TCS/PR/SE-134/2018-19

January 3, 2019

National Stock Exchange of India Limited
Exchange Plaza,
Bandra Kurla Complex
Mumbai
Symbol: TCS

BSE Limited
P.J. Towers, Dalal Street
Mumbai 400001
Scrip Code No. 532540 (BSE)

Dear Sirs,

We are sending herewith copy of the Press Release titled **"TCS' Fit4life Corporate Challenge to Promote Wellness in the Community"** which will be disseminated shortly.

The Press release is self-explanatory.

Thanking you,

Yours faithfully,
For **Tata Consultancy Services Limited**

Rajendra Moholkar
Company Secretary

PRESS RELEASE For immediate u

TCS' Fit4life Corporate Challenge to Promote Wellness in the Community

- *Tata Consultancy Services' Annual 10K Timed Competitive Running Event for Corporates Will See Participation by 12,000 Employees from 300 Companies across 4 Cities*
- *TCS to Contribute ₹500,000 to Charity Partners in Each of the Cities*

MUMBAI, January 3, 2019: Tata Consultancy Services (BSE: 532540, NSE: TCS), a leading global IT services, consulting, and business solutions organization, will be organizing the TCS Fit4life Corporate Challenge 2018-19 in **Pune**, **Kolkata**, and **Kochi** on **January 6, January 13, and February 17, 2019**, respectively.

The TCS Fit4life Corporate Challenge is an annual 10K timed competitive running event for corporate participants, which brings together like-minded organizations to promote physical fitness amongst professionals while contributing to a social cause. The Challenge kick-started in Ahmedabad on December 9. Overall, 12,000 runners from over 300 companies, are expected to participate in the Challenge this year.

Corporates are required to register as teams, each with a minimum of four members, preferably with at least one woman participant. A corporate can field multiple teams. Registration will be limited to a maximum of 3000 participants in each city.

The top three men and women finishers from each city will be awarded trophies, medals, Fastrack activity trackers, and Tata Stryder bicycles. These top six winners from each location (subject to meeting qualifying timing criteria) will also get a free entry to participate in the Tata Mumbai Marathon or Tata Ultra Marathon. Additionally, the corporate with the highest number of participants and the corporate with the highest number of women participants will be awarded trophies. All participants will receive a runners' kit, which includes a t-shirt and a bag. All finishers will be awarded a medal and a timing certificate.

TCS has partnered with the Agastya International Foundation in Ahmedabad, Maher in Pune, the Tata Medical Centre Trust in Kolkata, and the Cancure Foundation in Kochi for the Challenge and will contribute ₹500,000 to each of these charity partners.

"Wellness has been a key focus area for TCS' corporate social responsibility programs. Through internal initiatives and sponsorship of many of the world's largest running events, we have been engaging with our employees and communities across the world to promote fitness. Through the Fit4Life Corporate Challenge, we seek to encourage working professionals in India to take up running and stay fit," said **Ravi Viswanathan, Chief Marketing Officer, TCS.**

About TCS Fit4life Corporate Challenge's Charity Partners

Agastya International Foundation: Agastya International Foundation is a transformative educational foundation. Agastya is actively engaged in propagating hands-on learning among poor rural children and teachers. It streams its vision and mission to rural India through a variety of channels including mobile labs, science centers, lab-in-a-box, lab-on-a-bike and a creativity lab located near Bangalore. Agastya provides children and teachers access to quality hands-on basic education that awakens their curiosity, and fosters creative thinking, problem-solving and communication skills.

Maher: Maher is a non-governmental organization that provides shelter and care to destitute women, children, men and undertakes community development programs in various villages near village Vadhu Budruk in central western India. It currently shelters more than 960 children, 87 men and over 350 destitute women housed in 46 different homes around Pune and outside. Maher runs 24 different projects simultaneously. Maher's work has also expanded to other parts of India like Jharkhand, Kerala, Kolkata, Miraj and Ratnagiri.

TATA Medical Centre Trust: The Tata Medical Center is a comprehensive Cancer Care Center with well trained professionals and is equipped with world class facilities and the most contemporary medical equipment. The Center provides a wide spectrum of services from diagnosis, therapy to rehabilitation and palliative support in cancer.

Cancure Foundation: Cancure Foundation (CCF) is a not for profit society founded by like-minded individuals from various walks of life and professions towards the cause of assisting the marginalized section of the society in the diagnosis, treatment and rehabilitation of silent killer disease, cancer. The society will in addition undertake several activities to enhance the awareness of the disease and in its early detection.

About Tata Consultancy Services Ltd (TCS)

Tata Consultancy Services is an IT services, consulting and business solutions organization that has been partnering with many of the world's largest businesses in their transformation journeys for the last fifty years. TCS offers a consulting-led, cognitive powered, integrated portfolio of business, technology and engineering services and solutions. This is delivered through its unique Location Independent Agile delivery model, recognized as a benchmark of excellence in software development.

A part of the Tata group, India's largest multinational business group, TCS has over 411,000 of the world's best-trained consultants in 46 countries. The company generated consolidated revenues of US $19.09 billion in the fiscal year ended March 31, 2018, and is listed on the BSE (formerly Bombay Stock Exchange) and the NSE (National Stock Exchange) in India. TCS' proactive stance on climate change and award winning work with communities across the world have earned it a place in leading sustainability indices such as the Dow Jones Sustainability Index (DJSI), MSCI Global Sustainability Index and the FTSE4Good Emerging Index. For more information, visit us at www.tcs.com.

To stay up-to-date on TCS news in North America, follow @TCS_NA. For TCS global news, follow @TCS_News.

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