



March 05, 2026

To,
The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001
Scrip code: 540203

The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra (E), Mumbai-400051
NSE Symbol: SFL

Subject: Disclosure under Regulation 30 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015.

Dear Sir/Madam,

Pursuant to Regulation 30 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 ('SEBI Listing Regulations'), we wish to inform you that the second consecutive term of appointment of **Mr. Vijay Kumar Ahluwalia** (DIN: 08078092) as a Non-Executive, Independent Director of the Company concluded on March 04, 2026. Accordingly, upon completion of his tenure, **Mr. Vijay Kumar Ahluwalia** ceased to be a Non-Executive, Independent Director of the Company with effect from March 05, 2026.

Consequent upon the Completion of the aforesaid second term of **Mr. Vijay Kumar Ahluwalia**, as a Non-Executive, Independent Director of the Company, his membership and chairmanship in various committees of the Board also cease to exist.

The relevant details as required under Regulation 30 read with Schedule III of the SEBI Listing Regulations, 2015, are enclosed as **Annexure A**.

Submitted for your information and records.

Thanking You,

Yours truly,
For Sheela Foam Limited

(Md. Iquebal Ahmad)
Company Secretary & Compliance Officer

SHEELA FOAM LTD.

#14, Sleepwell Tower , Sector 135, Noida- 201301

Ph: Int-91-120-4868400 •Email: investorrelation@sheelafoam.com • contactus@sheelafoam.com

Regd. Office: 1002 to 1006 The Avenue, International Airport Road, Opp Hotel Leela Sahar,

Andheri East, Mumbai, Maharashtra, India, 400059 • Ph: Int-91-22-28265686/88/89

Toll Free: 1800 103 6664 • www.sleepwellproducts.com • www.sheelafoam.com

CIN- L74899MH1971PLC427835

Annexure A

Relevant details as required under Regulation 30 read with Schedule III of SEBI Listing Regulations, 2015

Sr. No.	Particulars	Details
1.	Reason for change viz. appointment, re-appointment, resignation, removal, death or otherwise	Cessation on completion of second term as an Independent Director of the Company
2.	Date of appointment/re-appointment/cessation (as applicable) & term of appointment/re-appointment	March 04, 2026
3.	Brief profile (in case of appointment)	Not Applicable
4.	Disclosure of relationships between directors (in case of appointment of a director).	Not Applicable

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