Talwalkars Better Value Fitness Ltd.
Regd. Off.: 801/813, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai 400 026.
Tel.: 6612 6300. Fax: 6612 6363. Website: www.talwalkars.net CIN: L92411MH2003PLC140134

Talwalkars™
Spreading fitness since 1932

Date: 8th September, 2017

To,
National Stock Exchange of India Ltd.
Exchange Plaza,Plot No. C/1,
G Block, BKC, Bandra (East), Mumbai - 400051.

To,
BSE Limited
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai - 400001.

Dear Sir,

Re: **Talwalkars Better Value Fitness Limited; Scrip Symbol: TALWALKARS; Scrip Code: 533200**
Sub: **Outcome of the Board Meeting held on 8th September, 2017**

This is to inform you that as per the requirement of Regulations 30 and other applicable Regulations of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, the Board of Directors of the Company in its meeting held on 8th September, 2017 (commenced at 02.20 p.m. and concluded at 02.40 p.m.), has discussed and decided, pursuant to the applicable provisions of Chapter VII of SEBI (Issue of Capital and Disclosure Requirements) Regulations, 2009 and the Companies Act, 2013, to allot 7,20,000 Equity Shares of face value of Rs. 10/- each.

The details of the allotment are mentioned herein below

Sr. No.	Name of the allottee	Category	No. of shares allotted	Allotment price per share
1.	Madhukar Talwalkar	Promoter	4,20,000	Rs. 318.33/-
2.	Harsha Bhatkal	Promoter	3,00,000	Rs. 318.33/-

Kindly take the same on records and acknowledge the receipt of the same.

Thanking You.

Yours faithfully,
For **Talwalkars Better Value Fitness Ltd.**

Avanti Sankav
Company Secretary & Compliance Officer
Encl: a/a

TALWALKARS BETTER VALUE FITNESS LTD. MUMBAI