Talwalkars Better Value Fitness Ltd.
Regd. Off.: 801/813, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai 400 026.
Tel.: 6612 6300. Fax: 6612 6363. Website: www.talwalkars.net CIN: L92411MH2003PLC140134

Talwalkars™
Spreading fitness since 1932

Date: 9th May, 2016

To,
National Stock Exchange of India Ltd.
Exchange Plaza,Plot No. C/1,
G Block, BKC, Bandra (East), Mumbai - 400051.

Dear Sir,

Re: **Talwalkars Better Value Fitness Limited; Scrip Symbol: TALWALKARS; Scrip Code: 533200**

This is to inform you that the Register of Members and Share Transfer Books of the Company will remain closed from Saturday, 3rd September, 2016 to Thursday, 8th September, 2016 (both days inclusive) for the purpose of Annual General Meeting and payment of dividend for the financial year 2015 – 16.

Kindly take the same on you record and acknowledge the receipt of the same.

Thanking You.
Yours faithfully,

For **Talwalkars Better Value Fitness Ltd.**

TALWALKARS BETTER VALUE FITNESS LTD. ★ MUMBAI

Avanti Sankav
Company Secretary & Compliance Officer