



100 वर्षों तक स्वस्थ,
सुखी व सम्पन्न जीने के लिए



JEENA SIKHO LIFECARE LIMITED

(Formerly known as Jeena Sikho Lifecare Private Limited)

REGD OFFICE: SCO-11, Kalgidhar Enclave, Baltana, Zirakpur, Punjab-140604, 01762-513185

Branch: B-26, Opp. Metro Pillar No. 223, Rohtak Road, New Multan Nagar, Delhi - 110056

CIN NO.: L52601PB2017PLC046545

Email ID.: cs@jeenasikho.co.in

Date: 30th April 2024

To,

The Manager,

Listing Compliance Department

National Stock Exchange of India Limited

Exchange Plaza, Bandra Kurla Complex,

Bandra (East), Mumbai-400051

SYMBOL: JSLL

ISIN: INE0J5801011

Respected Sir/Madam,

Sub: Outcome of Board Meeting held on April 29 2024 at 6:00 P.M. and concluded at 7:00 P.M. as per SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015

With reference to the above, we hereby submit/inform that pursuant to Regulation 30 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 ("SEBI Listing Regulations") and on the recommendation of Nomination and Remuneration Committee, the Board of Directors of the Company have appointed Mr. Chandan Kumar Kaushal, (DIN: 10515819) as an Additional Director (Non-Executive, Independent Director) of the Company w.e.f. April 29, 2024

The Director being appointed is not debarred from holding the office of director by virtue of any order of SEBI or any other such authority.

The details as required under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, read with Schedule III of the said Regulations, SEBI Master Circular No. SEBI/HO/CFD/PoD2/CIR/P/2023/120 and Circular No. SEBI/HO/CFD/CFD-PoD-1/P/CIR/2023/123 dated 11th and 13th July, 2023, respectively is given as "Annexure A" to this letter.

Kindly take the same on your record.

Thanking You,

For and behalf of

Jeena Sikho Lifecare Limited

MANISH

GROVER

(Manish Grover)

Managing Director

DIN: 07557886

Digitally signed by
MANISH GROVER
Date: 2024.04.30
18:43:24 +05'30'



100 वर्षों तक स्वस्थ,
सुखी व सम्पन्न जीने के लिए



JEENA SIKHO LIFECARE LIMITED

(Formerly known as Jeena Sikho Lifecare Private Limited)

REGD OFFICE: SCO-11, Kalgidhar Enclave, Baltana, Zirakpur, Punjab-140604, 01762-513185

Branch: B-26, Opp. Metro Pillar No. 223, Rohtak Road, New Multan Nagar, Delhi - 110056

CIN NO.: L52601PB2017PLC046545

Email ID.: cs@jeenasikho.co.in

Annexure- I

Intimation under Regulation 30 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015

Particulars	Details
Name	Mr. Chandan Kumar Kaushal, (DIN: 10515819)
Reason for change viz. appointment, resignation, removal, death or otherwise	Mr. Chandan Kumar Kaushal has been appointed as an Additional Director of the Company
Date of appointment & term of appointment	Appointed as an Additional Director (Non - Executive, Independent Director) of the Company subject to the approval of Members.
Brief profile	Chandan Kumar Kaushal, Age 62, is a Retire Drug Inspector and distance ayurveda. With over 35 years of dedicated service in the realms of Ayurveda and Unani Medicine. He has gained experience in the field of ayurveda. He became Graduated (B.A.M.S) From Punjab state Faculty of Ayurvedic & Unani Systems of Medicine Chandigarh In the year 1985. Chandan Kumar Kaushal Started his career as an Ayurveda Medical Officer (June 1987), He gets promoted to senior Ayurveda Medical Officer (2016), Appointed as District Ayurveda Unani Officer cum Drug Inspector in Moga (2018) in Mohali District, he gets retired from his position on 30th September 2020 As an Drug Inspector Cum Distance Ayurveda And Unani Officer Presently he is having his own clinic in the name of Kaushal clinic (PB Ayurveda Department Under Ayush)
Disclosure of relationships between directors (in case of appointment of a director)	Mr. Chandan Kumar Kaushal, (DIN: 10515819) is not related to any existing Director of the Company.