

Date: 04/04/2024

To,

The Manager,
Listing Compliance Department
National Stock Exchange of India Limited
Exchange Plaza, Bandra Kurla Complex,
Bandra (East), Mumbai-400051

SYMBOL: JSLL
ISIN: INE0J5801011

Subject: Disclosure under Regulation 31(4) of SEBI (Substantial Acquisition of Shares and Takeover) Regulations, 2011

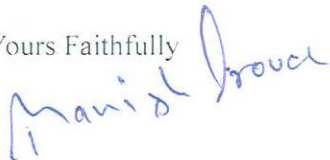
Dear Sir/Mam

With reference to the above captioned subject, I, Manish Grover, Promoter of the Company hereby declare that I hold 1,66,52,448 (66.98%) Equity Shares of Jeena Sikho Lifecare Limited as on March 31, 2024 and I have not made any encumbrance of shares, directly or indirectly during the financial year ended March 31, 2024.

This is for your information and record purpose only.

Thanking You,

Yours Faithfully



Manish Grover
Promoter
Jeena Sikho Lifecare Limited

Cc: Audit Committee
Jeena Sikho Lifecare Limited
SCO 11 First Floor, Kalgidhar Enclave, Zirakpur, Mohali, Punjab-140604