Talwalkars Better Value Fitness Ltd.
Regd. Off.: 801/813, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai 400 026.
Tel.: 2355 6000 Fax: 2355 6363 Website: www.talwalkars.net CIN: L92411MH2003PLC140134

Talwalkars
Spreading fitness since 1932

Date : 17th April, 2019

To,
BSE Limited
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai - 400001.

To,
National Stock Exchange of India Ltd.
Exchange Plaza, Plot No. C/1, G Block, BKC,
Bandra (East), Mumbai - 400051.

Dear Sirs,

Re: Talwalkars Better Value Fitness Limited; Scrip Symbol: TALWALKARS; Scrip Code: 533200
Sub: Resignation of Ms. Gayatri Valan Prasad, Company Secretary and Compliance officer

Dear Sir/ Madam,

Pursuant to Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, we hereby inform you that Ms. Gayatri Valan Prasad has resigned from her post of being the Company Secretary and Compliance officer of the Company.

We hereby attach her resignation letter.

Kindly take the same on your record.

Thanking You.

Yours faithfully,
For Talwalkars Better Value Fitness Ltd.

Vinayak Gawande
Director

Encl: As Above

From:
Gayatri Valan Prasad
Company Secretary & Compliance Officer
Talwalkars Better Value Fitness Limited

Date: April 2, 2019

To,
Board of Directors
Talwalkars Better Value Fitness Ltd.
801, Mahalaxmi Chambers,
22 Bhulabhai Desai Road,
Mumbai – 400 026

Sub: Resignation from the post of Company Secretary & Compliance Officer

Dear Sirs,

I hereby inform you that I, Gayatri Valan Prasad resign from the post of Company Secretary & Compliance Officer today. I would be on notice period from today and request you to relieve me by 15th April 2019.

I request you to kindly accept my resignation and relieve with settlement of my dues at the earliest.

I thank you all for your confidence and support.

Thanking You,

Yours faithfully,

For TALWALKARS BETTER VALUE FITNESS LIMITED

Authorised Signatory / Director

Gayatri Valan Prasad
Company Secretary & Compliance Officer