Talwalkars Better Value Fitness Ltd.
Regd. Off.: 801, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai 400 026.
CIN: L92411MH2003PLC140134; Tel.: 022-2355 6000 / 2355 6001. Website: www.talwalkars.net

Talwalkars
Spreading fitness since 1932

Date: 16th August, 2019

To,
BSE Limited
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai - 400001.

To,
National Stock Exchange of India Ltd.
Exchange Plaza, Plot No. C/1, G Block,
BKC, Bandra (East), Mumbai - 400051.

Re: **Talwalkars Better Value Fitness Limited; Scrip Symbol: TALWALKARS; Scrip Code: 533200**
Sub: Intimation of 16th Annual General Meeting of the Company

We would like to inform you that the 16th Annual General Meeting of the Company will be convened on Friday, 27th September, 2019 at M.C. Ghia Hall of Indian Textile Accessories & Machinery Manufacturer's Association, Bhogilal Hargovindas Building, 4th Floor, Kala Ghoda, 18/20, K. Dubash Marg, Mumbai – 400 001 at 2.00 p.m.

Kindly take same on your record and acknowledge the receipt of same.

Thanking you,

Yours faithfully,
For **Talwalkars Better Value Fitness Ltd.**

TALWALKARS BETTER VALUE FITNESS LIMITED MUMBAI

Vinayak Gawande
Director
DIN: 00324591