

Date: 04/04/2023

To,

The Manager,
Listing Compliance Department
National Stock Exchange of India Limited
Exchange Plaza, Bandra Kurla Complex,
Bandra (East), Mumbai-400051

SYMBOL: JSLL

ISIN: INE0J5801011

Subject: Disclosure under Regulation 31(4) of SEBI (Substantial Acquisition of Shares and Takeover) Regulation, 2011

Dear Sir/Mam

With reference to the above captioned subject, I, Bhavna Grover, Promoters/Promoter group/ PAC (Person acting in concert) of the Company hereby declare that I hold 91,000 (0.66%) equity shares of Jeena Sikho Lifecare Limited as on March 31, 2023 and I have not made any encumbrance of shares, directly or indirectly during the financial year ended March 31, 2023.

This is for your information and record purpose only.

Thanking You,

Yours Faithfully



Bhavna Grover
Promoter
Jeena Sikho Lifecare Limited

Cc: Audit Committee
Jeena Sikho Lifecare Limited
SCO 11 First Floor, Kalgidhar Enclave, Zirakpur, Mohali, Punjab-140604