

December 19, 2025

To,

The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001
Scrip code: 540203

The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra (E), Mumbai-400051
NSE Symbol: SFL

Subject: Intimation of schedule of Investor/Analyst meeting under Para A of Part A of Regulation 30(6) of SEBI (Listing Obligations & Disclosure Requirements) Regulations, 2015

Dear Sir/Madam,

With reference to the subject cited above, we hereby inform you that, pursuant to Para A of Part A of Regulation 30(6) of the SEBI (Listing Obligations & Disclosure Requirements) Regulations, 2015 the company's management through its representatives will participate in Meetings/event/conference as per below given details:

Date of Meeting	Analysts / Institutional Investors / Organization /Event	Meeting Mode / Venue	Type of Meeting	Time
24.12.2025	Investors / analysts	Online	One-to-One	12:00 PM

Please note that this schedule might change due to unforeseen circumstances involving the Analysts, Investors, or the Company.

No unpublished price sensitive information (UPSI) is intended to be discussed during the interactions. Submitted for your information and records.

Thanking You,

Yours truly,
For Sheela Foam Limited

(Md. Iquebal Ahmad)
Company Secretary & Compliance Officer

SHEELA FOAM LTD.

#14, Sleepwell Tower , Sector 135, Noida- 201301

Ph: Int-91-120-4868400 •Email: investorrelation@sheelafoam.com • contactus@sheelafoam.com
Regd. Office: 1002 to 1006 The Avenue, International Airport Road, Opp Hotel Leela Sahar,
Andheri East, Mumbai, Maharashtra, India, 400059 • Ph: Int-91-22-28265686/88/89
Toll Free: 1800 103 6664 • www.sleepwellproducts.com • www.sheelafoam.com
CIN- L74899MH1971PLC427835