



100 वर्षों तक स्वस्थ,
सुखी व सम्पन्न जीने के लिए



JEENA SIKHO LIFECARE LIMITED

(Formerly known as Jeena Sikho Lifecare Private Limited)

REGD OFFICE: SCO-11, Kalgidhar Enclave, Baltana, Zirakpur, Punjab-140604, 01762-513185

Branch: B-26, Opp. Metro Pillar No. 223, Rohtak Road, New Multan Nagar, Delhi - 110056

CIN NO.: L52601PB2017PLC046545

Email ID.: cs@jeenasikho.co.in

Date: 06/04/2023

To,

The Manager,
Listing Compliance Department
National Stock Exchange of India Limited
Exchange Plaza, Bandra Kurla Complex,
Bandra (East), Mumbai-400051

SYMBOL: JSLL

ISIN: INE0J5801011

Subject: Disclosure under Regulation 31(4) of SEBI (Substantial Acquisition of Shares and Takeover) Regulation, 2011

Dear Sir/Mam

Please find enclosed the yearly disclosure under regulation 31(4) of SEBI (Substantial Acquisition of Shares and Takeovers) Regulation, 2011 received from Promoters of the Company for the year ended on 31st March, 2023.

Kindly take the same on record and display the same on the website of your exchange.

Thanking You,

Yours Faithfully

For Jeena Sikho Lifecare Limited

MANISH GROVER
Digitally signed by
MANISH GROVER
Date: 2023.04.06
17:22:17 +05'30'

Manish Grover
Managing Director
DIN: 07557886

Date: 04/04/2023

To,

The Manager,
Listing Compliance Department
National Stock Exchange of India Limited
Exchange Plaza, Bandra Kurla Complex,
Bandra (East), Mumbai-400051

SYMBOL: JSLL

ISIN: INE0J5801011

Subject: Disclosure under Regulation 31(4) of SEBI (Substantial Acquisition of Shares and Takeover) Regulation, 2011

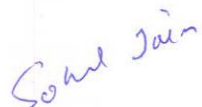
Dear Sir/Mam

With reference to the above captioned subject, I, Sahil Jain, Promoters/Promoter group/ PAC (Person acting in concert) of the Company hereby declare that I hold 910 (0.01%) equity shares of Jeena Sikho Lifecare Limited as on March 31, 2023 and I have not made any encumbrance of shares, directly or indirectly during the financial year ended March 31, 2023.

This is for your information and record purpose only.

Thanking You,

Yours Faithfully


Sahil Jain

Promoter Group
Jeena Sikho Lifecare Limited

Cc: Audit Committee
Jeena Sikho Lifecare Limited
SCO 11 First Floor, Kalgidhar Enclave, Zirakpur, Mohali, Punjab-140604

Date: 04/04/2023

To,

The Manager,
Listing Compliance Department
National Stock Exchange of India Limited
Exchange Plaza, Bandra Kurla Complex,
Bandra (East), Mumbai-400051

SYMBOL: JSLL

ISIN: INE0J5801011

Subject: Disclosure under Regulation 31(4) of SEBI (Substantial Acquisition of Shares and Takeover) Regulation, 2011

Dear Sir/Mam

With reference to the above captioned subject, I, Akansha Jain, Promoters/Promoter group/ PAC (Person acting in concert) of the Company hereby declare that I hold 910 (0.01%) equity shares of Jeena Sikho Lifecare Limited as on March 31, 2023 and I have not made any encumbrance of shares, directly or indirectly during the financial year ended March 31, 2023.

This is for your information and record purpose only.

Thanking You,

Yours Faithfully

Akansha Jain
Promoter Group
Jeena Sikho Lifecare Limited



Cc: Audit Committee
Jeena Sikho Lifecare Limited
SCO 11 First Floor, Kalgidhar Enclave, Zirakpur, Mohali, Punjab-140604

Date: 04/04/2023

To,

The Manager,
Listing Compliance Department
National Stock Exchange of India Limited
Exchange Plaza, Bandra Kurla Complex,
Bandra (East), Mumbai-400051

SYMBOL: JSLL

ISIN: INE0J5801011

Subject: Disclosure under Regulation 31(4) of SEBI (Substantial Acquisition of Shares and Takeover) Regulation, 2011

Dear Sir/Mam

With reference to the above captioned subject, I, Shreya Grover, Promoters/Promoter group/ PAC (Person acting in concert) of the Company hereby declare that I hold 910 (0.01%) equity shares of Jeena Sikho Lifecare Limited as on March 31, 2023 and I have not made any encumbrance of shares, directly or indirectly during the financial year ended March 31, 2023.

This is for your information and record purpose only.

Thanking You,

Yours Faithfully



Shreya Grover
Promoter Group
Jeena Sikho Lifecare Limited

Cc: Audit Committee
Jeena Sikho Lifecare Limited
SCO 11 First Floor, Kalgidhar Enclave, Zirakpur, Mohali, Punjab-140604

Date: 04/04/2023

To,

The Manager,
Listing Compliance Department
National Stock Exchange of India Limited
Exchange Plaza, Bandra Kurla Complex,
Bandra (East), Mumbai-400051

SYMBOL: JSLL

ISIN: INE0J5801011

Subject: Disclosure under Regulation 31(4) of SEBI (Substantial Acquisition of Shares and Takeover) Regulation, 2011

Dear Sir/Mam

With reference to the above captioned subject, I, Mukesh Grover, Promoters/Promoter group/ PAC (Person acting in concert) of the Company hereby declare that I hold 910 (0.01%) equity shares of Jeena Sikho Lifecare Limited as on March 31, 2023 and I have not made any encumbrance of shares, directly or indirectly during the financial year ended March 31, 2023.

This is for your information and record purpose only.

Thanking You,

Yours Faithfully



Mukesh Grover
Promoter Group
Jeena Sikho Lifecare Limited

Cc: Audit Committee
Jeena Sikho Lifecare Limited
SCO 11 First Floor, Kalgidhar Enclave, Zirakpur, Mohali, Punjab-140604

Date: 04/04/2023

To,

The Manager,
Listing Compliance Department
National Stock Exchange of India Limited
Exchange Plaza, Bandra Kurla Complex,
Bandra (East), Mumbai-400051

SYMBOL: JSLL

ISIN: INE0J5801011

Subject: Disclosure under Regulation 31(4) of SEBI (Substantial Acquisition of Shares and Takeover) Regulation, 2011

Dear Sir/Mam

With reference to the above captioned subject, I, Bhavna Grover, Promoters/Promoter group/ PAC (Person acting in concert) of the Company hereby declare that I hold 91,000 (0.66%) equity shares of Jeena Sikho Lifecare Limited as on March 31, 2023 and I have not made any encumbrance of shares, directly or indirectly during the financial year ended March 31, 2023.

This is for your information and record purpose only.

Thanking You,

Yours Faithfully



Bhavna Grover
Promoter
Jeena Sikho Lifecare Limited

Cc: Audit Committee
Jeena Sikho Lifecare Limited
SCO 11 First Floor, Kalgidhar Enclave, Zirakpur, Mohali, Punjab-140604

Date: 04/04/2023

To,

The Manager,
Listing Compliance Department
National Stock Exchange of India Limited
Exchange Plaza, Bandra Kurla Complex,
Bandra (East), Mumbai-400051

SYMBOL: JSLL

ISIN: INE0J5801011

Subject: Disclosure under Regulation 31(4) of SEBI (Substantial Acquisition of Shares and Takeover) Regulation, 2011

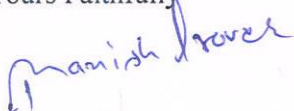
Dear Sir/Mam

With reference to the above captioned subject, I, Manish Grover, Promoters/Promoter group/ PAC (Person acting in concert) of the Company hereby declare that I hold 90,48,360 (65.51%) equity shares of Jeena Sikho Lifecare Limited as on March 31, 2023 and I have not made any encumbrance of shares, directly or indirectly during the financial year ended March 31, 2023.

This is for your information and record purpose only.

Thanking You,

Yours Faithfully



Manish Grover
Promoter
Jeena Sikho Lifecare Limited

Cc: Audit Committee
Jeena Sikho Lifecare Limited
SCO 11 First Floor, Kalgidhar Enclave, Zirakpur, Mohali, Punjab-140604