

Talwalkars Healthclubs Limited

(Formerly known as Talwalkars Lifestyles Limited)

Regd Office: 801-813, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai – 400026.

CIN: U93090MH2016PLC280127; Tel.: 022-2355 6000 Fax: 022-2355 6363

email: investor@talwalkars.net website: www.talwalkarshealthclubs.com

Date: 3rd April, 2019

To,
BSE Limited
Corporate Service Department
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai - 400 001.

To,
National Stock Exchange of India Ltd.
Exchange Plaza, Plot No. C/1,
G Block, Bandra-Kurla Complex,
Bandra (East), Mumbai - 400 051.

Dear Sir,

Re: **Talwalkars Healthclubs Ltd: Scrip Symbol: TALWGYM, Scrip Code: 541545**
Sub: **Submission of newspaper advertisement of Evoting facility**

We enclose herewith the newspaper advertisement published in The Freepress Journal and Nav shakti dated 3rd April, 2019 about Evoting facility offered by the Company to its members.

Kindly take the same on your record and acknowledge the receipt of the same.

For Talwalkars Lifestyles Limited



Avanti Sankav
Company Secretary & Compliance Officer
Encl: a/a

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NOTICE

Notice is hereby given pursuant to Regulation 30, 44 and other applicable provisions of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 and Section 108 of the Companies Act, 2013 ("the Act") read with Rule 20 and 22 of the Companies (Management and Administration) Rules, 2014 (including any amendment thereto or enactment/re-enactment thereof), details of which are as follows :

1. The Company offers electronic voting facility to the Members to cast their votes by electronic means on all the resolutions set out in the Notice of Postal Ballot and that the special business specified in the Notice of Postal Ballot may be transacted through voting by electronic means. The Notice of Postal Ballot is displayed on the Company's www.talwalkarshealthclubs.com.
2. The Company has completed dispatch of Notice of Postal Ballot along with the instructions related to E-Voting to the members of the Company on 1st April, 2019.
3. The Electronic voting period commences from 2nd April, 2019 (9:00 am) and ends on 1st May, 2019 (5:00 pm). E-Voting module shall be disabled by NSDL for voting after 5.00 p.m. of 1st May, 2019 and voting shall not be allowed beyond the said timings.
4. The shareholders of the Company, holding shares either in physical form or in dematerialized form, as on the cut-off date of 22nd March, 2019, shall be entitled to avail the facility of e-voting. The voting rights of the Members shall be in proportion to their shares in the paid-up equity share capital of the Company as on this cut-off date.
5. The members can opt for only one mode of voting i.e. through physical Postal Ballot or e-voting. In case, members cast their votes through both the modes, voting done by e-voting shall prevail and votes cast through physical Postal Ballot will be treated as invalid. Mr. Bharat R. Upadhyay (FCS No. 5436, C. P. No. 4457), Practicing Company Secretary has been appointed as the Scrutinizer to scrutinize the E-Voting process in a fair and transparent manner.
6. The Company has engaged the services of National Securities Depository Limited (NSDL) to provide electronic voting facility to the Members of the Company.
7. The Scrutinizer, after scrutinizing the votes cast through remote e-voting, will, not later than three days of conclusion of the Meeting, make a consolidated scrutinizer's report and submit the same to the Chairman or Authorised person in this behalf. The results declared along with the scrutinizer's report shall be placed on the website of the Company www.talwalkarshealthclubs.com and on the website of NSDL. The results shall simultaneously be communicated to the Stock Exchanges.
8. In case of any queries, Members may refer to the Frequently Asked Questions (FAQs) for members and e-voting user manual for members available at the Downloads sections of <https://www.evoting.nsdl.com> or contact NSDL at the following toll free No. : 1800-222-990 or send a request at evoting@nsdl.co.in.

In case of any grievances connected with facility for voting by electronic means, please contact Ms. Pallavi Mhatre, Assistant Manager, NSDL, 4th Floor, 'A' Wing, Trade World, Kamala Mills Compound, Senapati Bapat Marg, Lower Parel, Mumbai-400 013. Email : evoting@nsdl.co.in/pallavid@nsdl.co.in, Tel. : 91 22 2499 4545/1800-222-990.

For Talwalkars Healthclubs Limited

Avanti Sankav

Company Secretary & Compliance Officer

Date : 30th March, 2019

Place : Mumbai

नवचक्ति
मुंबई, बुधवार, ३ एप्रिल २०१९

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For Talwalkars Healthclubs Limited

Date : 30th March, 2019
Place : Mumbai

Avanti Sankav
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