



NEPHRO CARE INDIA LIMITED

(FORMERLY KNOWN AS NEPHRO CARE INDIA PRIVATE LIMITED)

CIN: L85100WB2014PLC202429

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To
The Manager – Listing Department
National Stock Exchange of India Limited,
Exchange Plaza, C-1, Block G,
Bandra Kurla Complex, Bandra (E),
Mumbai- 400 051

Symbol: **NEPHROCARE**

Dear Sir/ Madam,

Sub: Press Release – Nephro Care India organises interactive session to generate awareness around Kidney Health on the occasion of World Kidney Day 2025

Pursuant to Regulation 30 of the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015, please find enclosed a copy of the communication being released by the Company to the Press titled as “Nephro Care India organises interactive session to generate awareness around Kidney Health on the occasion of World Kidney Day 2025”.

We request you to take the above on record.

Thanking You.

For Nephro Care India Limited

Sougata Sengupta
Company Secretary &
Compliance Officer

Encl.: As above



Nephro Care India organises interactive session to generate awareness around Kidney Health on the occasion of World Kidney Day 2025

- Session moderated by Senior Nephrologists from across the country saw participants joining in from India and Bangladesh

National, March 13, 2025: With kidney disease turning into an epidemic in India where one in every eleven individuals is at risk of renal failure, prevention is set to play a crucial role in ensuring good kidney health. On the occasion of World Kidney Day 2025, Nephro Care India Limited (NCIL) organized an interactive session on the theme: “Are Your Kidneys OK? Detect Early, Protect Kidney Health” to generate awareness among masses regarding kidney health.

The interactive session, which was livestreamed on Youtube and Facebook, was moderated by Senior Nephrologists from across the country including Dr Pratim Sengupta, MD & CEO, NCIL; Dr Bharat Shah, MD, DNB (Nephrology); Dr Sourav Sadhukhan, MD Medicine, DM, Nephrology; Dr Prabhav Bhansaly, MD Medicine, DM, Nephrology and Dr Arindam Dutta, MS, MCh (Urology).

Over 500 registered participants attended the live session from India and Bangladesh and received a first-hand guidance from renowned health practitioners on the do’s and don’t’s for maintaining healthy lifestyle and good kidney health.

According to Dr Sengupta, diabetes and hypertension are the leading causes, contributing to over 30 per cent of chronic kidney cases. Painkiller abuse ranks third as a significant factor. The disease often progresses silently, with symptoms emerging only after significant kidney damage has occurred.

“India adds close to 2.5 lakh new patients every year to the pool of people requiring dialysis support due to advanced kidney failure. There are around seven crore patients suffering from various chronic kidney diseases. Treatment of CKD, particularly at its advanced stage - ESRD (end-stage renal disease), consumes a huge proportion of health resources, which could be beyond the reach of the average Indian. Hence focusing on prevention is important. Just by making some simple changes in our lifestyle and food habits we can keep kidney disease at bay,” Dr Sengupta said.

“Symptoms of chronic kidney disease often develop gradually and is often not noticed in the early stages. Hence regular check ups and kidney function tests are essential for early diagnosis,” he added.

About the company

Nephro Care India Limited operates on a multidimensional patient engagement framework comprising programs and facilities such as Mukti, Home Dialysis, Home Care and Diagnostics. While Mukti takes

care of the overall well-being of the patient and improves the quality of life through a blend of modern medicine and ancient yogic wisdom, Home Dialysis offers dialysis at the comfort of homes to CKD patients who are unable to visit the dialysis centres, and “Home Care” services ensure clinical & lifestyle support beyond clinics to take care of all collateral medical needs of the patients.

NCIL’s clinics are operated on a ‘hub-and-spoke’ model, where each clinic is independent and individually well-equipped with skilled healthcare professionals and advanced infrastructure to serve the healthcare needs of the patients and ensure their rehabilitation.