Talwalkars Better Value Fitness Ltd.
Regd. Off.: 801/813, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai 400 026.
Tel.: 6612 6300. Fax: 6612 6363. Website: www.talwalkars.net CIN: L92411MH2003PLC140134

Talwalkars®
Spreading fitness since 1932

Date: 4th April, 2019

To,
BSE Limited
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai - 400001.

To,
National Stock Exchange of India Ltd.
Exchange Plaza, Plot No. C/1, G Block, BKC,
Bandra (East), Mumbai - 400051.

Dear Sirs,

Re: **Talwalkars Better Value Fitness Limited; Scrip Symbol: TALWALKARS; Scrip Code: 533200**
Sub: **Intimation of Resignation of Independent Director**

This is to inform you that the Company has received resignation from Mr. Mohan Jayakar from the post of Director designated as Non-Executive, Independent Director of the Company with effect from 30th March, 2019.

There is no material reason other than personal difficulties for his resignation as mentioned in his resignation letter.

Resignation received from Mr. Mohan Jayakar is enclosed herewith.

Kindly take the above information on record.

Thanking You,

Yours faithfully,
For **Talwalkars Better Value Fitness Limited**

TALWALKARS BETTER VALUE FITNESS LTD. MUMBAI

Gayatri Valan Prasad
Company Secretary
Encl: As Above

Mohan M. Jayakar
Solicitor, Advocate,
Supreme Court of India

12, Makani Manor
G. Deshmukh Marg,
Mumbai-400 026.

30th March, 2019

To,
The Board of Directors
Talwalkars Better Value Fitness Private Limited
801, Mahalaxmi Chamber, 22, Bhulabhai Desai Road,
Mahalaxmi, Mumbai 400 026.

Dear Sirs,

Re: Directorship.

On account of certain personal difficulties, I would like to resign from the Board of Directors of the Company.

Please accept my resignation and take steps for filing the necessary return with the Registrar of Companies. Please send a copy of the same to me duly acknowledged.

Yours faithfully,

MOHAN MOTIRAM JAYAKAR
DIRECTOR

ACCEPTED
For TALWALKARS BETTER VALUE FITNESS LIMITED
Authorised Signatory / Director