



Date: 28th January 2023

To
The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001
Scrip code: 540203

The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra (E), Mumbai-400051
Symbol: SFL

Sub: SDD Compliance Certificate for the Quarter ended December 31, 2022.

Dear Sir/Madam,

Pursuant to Regulation 3(5) and 3(6) of the Securities and Exchange Board of India (Prohibition of insider Trading) Regulations, 2015, please find attached herewith the SDD Compliance Certificate for the Quarter ended December 31, 2022 as Annexure – 1.

Kindly take the information on record.

Thanking you.

Yours faithfully,

For **Sheela Foam Limited**

Md Iquebal Ahmad

Md Iquebal Ahmad

Company Secretary and Compliance Officer

Digitally signed by Md Iquebal Ahmad
DN: c=IN, st=Delhi, 2.5.4.20=b017c188963e1d6fcaeb6a9d1827887e58f980092d810b29a01a28058b1796ad,
postalCode=110025, street=9-28/4,3rd Floor A3 Rehmat Apartment,street no07 shaheen bagh, Jamia Nagar, New
Friends Colony, Defence Colony, South Delhi, pseudonym=273757bfa6d046b949786ea4073bbdd, title=5593,
serialNumber=096886e124a7d8521a2ea72d445d0fa9ba475d83cfd5af7821c231e7a7aee00, o=Personal, cn=Md
Iquebal Ahmad
Date: 2023.01.28 14:11:51 +05'30'

Encl: as above.

SHEELA FOAM LTD.

#14, Sleepwell Tower , Sector 135, Noida- 201301

Ph: Int-91(0)-120-4162200 • Fax: Int-91-(0)-120-4162282, 4162283 • Email: contactus@sheelafoam.com
Regd. Office: 604 Ashadeep, 9 Hailey Road, New Delhi-110001, India • Ph: Int-91(0)-11-22026875-76
Toll Free: 1800 103 6664 • www.sleepwellproducts.com • www.sheelafoam.com
CIN-L74899DL1971PLC005679

COMPLIANCE CERTIFICATE FOR THE QUARTER ENDED DECEMBER 31, 2022

(Pursuant to Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015)

I, Md Iquebal Ahmad, Compliance Officer of the company, have examined the following compliance requirement of Sheela Foam Limited (Company) and certify that the Company has maintained a Structured Digital Database (SDD) pursuant to provisions of Regulation 3(5) and 3(6) of **Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015** (PIT Regulations):

Sr. No	Compliance Requirement	Yes/No	Observation/ Remark
1.	Whether the Company has a Structured Digital Database in place?	YES	
2.	Whether control exists as to who can access the SDD for read/write alongwith the names and PAN of such person?	YES	
3.	Whether all the UPSI have been captured in the Database. If not details of events that have not been captured and the reason for the same?	YES	
4.	Whether the recipient were upfront informed that the information which they will be receiving shortly is UPSI and the entry has been captured in the Database prior to forwarding the UPSI data. If not details of events that have not been captured and the reason for the same?	YES	
5.	Whether nature of UPSI have been captured alongwith date and time?	YES	
6.	Whether name of persons who have shared the information has been captured along with PAN or any other identifier?	YES	
7.	Whether name of persons with whom information is shared has been captured along with PAN or any other identifier?	YES	
8.	Whether the database has been maintained internally?	YES	
9.	Whether audit trail is maintained?	YES	
10.	Whether time stamping is maintained?	NO	
11.	Whether the database is non-tamperable?	YES	
12.	Any other measures to ensure non-tamperability of the Database?	NA	

The number of days for which non-compliance was observed: NIL

Further I also confirm that the Company was required to capture ONE number of events during the quarter ended and has captured ONE number of the said required event.

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