

Talwalkars Healthclubs Limited

(Formerly known as Talwalkars Lifestyles Limited)

Regd Office: 801-813, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai – 400026.

CIN: U93090MH2016PLC280127; Tel.: 022-2355 6000 Fax: 022-2355 6363

Email: investor@talwalkars.net website: www.talwalkarshealthclubs.com

Date: 6th September, 2019.

To,

BSE Limited

Phiroze Ijeebhoy Towers,
Dalal Street, Mumbai - 400001.

National Stock Exchange of India Limited

Exchange Plaza, Plot No. C/1, C Block, Dalal
BKC, Bandra (East), Mumbai - 400051.

Re: Intimation with respect to resignation of Director.

Dear Sir/Madam,

This is to inform you that Ms. Farzana A. Tavadia (**DIN:08098667**) the independent director of the Company has resigned w.e.f. 5th September, 2019 due to preoccupation in her professional work/ personal reasons.

Kindly take this information on your record.

Thanks & Regards,

Yours truly,

For Talwalkars Health Clubs Ltd.



Director/ Authorised Signatory