June 30, 2020

To

The BSE Limited	The National Stock Exchange India Limited
Phiroze Jeejeebhoy Towers	Exchange Plaza, Bandra Kurla Complex
Dalal Street, Mumbai-400001	Bandra (E), Mumbai-400051
Scrip code: 540203	Symbol:SFL

Subject: Closure of trading window

Dear Sir/Madam

Pursuant to the Company's Code of Conduct under the provisions of Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015, amendment thereof ("the Code"), trading window for dealing in shares of the Company, for persons specified under the Code, shall remain closed from, July 1, 2020 till end of 48 hours after the Financial Results for the quarter ending June 30, 2020 shall be made public.

This is for your information and record

Thanking you,
Yours truly,

For Sheela Foam Limited

(Md Iquebal Ahmad)
Company Secretary and Compliance Officer

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