

TALWALKARS BETTER VALUE FITNESS LIMITED

CIN: L92411MH2003PLC140134

Registered Office: 1702, 17th Floor, Signature (By Lotus), Off Veera Desai Road Extn., Andheri West, Andheri, Mumbai, Mumbai, Maharashtra, India, 400053

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Date: 25-09-2026

To, Department of Corporate Service BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Fort, Mumbai - 400 001. Scrip Code: 533200	To, The Manager - Listing National Stock Exchange of India Limited Exchange Plaza, Bandra Kurla Complex, Bandra (East), Mumbai - 400 051. SYMBOL: TALWALKARS
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Dear Sir/Madam,

Subject: Intimation of Closure Trading Window

With reference to circular No. LIST/COMP/01/2019-20 dated 2nd April, 2019 and SEBI (Prohibition of Insider Trading) Regulations, 2015 read with the provisions of the Company's Insider Trading code as amended, the "Trading Window" for dealing in the Securities of the Company for all the Designated Persons (as defined in the said code) has been closed from Thursday, 1st October, 2026 to till 48 hours after the announcement of the Company's Un-Audited financial result for the quarter ended September 30, 2026.

The date of the meeting of the Board of Directors to approve the Un-Audited Financial Result of the Company for the quarter ending September 30, 2026, will be intimated in due course.

Accordingly, Designated Persons are advised not to trade in the Securities of the Company during the aforesaid period of closure of trading window.

Kindly take the same on the records.

For, Talwalkars Better Value Fitness Limited

Meena Arvind Bhanushali
Managing Director
DIN: 10816424