



Date: October 28, 2026

To, National Stock Exchange of India Limited, Exchange Plaza, C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai – 400051 NSE Scrip Symbol: PARASHLTH	To, BSE Limited, Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai – 400001 BSE Scrip Code: 545005
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Subject: Closure of Trading Window under Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015 (“SEBI PIT Regulations”)

Dear Sir/Madam,

This is to inform you that pursuant to the provisions of the SEBI PIT Regulations and the Company’s Code of Conduct for Prohibition of Insider Trading, the Trading Window for dealing in Company’s securities shall be closed from Wednesday, October 28, 2026, till forty-eight (48) hours after the declaration of Unaudited Standalone and Consolidated Financial Results (“Financial Results”) of the Company for the quarter and half year ended September 30, 2026.

Accordingly, all the Designated Persons of the Company and their immediate relatives shall be strictly prohibited to deal in the securities of the Company during the aforesaid period.

Date of the Meeting of the Board of Directors, proposed to be held, inter-alia, to consider and approve the aforesaid Financial Results will be intimated in due course.

This disclosure will also be hosted on the Company’s website at <https://www.parashospitals.com/investors>.

We request you to kindly take the above information on record.

Thanking you.

For **Paras Healthcare Limited**

Rahul Kumar
Digitally signed
by Rahul Kumar
Date: 2026.10.28
16:03:53 +05'30'

Rahul Kumar

Company Secretary and Compliance Officer

ICSI Membership No.: A20928

PARAS HEALTHCARE LIMITED

(Formerly known as “Paras Healthcare Private Limited”)

Registered office: 1 st Floor, Tower B, Paras Twin Towers, Golf Course Road, Sector 54, Gurugram, Haryana 122002

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