Talwalkars Better Value Fitness Ltd.
Regd. Off.: 801/813, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai 400 026.
Tel.: 2355 6000 Fax: 2355 6363 Website: www.talwalkars.net CIN: L92411MH2003PLC140134

Talwalkars
Spreading fitness since 1932

Date: 29th July, 2019

To,
BSE Limited
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai - 400001.

To,
National Stock Exchange of India Ltd.
Exchange Plaza, Plot No. C/1, G Block,
BKC, Bandra (East), Mumbai - 40005

Re: Talwalkars Better Value Fitness Limited; Scrip Symbol: TALWALKARS; Scrip Code: 533200
Sub: Intimation of Resignation of Independent Director

Dear Sir,

We wish to inform you pursuant to provisions of Schedule III of Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 that Mrs. Mrunalini Deshmukh (DIN: 070927728), Independent Director of the Company has resigned as Director from the Board of Directors of the Company with effect from 29th July, 2019 due to preoccupation in her professional work.

We enclose herewith copy of her resignation letter including confirmation. Kindly take the same on your record and oblige.

Thanking You,

Yours Truly,

For Talwalkars Better Value Fitness Ltd.

Vinayak Gawande
Director
DIN: 00324591

CHAMBERS
54/2516, Ground Floor, Gandhinagar, Opp. MIG Club, Bandra (E), Mumbai - 400 051
Tel.: 2641 9672 / 2641 9590 • Email: mrunaldiamond@gmail.com

From:
Mrunalini Deshmukh
8, Abhang Sahitya Sahawas,
Madhusudan Kalelkar Marg,
Bandra (East),
Mumbai – 400051

Date: 29th July, 2019

To,
The Board of Directors
Talwalkars Better Value Fitness Limited
801-813, Mahalaxmi Chambers,
22, Bhulabhai Desai Road,
Mumbai – 400026.

Dear Sirs,

Sub: Resignation as a Director

I hereby resign as a director of the Company with immediate effect. Due to my preoccupation in my professional work I have decided to step down as a director.

In terms of Schedule III of Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, I confirm that there is no other material reason for my resignation, other than that provided above.

Accordingly, I shall be grateful if you could kindly take my resignation on record.

Also kindly file the necessary forms under Companies Act, 2013 and other applicable laws and send me a copy of the same.

I thank my colleagues on the board for their support during my tenure as a director.

Thanking You,

Yours truly,

Mrunal Deshmukh

Mrunalini Deshmukh
DIN: 07092728