

TALWALKARS BETTER VALUE FITNESS LIMITED

CIN: L92411MH2003PLC140134

Registered Office: 1702, 17th Floor, Signature (By Lotus), Off Veera Desai Road Extn., Andheri West, Andheri, Mumbai, Mumbai, Maharashtra, India, 400053

✉ talwalkarbetter@gmail.com | ☎ +91 98199 44575 | 🌐 talwalkarsfitness.com

Date: 13th October 2026

To, Manager- CRD BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Fort, Mumbai - 400 001. Scrip Code: 533200	To, The Manager – Listing National Stock Exchange of India Limited Exchange Plaza, Bandra Kurla Complex, Bandra (East), Mumbai - 400 051. SYMBOL: TALWALKARS
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Dear Sir/Madam,

Subject: Intimation of Record Date -Talwalkars Better Value Fitness Limited (“the Company”)

With reference to the Regulation 42 of SEBI (LODR) Regulation, 2015, we hereby intimate regarding the Record Date of the Company:

Regulation	Record Date	Purpose
Regulation 42 of SEBI (LODR) Regulation, 2015	26.10.2026 (Monday)	Capital Reduction as per the NCLT Order

The Meeting commenced at 05:00 PM and concluded at 05:30 PM.

Thanking you,

For, **Talwalkars Better Value Fitness Limited**

Shilpa Singh
Digitally signed
by Shilpa Singh
Date: 2026.10.13
18:00:00 +05'30'

Shilpa Singh
Managing Director
DIN: 08448114