



## Apollo Hospitals launches upskilling initiative to revive family physician network

Chennai, Sept 3: In a key initiative to revive the practice of family physicians and bolster their position in the community, Apollo Hospitals, Chennai has partnered with the Academy of Family Physicians of India to launch an upskilling workshop for 100 general practitioners. This initiative has been designed to shine light on the critical role of the family physician in the diagnosis and management of ailments and referrals to specialist doctors in the healthcare network.

The three-day conference with a pre-

conference workshop, held at the state-of-the-art Apollo Simulation Centre, train family physicians on the management of acute medical emergencies in the outpatient setup, conduct of normal labour with neonatal resuscitation. The conference will feature sessions on a variety of themes such as fever treatment among children, growth assessment of children, thyroid disorders among pregnant women, menstrual health, obesity management, infectious diseases and geriatric health.

It will also include sessions on primary care

for orthopaedic ailments and mental health. The workshop will be led by experts from a wide range of disciplines.

Dr. Rahul Menon CEO & DMS Apollo Vanagaram, said, "Apollo Hospitals is proud to be partnering with the Academy of Family Physicians of India to upskill doctors and grow the specialty. Family physicians are the first point of contact for a patient in the healthcare ecosystem. Their familiarity with the patient and their family history helps them to manage a range of ailments over a person's lifespan. They play a

vital role in providing comprehensive, coordinated care that meets the needs of patients across ages and are a key part of their communities. Family medicine has a bright future as the country has a large and growing population constantly seeking high-quality, affordable and accessible care. We are hence gearing up to launch a more advanced training programme on a pan-India level to ensure larger reach of this effort."

The workshop is on at Apollo Hospitals Vanagaram from September 2nd and 3rd, 2023.

## Slam Lifestyle & Fitness Studio opens at Mugalivakkam

Chennai, Sept 3: Slam Lifestyle & Fitness Studio is one of the biggest and finest gym in the town. The outlet has a wide spread of 10,000 Sqft, specially 2500 sqft female separate floor with international standard equipments, Certified trainers, Functional training & Cross fit, Indoor and Outdoor boot camp, Elevated cardio section with 180 degree view, Unique spinning studio

& exclusive crossfit area. They have personalized transformation programs executed by well trained and certified professionals.

Slam Lifestyle & Fitness Studio inaugurated by E R Balaji & M Manoj and Mr. Blessing A. Manikandan, CEO, Paulsons Group, Mr. S. Suresh, Slam Vice-President also graced the occasion.

Mantra of SLAM is to keep our programs

simple, timeless and results based, all our programs overlap at some level and are completely scalable from a beginner to competitive level.

Our coaches are trained in strength, bodybuilding and functional fitness, our workout spaces are fully equipped without wasting any space on gimmicks, the gym comes with a clear focus on results and goal setting.

## Ashok Jhunjhunwala is new chairman of IITH

Chennai, Sept 3: The International Institute of Information Technology, Hyderabad (IIT-H), an autonomous research university celebrates its 25th anniversary, and announces the appointment of new chairman, Prof. Ashok Jhunjhunwala. Founding Chairman Prof Raj Reddy has been a major part of its journey since its inception in 1998.

IIT Hyderabad, founded to foster research and innovation and with teaching and learning, has emerged as a knowledge hub, propelling it into a league of leading international institutes of repute.

As IIT Hyderabad celebrates its silver jubilee of transformative education and groundbreaking research, it also begins a new chapter with the

appointment of a new chairman, Prof. Ashok Jhunjhunwala who has a proven track record of visionary leadership and a deep passion for education is poised to lead IIT Hyderabad to new heights of excellence. Prof Raj Reddy, who made significant contributions was felicitated for decades of service as the Founding Chairman of the institute.

## Trusted Donations launched

Chennai, Sept 1:

Born to streamline and transform philanthropy in the country, Trusted Donations - A fully integrated Donation-as-a-Service platform was launched by CIGS Tech Innovations. It is a fully integrated, unified platform for verified NGOs that helps corporates and individuals access a diverse range of causes and donate securely.

Dr. Mohan Kaul, Chairman - Commonwealth Inclusive Growth Services Ltd, said "We aim to revolutionize the way people perceive and engage with NGOs by providing a secure and user-friendly platform that fosters trust, transparency, and accountability. The platform is built on a strong foundation of technology that helps provide donors with a vision of their fund reaching the right hands and the impact it is creating. I congratulate the team on the launch and wish them for their remarkable journey ahead."

Mahesh Ramachandran, Founder & Chief Mentor - Trusted Donations, added, "We are confident that Trusted Donations will play a catalytic role in bringing together the NGOs, individuals and corporates on one unified platform, so that the right impact is created for a better tomorrow."

### NAME CHANGE

I EMILA RANI, W/o. SUDHIR PRAKASH, Residency at No. 28, 29th Block, TNSCB Tenements, Perumbakkam, Chennai, Pincode - 600100. Changed My Minor Son's Name Old Given Name: SHAN EMMANUEL, Old Sur Name: Date of Birth: 03.05.2006, NEW Given Name: SHAN EMMANUEL, New Sur Name: SUDHIR PRAKASH

### NAME CHANGE

I, Old Given Name: Seethalakshmi Old Sur Name: Sreeram, W/o. Sreeram, Date of Birth: 25.07.1961, Residing at Old No.16, New No.31, Seethamma Road, Alwarpet, Chennai - 600 018, shall henceforth be known as New Given Name: SEETHA New Sur Name: SREERAM Old Given Name: Seethalakshmi Old Sur Name: Sreeram

## Rams Real Estates, MMG announce projects of redevelopment of residential apartments

Chennai, Sept 3: Rams Real Estates Ltd is a pioneer in Chennai real estate industry from 1959 and developed more than 5mn sft of saleable area for about 10000 customers in over 400 projects. M/s M20 Urban spaces LLP is the real estate arm of Mohan Mutha Group (MMG) having interests in multiple businesses. Now both companies

have come together under the new initiative are aiming to undertake redevelopment residential apartment projects of one million sft in coming five years.

Few projects of 3.0 lakhs sft developable area identified under this joint venture are at various stages of development.

On the occasion of the announcement,

Suresh Mutha, Executive Director of MMG group mentioned that the collaboration is a major milestone for both organisations as financial strength and vast real estate experience of both complement each other to make a better impact with execution possibility of large projects.

Venkataram Ravi Krishnan, Managing Director of M/s Rams

Real Estates Ltd revealed that Chennai Real Estate landscape would see major landmark projects under this joint arrangement and wish to extend the presence to other cities soon.

He also mentioned that the unblemished past track record of Rams Real Estates Ltd would bring more credibility to redevelopment projects in Chennai.

## Mahindra Logistics, Flipkart collaborate for integrated Line Haul Solutions

Chennai, Sept 3:

Mahindra Logistics Limited, one of India's largest integrated third-party logistics service providers, today announced its collaboration with Flipkart for integrated line haul solutions that will enhance operational efficiency and consistency as well as reinforce both companies' shared commitment to

innovation.

Mahindra Logistics will provide a dedicated fleet of Heavy Commercial Vehicles, assistance in route management and network operations, and advanced analytics for Flipkart's pan India operations. Mahindra Logistics will operate 32ft single axle heavy commercial vehicles for Flipkart in collaboration with Daimler India

Commercial Vehicles, which will run on multiple national routes, across the country. In line with commitment to safety, all vehicles will have Advanced Driver-Assistance systems (ADAS), and various other vehicle security as well as driver safety & comfort related advance features.

Rampraveen Swaminathan, MD &

Chief Executive Officer, said, "These solutions expand our current line haul offerings for Flipkart enabling them to reduce their total cost of operations and improve service. Our enhanced fleet management standards, integrated with a focus on driver wellness and diversity, will serve to deliver higher standards of operational quality."

## Web3, Blockchain set to be key contributors to India's future GDP growth

Chennai, Sept 3: Web3, supported by underlying blockchain technology, has been

### Lifestyle's Autumn-Winter Collection

Chennai, Sept 3: Pioneering the trendsetting journey, Lifestyle Stores, the premier fashion hub in India, is thrilled to announce the launch of its latest collection. Teaming up with Stockholm-based stylist Tereza Ortiz for curating the campaign looks, Lifestyle's eagerly awaited Autumn-Winter Collection sets the stage for a season of unparalleled style and sophistication, reimagining the way we approach cooler months.

The latest men's collection features versatile pieces like cotton graphic tees, track pants, hoodies, and sweatshirts. This activewear prioritizes comfort and movement, using rice-knit and French terry fabrics. Ideal for fitness enthusiasts, it ensures a comfortable exercise experience. Stay warm and stylish with heavy sweaters, flannel shirts, and denim shirts. Embrace water-repellent puffer jackets for both practicality and modern design during colder months.

pursued by the global industry in many sectors such as FinTech, as well as by government bodies, to promote safe, secure, and well-documented transactions in real estate, among others. India, at the forefront of various IT sectors, has been actively pursuing this amazing technology for the past several years, and we can already witness numerous production deployments.

Many Indian companies and startups have begun to shine in this space, executing global projects using Web3 technologies, as observed by panelists during the Web3 Current Technology Trends discussion organized by TiE Chennai on September 1, 2023, at IIT Madras. According to a study by Grand

View Research, the global Web3 blockchain market is projected to reach USD 33.53 billion by 2030, with a remarkable Compound Annual Growth Rate (CAGR) of 47.1 percent.

India is poised to play a more incremental and significant role in this growth as indicated by a report by NASSCOM. It states that India is already home to more than 450 startups with over USD 1.2 billion in total investments in the last two years. Between 2021-2022 alone, India registered over 170 new Web3 startups, yielding over 50 percent CAGR growth since 2015. Moreover, India contributes 11 percent of the global Web3 talent, positioning the country as the third-

largest contributor in this field. This talent pool is experiencing the fastest growth worldwide, projected to increase by around 120 percent by the end of 2024.

J Raman Govindarajan, "The primary objective of the panel discussion was to bring out Web3 success stories, and how large volumes of distributed transactions and data can be handled with persistence, security, and low latency. Blockchain-based technologies, including NFTs, dApps, and smart contracts, are already exerting a significant influence within the domain of Web3. This surge is also providing substantial opportunities not only to major players but also to emerging startups in India," he said.

**SALONA COTSPIN LIMITED**

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**29TH ANNUAL GENERAL MEETING OF SALONA COTSPIN LIMITED**

- The 29th Annual General Meeting (AGM) of Salona Cotspin Limited will be held on Monday, 25th September, 2023 at 10:00AM (IST) through Video-Conferencing/Other Audio-Visual Means (VC/OAVM) pursuant to the applicable provisions of the Companies Act, 2013, and the Rules there under, read with the Relevant Circulars issued by the Ministry of Corporate Affairs, and the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015, without the Physical Presence of Members at a Common Venue to transact the Businesses set out in the Notice convening the AGM. Members participating through the VC / OAVM Facility shall be reckoned for the purpose of Quorum under Section 103 of the Companies Act, 2013.
- Electronic Copy of the Notice convening the 29th AGM, Procedure, and Instructions for E-Voting and the Annual Report for the Financial Year Ended 31st March 2023 will be sent to those Members whose Email Address is registered with the Company/Registrar and Share Transfer Agent (RTA) / Depository Participants (DP). The afore said Documents will also be available on the Company's Website www.salonacotspin.com and the Website of the Stock Exchange. i.e., www.nseindia.com.
- Manner of Registering / Updating Email Address-  
Members who have not registered their Email Address, are requested to register the same  
a) in respect of Share held in Demat Form with their DP(s) with whom they maintain their Demat Accounts; and  
b) in respect of Share held in Physical Form (i) by writing to the Company's RTA viz. S.K.D.C Consultants Limited, with Details of Folio Number and Self-Attested Copy of PAN Card at S.K.D.C Consultants Limited, Surya 35, Mayflower Avenue, Behind Senthil Nagar, Sowripalayam Road, Coimbatore-641028 OR (ii) by sending Email to info@sdkdc-consultants.com;
- Manner of Casting Votes through E-Voting:  
a) Members will have an Opportunity to cast their Vote(s) on the Businesses set out in the Notice convening AGM through Electronic Voting System (E-Voting).  
b) Remote E-Voting Period begins on Friday, 22nd September 2023 at 9:00 A.M and ends on Sunday, 24th September 2023 at 5:00 P.M.  
c) The Instructions for joining the AGM through VC/OAVM Mandate the Process of E-Voting (including the Manner in which Member holding Shares in Physical Form or who have not registered their Email Address can cast their Vote through E-Voting), will form Part of the Notice of 29th AGM.  
d) The Facility for E-Voting will also be made available during the AGM and Members attending the AGM who have not cast their Votes by Remote E-Voting will be able to Vote at the AGM through E-Voting.  
e) The Login Credentials for casting Vote through E-Voting shall be made available to the Members through Email. Members who did not receive Email or whose Email Addresses are not registered with the Company / RTA / DP(s), may generate Login Credentials by following the Instructions given in the Notes to the Notice convening AGM.  
f) The same Login Credentials may also be used for attending the AGM through VC / OAVM.
- Record Date and Book Closure for AGM:  
The Cut-Off Date for the purpose of determining the Members eligible for Participation in Remote E-Voting (E-Voting from a place other than the Venue of AGM) and Voting at the AGM is 18th September 2023. The Register of Members and Share Transfer Books of the Company will remain closed from 19th September 2023 to 25th September 2023 (Both Days Inclusive) for taking Record of the Members for the purpose of Annual General Meeting, E-Voting and Book Closure.  
Members are requested to carefully read all the Notes set out in the Notice convening the AGM, and in particular, Instructions for joining the AGM, Manner of Casting Vote through Remote E-Voting or through E-Voting during the AGM

By order of the Board  
For Salona Cotspin Limited  
Sd/-  
Archana R Jha  
Company Secretary and Compliance Officer

Place : Coimbatore  
Date : 01.09.2023

**CG-VAK**  
SOFTWARE AND EXPORTS LIMITED.

AN ISO 9001:2015 & 27001:2011 CERTIFIED COMPANY  
Regd Office: 171, Mettupalayam Road, Coimbatore 641 043, India. CIN: L30009TZ1994PLC005568  
Phone: 91-422-2434491/92/93 : Web: www.cgvak.com, Email: id.investorservices@cgvak.com

**NOTICE**

(A) NOTICE is hereby given that the 28th Annual General Meeting (AGM) of the Company will be held on Wednesday, the 27th September, 2023 at 3:00 P.M. through Audio Visual (VC)/ Other Audio Visual Means (OAVM), to transact the business listed in the notice dated 11th August, 2023, sent to the members of the company. In compliance with the Provisions of the Companies Act, 2013 and Rules made thereunder read with Circular Nos. 14/2020 dated April 8, 2020, 17/2020 dated April 13, 2020, 20/2020 dated May 05, 2020 02/2021 dated January 13, 2021 and 2/2022 dated May 5, 2022 issued by Ministry of Corporate Affairs (MCA) and SEBI (LODR) Regulations, 2015 read with Circular Nos. SEBI/HO/CFD/CMD1/CIR/P/2020/79 dated May 12, 2020 and SEBI/HO/CFD/CIR/P/2021/11 dated January 15, 2021 issued by SEBI.

(B) The 28th Annual Report for the year 2022-23 has been sent only through email to the members whose email ID are registered with the company/Registrar and Transfer Agents (RTA) M/s. SKDC Consultants Limited, or with depository participant(s) (DP) on 25th August, 2023. The company has completed the dispatch of annual report along with notice to its members on 02nd September 2023. The annual report along with notice is also available on the Company's website (www.cgvak.com) and the website of the Stock Exchange viz. BSE Limited (www.bseindia.com). Please note that no physical/hard copies of Annual Report would be sent to the members. Detailed instructions to members for registration of their email address, manner of participating in the 28th AGM through VC/OAVM including e-voting is set out in the Notice of AGM.

(C) NOTICE is also hereby given that pursuant to the provisions of section 91 of the Companies Act, 2013 and the applicable rules thereunder and Regulation 42 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, the register of members and share transfer books of the Company will remain closed from 21.09.2023 to 27.09.2023 (both days inclusive) for the purpose of ascertaining the members entitled to receive the final dividend for the year ended 31.03.2023, if any, declared at the ensuing AGM.

(D) Pursuant to Section 108 of the Companies Act, 2013 and Regulation 44 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015:  
• The Company is providing e-voting facility to the members holding shares as on 20.09.2023 being the cut-off date to cast their votes electronically. The e-voting procedure is available in the notice of the AGM. The e-voting will commence at 9.00 A.M. on 23.09.2023 and ends at 5.00 P.M. on 26.09.2023 and once a vote on resolution is cast the member shall not be allowed to change it subsequently.  
• Please note that the Company is providing remote e-voting (prior to AGM) and e-voting (during the AGM) facility to all its members to cast their votes on all the resolutions set out in the Notice of 28th AGM. Detailed instructions for attending the AGM and casting votes through remote e-voting and e-voting at AGM are provided in the Notice of 28th AGM.  
• The Board of Directors of the Company has appointed Mr. D. Senthil, Practising Company Secretary, as the Scrutinizer for e-voting, for AGM.

(E) In case of any queries or grievances pertaining to e-voting or attending the AGM through VC/OAVM members may please refer the Frequently Asked Questions (FAQs) and e-voting manual available at www.evotingindia.com under help section or write to helpdesk@evotingindia.com.

For CG-VAK SOFTWARE AND EXPORTS LIMITED  
Sd/-  
Harcharan J  
Company Secretary

Place : Coimbatore  
Date : 02nd September, 2023

