100 वर्षों तक स्वस्थ,
सुखी व सम्पन्न जीने के लिए

JEENA SIKHO® LIFECARE LIMITED

(Formerly known as Jeena Sikho Lifecare Private Limited)

REGD OFFICE: SCO-11, Kalgidhar Enclave, Baltana, Zirakpur, Punjab-140604, 01762-513185
Branch: B-26, Opp. Metro Pillar No. 223, Rohtak Road, New Multan Nagar, Delhi - 110056
CIN NO.: L52601PB2017PLC046545 Email ID.: cs@jeenasikho.co.in

Ref. No. ..... Dated .....

Date: 07.10.2023

To,

The Manager,
Listing Compliance Department
National Stock Exchange of India Limited
Exchange Plaza, Bandra Kurla Complex,
Bandra (East), Mumbai-400051

SYMBOL: **JSLL**
ISIN: **INE0J5801011**

Subject: **Certificate under Regulation 74(5) Of SEBI (Depositories and Participants Regulations) 2018, for the Quarter ended September 30, 2023**

Dear Sir/Madam,

With reference to the captioned subject, in compliance with regulation 74(5) of SEBI (Depositories and Participants Regulations) 2018, please find enclosed copy of certificate provided by Skyline Financial Services Private Limited, the Registrar and Share Transfer Agent of the company for the quarter ended September 30, 2023.

Kindly take the above intimation on your records.

Thanking you.

Yours faithfully,

For and on behalf of
Jeena Sikho Lifecare Limited

MANISH GROVER
Digitally signed by MANISH GROVER
Date: 2023.10.07 13:28:53 +05'30'

Manish Grover
Managing Director
DIN: 07557886

Skyline Financial Services Pvt. Ltd.
SEBI Registered Category-1 Registrars & Share Transfer Agent
Regd. & Corp. Office : D-153A, 1st Floor, Okhla Industrial Area, Phase-I, New Delhi - 110 020
Tel. : +91-11-40450193-97, 26812682-83 E-mail : info@skylinerta.com Website : www.skylinerta.com
CIN No. : U74899DL1995PTC071324

Dated: October 03, 2023

Ref: SFSPL/RTA/ September/2023

To,
The Company Secretary
JEENA SIKHO LIFECARE LIMITED
SCO 11 FRST FLOOR KALGIDHAR ENCLAVE
ZIRAKPUR, MOHALI PUNJAB 140604

Subject: Confirmation Certificate in the matter of Regulation 74(5) of Securities and Exchange Board of India (Depositories and Participants) Regulations, 2018.

Dear Sir,

In accordance with Regulation 74(5) of the SEBI (Depositories and Participants) Regulations, 2018 for the Quarter ended **30th September, 2023,** w.r.t. No physical share certificates received for dematerialization of securities from the depository participant (Equity Shares) of the Company, " **JEENA SIKHO LIFECARE LIMITED** " **CIN: L52601PB2017PLC046545.**

This is for you information and records.

Thanking you,

For **Skyline Financial Services Private Limited**

Parveen Sharma
Authorised Signatory

Mumbai Office : A-506, Dattani Plaza, Andheri Kurla Road, Safeed Pool, Mumbai-400072
Tel. : +91-22-49721245, 28511022, E-mail : mumbai@skylinerta.com

Skyline Financial Services Pvt. Ltd.
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03/10/2023

JEENA SIKHO LIFECARE LIMITED
SCO 11 FRST FLOOR
KALGIDHAR ENCLAVE
ZIRAKPUR, MOHALI
PUNJAB 140604

Dear Sir/Madam,

Pursuant to SEBI Circular D& CC/FITTC/CIR-16/2002 dated 31st December, 2002, We hereby confirm as under as on 30/09/2023.

1. That in terms of para (1) the detail of shareholding is as follows:

Sr. No.	Particulars.	No. of Records.	Shares.
1	PHYSICAL	0	0
2	NSDL	342	11862192
3	CDSL	499	1949000
	Total	841	13811192

2. In terms of para(2) and para(3) of the Circular that all the Transfers, Transmission(s), Transposition(s), Demat(s), Remat(s), Duplicate(s), Split, Consolidation and Sub-division have been entered into the register of members as on 30/09/2023. The summary of requests received during the period is given below:

Sr. No.	Transaction Type.	No. of Requests Received.	No. of Shares Received	No. of Requests Rejected	No. of Shares Rejected	No. of Requests Accepted	No. of Shares Accepted
Nil							

This is for your information and record.

Thanking you.

For Skyline Financial Services Private Limited

Parveen Sharma
(Authorised Signatory)

Skyline Financial Services Pvt. Ltd. New Delhi

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03/10/2023

JEENA SIKHO LIFECARE LIMITED
SCO 11 FRST FLOOR,
KALGIDHAR ENCLAVE,
ZIRAKPUR, MOHALI,
PUNJAB 140604

Dear Sir/Madam,

The demat Status Report of Jeena Sikho Lifecare Limited is as given below:

Particulars	Holding As on 30/06/2023	Holding As on 30/09/2023	Change in Total
NSDL	11770692	11862192	
CDSL	2040500	1949000	
TOTAL	13811192	13811192	0

Thanking you.

For Skyline Financial Services Private Limited

Parveen Sharma
(Authorised Signatory)

Skyline Financial Services Pvt. Ltd. New Delhi

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