***Tel/ Fax No.:** **Regd. Off.:** 0260-2431447/ 2430219

***E-mail:** themis@themismedicare.com ***Website:** www.themismedicare.com

Annexure-A

Sr. No.	Particulars	Details
1.	Reason for change	Completion of term as woman Independent Director of the Company.
2.	Date of appointment / cessation	Effective from the close of business hours of today i.e. 10 th November, 2025.
3.	Brief profile	Not Applicable
4.	Disclosure of relationships between Directors (in case of appointment of a Director)	Not Applicable
5.	Information required pursuant to BSE Circular no. LIST/COMP/14/2018-19 and the NSE Circular no. NSE/CML/2018/24 both dated 20 th June, 2018.	Not Applicable

Names of the listed entities in which Ms. Manjul Sandhu holds Directorships indicating the category of Directorship and Membership of Board Committees before the cessation becoming effective:

Sr. No	Name of Listed Company	Category of Directorship	Membership of the Board Committee (s)
1.	Themis Medicare Limited	Non-Executive Independent Woman Director	Corporate Social Responsibility Committee (Member) Risk Management Committee (Member)

Themis Medicare Limited

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