Talwalkars Better Value Fitness Ltd.
Regd. Off.: 801/813, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai 400 026.
Tel.: 6612 6300. Fax: 6612 6363. Website: www.talwalkars.net CIN: L92411MH2003PLC140134

Talwalkars™
Spreading fitness since 1932

To,
The Manager
Listing/Compliance Department,
National Stock Exchange of India Ltd.
Exchange Plaza,Plot No. C/1,
G Block, Bandra-Kurla Complex,
Bandra (East), Mumbai - 400 051.

To,
Mr. Wilbur Fernandes / Mr. Troydon Bird,
The Manager
BSE Limited
Corporate Service Department
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai - 400 001.

Notice

Notice is hereby given pursuant to Clause 19, 36, 41 and other applicable clauses of the Listing Agreement that a meeting of the Board of Directors of the Company will be held on Thursday, 7th May, 2015 at the Registered Office of the Company inter-alia to consider the following:

1. To take on record the audited stand-alone and consolidated financial results of the Company for the year ended 31st March, 2015.
2. To approve and adopt stand-alone and consolidated audited financial Statement for the year ended 31st March, 2015 along with the Directors Report and Auditors Report thereon.
3. To consider and recommend the dividend, if any on equity shares for the year ended 31st March, 2015.
4. To decide date, time and venue of the Annual General Meeting.
5. To approve the sale of stake by our Subsidiary, Denovo Enterprises Private Limited in its Subsidiary (our step-down Subsidiary), Equinox Wellness Private Limited.
6. Any other business with the permission of Chair.

We further inform you that the Trading Window for trading in the Company's Shares by all the Directors and Designated Employees shall remain closed from Thursday, 30th April, 2015 to Friday, 8th May, 2015 (both days inclusive) on account of declaration of audited financial results for the year ended on 31st March, 2015. Trading Window will remain open from 9th May, 2015.

Kindly take note of the same.

By Order of the Board
For **Talwalkars Better Value Fitness Limited**

TALWALKARS BETTER VALUE FITNESS LTD. MUMBAI

Date: 27th April, 2015
Place: Mumbai

Avanti Sankav
Company Secretary & Compliance Officer