

TALWALKARS BETTER VALUE FITNESS LIMITED

CIN: L92411MH2003PLC140134

Registered Office: 1702, 17th Floor, Signature (By Lotus), Off Veera Desai Road Extn., Andheri West, Andheri,
Mumbai, Mumbai, Maharashtra, India, 400053

✉ talwalkarbetter@gmail.com | ☎ +91 98199 44575 | 🌐 talwalkarsfitness.com

Date: 24th August 2026

To, Manager- CRD BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Fort, Mumbai - 400 001. Scrip Code: 533200	To, The Manager - Listing National Stock Exchange of India Limited Exchange Plaza, Bandra Kurla Complex, Bandra (East), Mumbai - 400 051. SYMBOL: TALWALKARS
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Dear Sir/Madam,

SUBJECT: INTIMATION OF RESIGNATION OF DIRECTOR UNDER REGULATION 30 OF SEBI (LODR) REGULATIONS, 2015

Pursuant to Regulation 30 read with Schedule III of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, we hereby inform you that the following Director have tendered their resignation from the Board of the Company:

01. Mr. Arvind Pradhan Bhanushali (DIN: 00134211) has resigned from the position of Non-Executive Director of the Company, with effect from 24th August 2026, due to personal reasons, further he has confirmed that there are no other material reasons for his resignation other than as mentioned above.

The details as required under SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 read with SEBI Circular No. SEBI/HO/CFD/CFD-PoD-1/P/CIR/2023/123 dated July 13, 2023, and SEBI Master Circular No. SEBI/HO/CFD/PoD2/CIR/P/2023/120 dated July 11, 2023, are provided as per **"Annexure - A"**.

Thanking you,

For, **Talwalkars Better Value Fitness Limited**

Meena Arvind Bhanushali
DIN: 10816424
Managing Director

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“ANNEXURE-A”

Disclosure of events and information pursuant to Regulation 30 read with Schedule III - Para A(7B) of Part A of the Listing Regulations (as applicable) and SEBI Circular No. SEBI/HO/CFD/CFDPoD-1/P/CIR/2023/123 dated 13th July 2023 ('SEBI Circular')

Details of events that need to be provided	Information of Event
Reason for change viz., appointment, resignation, removal, death or otherwise	Resignation from the Post of Non-Executive Director with effect from of 24 th August 2026.
Date of appointment /Cessation (as applicable) & term of appointment	24 th August 2026
Brief profile (in case of appointment)	NA
Relationships between directors (in case of appointment of a director)	NA

Date: 24th August 2026

To,
The Board of Directors
TALWALKARS BETTER VALUE FITNESS LIMITED
CIN: L92411MH2003PLC140134
1702, 17th Floor, Signature (By Lotus),
Off Veera Desai Road Extn., Andheri West,
Andheri, Mumbai, Maharashtra – 400053

Subject: Resignation from the office of Non- Executive Director

Dear Sir/Madam,

I, Arvind Pradhan Bhanushali (DIN: 00134211), hereby tender my resignation from the office of Non-Executive Director of the Company with effect from 24th August 2026.

I hereby confirm that there are no other material reasons for my resignation other than as mentioned above.

I kindly request the Board of Directors to take note of my resignation from the office of Non-Executive Director and relieve me from the said position with effect from 24th August 2026. I further request the Company to make the necessary statutory filings and intimations with the Registrar of Companies and other applicable authorities, as may be required under the applicable provisions of law, to give effect this resignation.

I take this opportunity to thank the Board of Directors and the management for their continued support and cooperation.

Kindly acknowledge receipt of this resignation letter and take the same on record.

Thanking you,

Yours faithfully,

Arvind Bhanushali

Arvind Pradhan Bhanushali
DIN: 00134211