



100 वर्षों तक स्वस्थ,
सुखी व सम्पन्न जीने के लिए



JEENA SIKHO LIFECARE LIMITED

(Formerly known as Jeena Sikho Lifecare Private Limited)

REGD OFFICE: SCO-11, Kalgidhar Enclave, Baltana, Zirakpur, Punjab-140604, 01762-513185

Branch: B-26, Opp. Metro Pillar No. 223, Rohtak Road, New Multan Nagar, Delhi - 110056

CIN NO.: L52601PB2017PLC046545

Email ID.: cs@jeenasikho.co.in

Date: 12.01.2023

To

The Manager,
Listing Compliance Department
National Stock Exchange of India Ltd.
Exchange Plaza, Bandra Kurla Complex,
Bandra (East), Mumbai-400051

SYMBOL: JSLL

ISIN: INE0J5801011

Sub: CERTIFICATE UNDER REGULATION 74(5) OF SEBI (DEPOSITORY AND PARTICIPANTS REGULATIONS) 2018, FOR THE QUARTER ENDED 31ST DECEMBER, 2022

Dear Sir/Madam,

With reference to the captioned subject, in compliance with regulation 74(5) of SEBI (Depositories and Participants Regulations) 2018, please find enclosed copy of certificate provided by Skyline Financial Services Private Limited, the Registrar and Share Transfer Agent of the company for the quarter ended December 31, 2022.

Kindly take the above intimation on your records.

Thanking you.

Yours faithfully,

For and on behalf of Jeena Sikho Lifecare Limited

MANISH
GROVER

Digitally signed by
MANISH GROVER
Date: 2023.01.12
12:10:31 +05'30'

Manish Grover
Managing Director
DIN: 07557886

Dated: January 03, 2023

Ref: SFSPL/RTA/ December/2022

To,
The Company Secretary
JEENA SIKHO LIFECARE LIMITED
SCO 11 FRST FLOOR KALGIDHAR ENCLAVE
ZIRAKPUR, MOHALI PUNJAB 140604

Subject: Confirmation Certificate in the matter of Regulation 74(5) of Securities and Exchange Board of India (Depositories and Participants) Regulations, 2018.

Dear Sir,

In accordance with Regulation 74(5) of the SEBI (Depositories and Participants) Regulations, 2018 for the Quarter ended **31st December, 2022**, w.r.t. No physical share certificates received for dematerialization of securities from the depository participant (Equity Shares) of the Company, "**JEENA SIKHO LIFECARE LIMITED**" CIN: U52601PB2017PLC046545.

This is for you information and records.

Thanking you,

For Skyline Financial Services Private Limited

Parveen Sharma

Authorised Signatory



03/01/2023

JEENA SIKHO LIFECARE LIMITED

SCO 11 FRST FLOOR,
KALGIDHAR ENCLAVE,
ZIRAKPUR, MOHALI,
PUNJAB 140604

Dear Sir/Madam,

The demat Status Report of Jeena Sikho Lifecare Limited is as given below:

Particulars	Holding As on 30/09/2022	Holding As on 31/12/2022	Change in Total
NSDL	11617192	11758192	
CDSL	2194000	2053000	
TOTAL	13811192	13811192	0

Thanking you,

For Skyline Financial Services Private Limited


Parveen Sharma
(Authorised Signatory)



03/01/2023

JEENA SIKHO LIFECARE LIMITED

SCO 11 FRST FLOOR
KALGIDHAR ENCLAVE
ZIRAKPUR, MOHALI
PUNJAB 140604

Dear Sir/Madam,

Pursuant to SEBI Circular D& CC/FITTC/CIR-16/2002 dated 31st December, 2002, We hereby confirm as under as on 31/12/2022.

1. That in terms of para (1) the detail of shareholding is as follows:

Sr. No.	Particulars.	No. of Records.	Shares.
1	PHYSICAL	0	0
2	NSDL	293	11758192
3	CDSL	422	2053000
	Total	715	13811192

2. In terms of para(2) and para(3) of the Circular that all the Transfers, Transmission(s), Transposition(s), Demat(s), Remat(s), Duplicate(s), Split, Consolidation and Sub-division have been entered into the register of members as on 31/12/2022. The summary of requests received during the period is given below:

Sr. No.	Transaction Type.	No. of Requests Received.	No. of Shares Received	No. of Requests Rejected	No. of Shares Rejected	No. of Requests Accepted	No. of Shares Accepted
Nil							

This is for your information and record.

Thanking you.

For Skyline Financial Services Private Limited

Parveen Sharnia
(Authorised Signatory)

