



100 वर्षों तक स्वस्थ,  
सुखी व सम्पन्न जीने के लिए



# JEENA SIKHO LIFECARE LIMITED

(Formerly known as Jeena Sikho Lifecare Private Limited)

REGD OFFICE: SCO-11, Kalgidhar Enclave, Baltana, Zirakpur, Punjab-140604, 01762-513185

Branch: B-26, Opp. Metro Pillar No. 223, Rohtak Road, New Multan Nagar, Delhi - 110056

CIN NO.: L52601PB2017PLC046545

Email ID.: cs@jeenasikho.co.in

Ref. No. ....

Dated .....

Date: 31<sup>st</sup> October, 2023

To,  
The Manager- Listing  
National Stock Exchange of India Limited  
Exchange Plaza, Bandra Kurla Complex,  
Bandra (E), Mumbai-400 051

SYMBOL: JSLL  
ISIN: INE0J5801011

**Sub: Intimation of Board Meeting**

**Ref: Regulation 29 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015.**

Dear Sir/Madam,

We wish to inform you that, a meeting of the Board of Directors of **JEENA SIKHO LIFECARE LIMITED** (“the Company”) is scheduled to be held on **Saturday, 4<sup>th</sup> November, 2023**, inter-alia, to consider and approve allotment of fully paid-up Bonus Shares in the ratio of 4:5, i.e., 4 (four) Bonus Equity Share (fully paid-up) of Rs. 10/- each for every 5 (five) existing Equity Shares of Rs. 10/- each to all the shareholders holding shares as on the Record Date 2<sup>nd</sup> November, 2023.

We request you to kindly take the same on record.

Thanking you,

For **Jeena Sikho Lifecare Limited**

**Manish Grover**  
Managing Director  
DIN: 07557886