Talwalkars Better Value Fitness Ltd.
Regd. Off.: 801, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai 400 026.
CIN: L92411MH2003PLC140134; Tel.: 6612 6300. Fax: 6612 6363. Website: www.talwalkars.net

Talwalkars™
Spreading fitness since 1932

Date: 9th May, 2018

To,
BSE LIMITED
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai - 400001.

To,
NATIONAL STOCK EXCHANGE OF INDIA LTD.
Exchange Plaza,Plot No. C/1,
G Block, BKC, Bandra (East), Mumbai - 400051.

Dear Sirs,

Re:Talwalkars Better Value Fitness Ltd.; Scrip Symbol: TALWALKARS; Scrip Code: 533200
Sub: Intimation of launch of new products and services

With reference to the captioned subject, we would like to inform the Exchange that Talwalkars Better Value Fitness Limited is launching new products and services under Dr Mickey Mehta's brand, 2 of them are:

1. Medas Touch Theme Therapies Spa

2. Full Moon - Midnight Meditation.

Kindly take the same on your record and acknowledge receipt of the same.

Thanking you,

Yours faithfully,
For **Talwalkars Better Value Fitness Limited**

Avanti Sankav
Company Secretary

Option 3

OPENING SOON

DR. MICKEY MEHTA'S
MEDAS TOUCH

Dr Mickey Mehta's

Theme Therapy Spa

at Banjara Hills, Hyderabad



SOFITEL
HOTELS & RESORTS
MUMBAI BKC

AND

DR. MICKEY MEHTA'S
MEDAS TOUCH

PRESENT

FOR THE FIRST TIME EVER

FULL MOON MIDNIGHT MEDITATION



Full Moon Meditation activates the crown chakra and brings down the divine energy into the system. This energy flushes out negative thoughts and emotions from the practitioner's aura and chakras.

Join us with Dr. Mickey Mehta, global leading holistic health guru,
as he takes you through this evolutionary process
to purify the body, mind and soul with positive energy.

Date: 30th April, 2018 | Venue: L'OH Pool (level III)
Registration time: 10:30 p.m. | Call: +91 (22) 6117 5045



GET ENERGIZED, GET OPTIMIZED...GET MICKEYMIZED!!!

C-57, Bandra Kurla Complex, Bandra (East), Mumbai - 400 051