



100 वर्षों तक स्वस्थ,
सुखी व सम्पन्न जीने के लिए



JEENA SIKHO LIFECARE LIMITED

REGD OFFICE: ZIRAKPUR, SCO 11, Kalgidhar Enclave, Baltana, 98283-91602, 98764-03632
DELHI, NEW MULTAN NAGAR : B-26, Opp. Metro Pillar No. 223, Rohtak Road, 98554-87770, 95554-61115
CIN NO.: U52601PB2017PLC046545 Email ID.: contact@jeenasikho.co.in

Ref. No.

Dated

Date: 30/09/2022

To,

National Stock Exchange of India Limited

'Exchange Plaza', 5th Floor,
C-Block-G, Bandrakurla Complex
Bandra (East), Mumbai 400051

SYMBOL: JSLL

ISIN: INE0J5801011

Sub: Regulation 44(3) of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015-Details of voting results of the 5th Annual General Meeting (AGM) of the Company.

Dear Sir,

Pursuant to Regulation 44(3) of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, please find enclosed details of voting results of AGM of the Company held on Thursday, 29th September, 2022 at 12.00 PM at Shuddhi Ayurveda Panchkarma Hospital, Pind Devinagar, Hadbast No. 18 Tehsil, Derabassi Dist. Punjab 140507.

We are enclosing the consolidated report of the Scrutinizer, M/s T A S K and Company, Chartered Accountants on voting during the AGM. The above are also being uploaded on the Company's website www.jeenasikho.co.in.

You are requested to kindly take the same on record.

Thanking you.

Yours faithfully,

For Jeena Sikho Lifecare Limited

**MANISH
GROVER**

Digitally signed by
MANISH GROVER
Date: 2022.09.30
18:25:11 +05'30'

Manish Grover
Managing Director
DIN: 07557886

Encl: Voting Results and Scrutinizer's Report

{Pursuant to Regulation 44(3) of the SEBI (Listing Obligations and Disclosure Requirements), Regulations, 2015}

Details of Voting Results

General Information about the Company	
Company Name	Jeena Sikho Lifecare Limited
NSE Scrip Code	JSLI
Type of Meeting	Annual General Meeting
Date of Meeting	September 29, 2022
Start Time of Meeting	12:00 PM
End Time of Meeting	01:10 PM
ISIN	INE0J5801011

Voting results of AGM	
Record Date	September 22, 2022
Total no of shareholders as on record date	831
No. of shareholders present in the meeting either in person or proxy	07

Resolution Details	
Resolution Number	01
Resolution Required: (Ordinary/Special)	Ordinary Resolution
Whether promoter/ promoter group are interested in the agenda/ resolution	No
Description of Resolution concerned	To receive, consider and adopt the Audited Standalone Financial Statements along with the consolidated financial statements of the Company for the financial period ended on 31st March 2022 together with the reports of Directors and Auditors thereon.

Category	Mode of Voting	Number of Shares Held (1)	Number of Votes Polled (2)	% of Votes Polled on Outstanding Shares (3)=[(2)/(1)]*100	No. of Votes in Favour (4)	No. of Votes against (5)	% of Votes in favour on votes polled (6)=[(4)/(2)]*100	% of Votes against on votes polled (7)=[(5)/(2)]*100
Promoter and Promoter Group	Poll	91,00,000	91,00,000	100%	91,00,000	Nil	100%	Nil
Public Institution	Poll	11,24,192	11,24,192	100%	11,24,192	Nil	100%	Nil
Public Non-Institution	Poll	-	-	-	-	-	-	-
Total		1,02,24,192	1,02,24,192	100%	1,02,24,192	Nil	100%	Nil

Resolution Details	
Resolution Number	02
Resolution Required: (Ordinary/Special)	Ordinary Resolution
Whether promoter/ promoter group are interested in the agenda/ resolution	Yes
Description of Resolution concerned	To re-appoint Mr. Manish Grover as a Director who retires by rotation & being eligible offers himself for re-appointment.

Category	Mode of Voting	Number of Shares Held (1)	Number of Votes Polled (2)	% of Votes Polled on Outstanding Shares (3)=[(2)/(1)]*100	No. of Votes in Favour (4)	No. of Votes against (5)	% of Votes in favour on votes polled (6)=[(4)/(2)]*100	% of Votes against on votes polled (7)=[(5)/(2)]*100
Promoter and Promoter Group	Poll	91,00,000	91,00,000	100%	91,00,000	Nil	100%	Nil
Public Institution	Poll	11,24,192	11,24,192	100%	11,24,192	Nil	100%	Nil
Public Non-Institution	Poll	-	-	-	-	-	-	-
Total		1,02,24,192	1,02,24,192	100%	1,02,24,192	Nil	100%	Nil

Resolution Details	
Resolution Number	03
Resolution Required: (Ordinary/Special)	Special Resolution
Whether promoter/ promoter group are interested in the agenda/ resolution	Yes
Description of Resolution concerned	To Fix remuneration of Mr. Manish Grover, Managing Director of the company.

Category	Mode of Voting	Number of Shares Held (1)	Number of Votes Polled (2)	% of Votes Polled on Outstanding Shares (3)=[(2)/(1)]*100	No. of Votes in Favour (4)	No. of Votes against (5)	% of Votes in favour on votes polled (6)=[(4)/(2)]*100	% of Votes against on votes polled (7)=[(5)/(2)]*100
Promoter and Promoter Group	Poll	91,00,000	91,00,000	100%	91,00,000	Nil	100%	Nil
Public Institution	Poll	11,24,192	11,24,192	100%	11,24,192	Nil	100%	Nil
Public Non-Institution	Poll	-	-	-	-	-	-	-
Total		1,02,24,192	1,02,24,192	100%	1,02,24,192	Nil	100%	Nil

Resolution Details	
Resolution Number	04
Resolution Required: (Ordinary/Special)	Special Resolution
Whether promoter/ promoter group are interested in the agenda/ resolution	Yes
Description of Resolution concerned	To Fix remuneration of Mrs. Bhavna Grover, Whole-Time Director of the company.

Category	Mode of Voting	Number of Shares Held (1)	Number of Votes Polled (2)	% of Votes Polled on Outstanding Shares (3)=[(2)/(1)]*100	No. of Votes in Favour (4)	No. of Votes against (5)	% of Votes in favour on votes polled (6)=[(4)/(2)]*100	% of Votes against on votes polled (7)=[(5)/(2)]*100
Promoter and Promoter Group	Poll	91,00,000	91,00,000	100%	91,00,000	Nil	100%	Nil
Public Institution	Poll	11,24,192	11,24,192	100%	11,24,192	Nil	100%	Nil
Public Non-Institution	Poll	-	-	-	-	-	-	-
Total		1,02,24,192	1,02,24,192	100%	1,02,24,192	Nil	100%	Nil

Resolution Details	
Resolution Number	05
Resolution Required: (Ordinary/Special)	Ordinary Resolution
Whether promoter/ promoter group are interested in the agenda/ resolution	Yes
Description of Resolution concerned	To approve related party transactions.

Category	Mode of Voting	Number of Shares Held (1)	Number of Votes Polled (2)	% of Votes Polled on Outstanding Shares (3)=[(2)/(1)]*100	No. of Votes in Favour (4)	No. of Votes against (5)	% of Votes in favour on votes polled (6)=[(4)/(2)]*100	% of Votes against on votes polled (7)=[(5)/(2)]*100
Promoter and Promoter Group	Poll	-	-	-	-	-	-	-
Public Institution	Poll	11,24,192	11,24,192	100%	11,24,192	Nil	100%	Nil
Public Non-Institution	Poll	-	-	-	-	-	-	-
Total		11,24,192	11,24,192	100%	11,24,192	Nil	00%	Nil

CONSOLIDATED SCRUTINIZER'S REPORT

(Pursuant to Section 109 of the Companies Act, 2013 and Rule 21 of the Companies (Management and Administration) Rules, 2014 as amended by Companies (Management and Administration) Rules, 2015)

To

The Chairman

Jeena Sikho Lifecare Limited

SCO 11 First Floor, Kalgidhar Enclave Zirakpur,
Mohali 140604 India

Ref: 5th Annual General Meeting of the Members of Jeena Sikho Lifecare Limited held on Thursday, September 29, 2022, at 12:00 PM at Shuddhi Ayurveda Panchkarma Hospital, Pind Devinagar, Hadbast No. 18 Tehsil, Derabassi Dist. Punjab 140507.

Sub: Consolidated Scrutinizer's report on Voting through Poll on the AGM of the Company pursuant to the provision of SEBI (Listing Obligation and Disclosure Requirements) Regulations, 2015 and Section 109 of the Companies Act, 2013 ("the Act") read with Rule 21 of the Companies (Management and Administration) Rules, 2014 read with Companies (Management and Administration) Amendment Rules, 2015.

Dear Sir,

I, Angad Singh, Partner, M/s T A S K and Company, Chartered Accountants, having office at 4746, Sector 125, New Sunny Enclave, Mohali- 140301, Punjab had been appointed as the Scrutinizer by the Board of Directors of Jeena Sikho Lifecare Limited having its registered office at SCO 11 First Floor, Kalgidhar Enclave, Zirakpur Mohali- 140604, India in its meeting held on September 05, 2022, as demanded by the Chairman and in accordance with Section 109 of the Companies Act, 2013 read with Rule 21 of the Companies (Management and Administration) Rules, 2014 read with Companies (Management and Administration) Amendment Rules, 2015 a poll was taken in the Annual General Meeting.

The Notice dated September 05, 2022 for Convening 05th AGM of the Company was sent to all the shareholders in accordance with the provisions of the Companies Act, 2013 read with Rules made thereunder together with the MCA and SEBI Circulars.

The Company has provided the facility for voting through Poll to the Shareholders participating in the meeting.

The Shareholders of the Company holding shares as on "cut- off" date i.e. September 22, 2022 were entitled to vote on the proposed resolutions as set out at Item no. 1 to 5 in the notice Convening 5th Annual General Meeting of the Company.

After the voting at the AGM through Poll is over, the Scrutinizer shall open the Polling Box in the presence of the two Independent witness Mr. Gaurav Kumar and Mr. Altaf, who are not in the employment of the Company.



Mr. Gaurav Kumar



Mr. Altaf

The votes Casted by the members were Counted by the Scrutinizer.

Independent Witness:

I have Scrutinized the voting in a fair and transparent manner based on the voting through Poll held on Annual General Meeting of the Company.

I hereby annexed the voting results as Annexure 1 pursuant to Rule 21 of the Companies (Management and Administration) Amendment Rules, 2015 on all the resolutions contained in the notice of aforesaid Annual General Meeting.

All the relevant records shall be handed over to the Chairman/ Company Secretary for safe keeping.

Thank You,
Yours Faithfully,

For **M/S T A S K and Company,**
Chartered Accountants,
Firm Registration Number:

ANGAD SINGH

Digitally signed by ANGAD SINGH
DN: c=IN, o=PERSONAL, title=1540,
pseudonym=4ab038a400b4b5c736
96c32546adb51ae5271f67640820a
0493016cbe243357f,
postalCode=140301, st=Punjab,
serialNumber=c868d02e3a8964aac
404d18682e7343c26feb9b4c32302
366ddfb655ed04395f, cn=ANGAD
SINGH
Date: 2022.09.30 19:33:03 +05'30'

Angad Singh,
(Partner)
Membership Number:

Place: Punjab
Date: 30/09/2022
UDIN: 22538359AXRPTH4045

Resolution No. 1: Ordinary Resolution

To receive, consider and adopt the Audited Standalone Financial Statements along with the consolidated financial statements of the Company for the financial period ended on 31st March 2022 together with the reports of Directors and Auditors thereon.

Mode	Total Valid Votes		Votes in Favour			Votes Against		
	Voters	No. of Votes	Voters	No. of Votes	Voting %	Voters	No. of Votes	Voting %
Poll	07	1,02,24,192	07	1,02,24,192	100%	Nil	Nil	Nil

Resolution No. 2: Ordinary Resolution

To re-appoint Mr. Manish Grover as a Director who retires by rotation & being eligible offers himself for re-appointment.

Mode	Total Valid Votes		Votes in Favour			Votes Against		
	Voters	No. of Votes	Voters	No. of Votes	Voting %	Voters	No. of Votes	Voting %
Poll	07	1,02,24,192	07	1,02,24,192	100%	Nil	Nil	Nil

Resolution No. 3: Special Resolution

To Fix remuneration of Mr. Manish Grover, Managing Director of the company.

Mode	Total Valid Votes		Votes in Favour			Votes Against		
	Voters	No. of Votes	Voters	No. of Votes	Voting %	Voters	No. of Votes	Voting %
Poll	07	1,02,24,192	07	1,02,24,192	100%	Nil	Nil	Nil

Resolution No. 4: Special Resolution

To Fix remuneration of Mrs. Bhavna Grover, Whole-Time Director of the company.

Mode	Total Valid Votes		Votes in Favour			Votes Against		
	Voters	No. of Votes	Voters	No. of Votes	Voting %	Voters	No. of Votes	Voting %
Poll	07	1,02,24,192	07	1,02,24,192	100%	Nil	Nil	Nil

Resolution No. 5: Ordinary Resolution

To approve related party transactions.

Mode	Total Valid Votes		Votes in Favour			Votes Against		
	Voters	No. of Votes	Voters	No. of Votes	Voting %	Voters	No. of Votes	Voting %
Poll	01	11,24,192	01	11,24,192	100%	Nil	Nil	Nil

Based on the above voting facility, I confirm that all the resolutions have been carried on with requisite majority.

For **M/S T A S K and Company,**
Chartered Accountants,
Firm Registration Number:

ANGAD
SINGH

Digitally signed by ANGAD SINGH
DN: c=IN, o=PERSONAL, title=1540,
pseudonym=4ab038a400b4b5c7369
6c32546adb51ae5271f67640820a049
3016cbe243357f,
postalCode=140301, st=Punjab,
serialNumber=c868d02e3a8964aac40
4d18682e7343c26feb9b4c32302366d
dfb655ed04395f, cn=ANGAD SINGH
Date: 2022.09.30 19:33:37 +05'30'

Angad Singh,
(Partner)
Membership Number:

Place: Punjab
Date: 30/09/2022
UDIN: 22538359AXRPTH4045