



100 वर्षों तक स्वस्थ,
सुखी व सम्पन्न जीने के लिए



JEENA SIKHO LIFECARE LIMITED

(Formerly known as Jeena Sikho Lifecare Private Limited)

REGD OFFICE: SCO-11, Kalgidhar Enclave, Baltana, Zirakpur, Punjab-140604, 01762-513185

Branch: B-26, Opp. Metro Pillar No. 223, Rohtak Road, New Multan Nagar, Delhi - 110056

CIN NO.: L52601PB2017PLC046545

Email ID.: cs@jeenasikho.co.in

Date: June 02, 2023

To,
The Manager-Listing Compliance
National Stock Exchange India Limited
Exchange Plaza, Plot No. C/1, G Block,
Bandra Kurla complex, Bandra (E), Mumbai 400051.

Subject: Outcome of the Meeting of the Board of Directors of JEENA SIKHO LIFECARE LIMITED (the Company") held on June 02, 2023

Ref: Reg. 30 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 ("Listing Regulations")

Scrip Code : JSLL
ISIN : INE0J5801011

Dear Sir/Mam

In Pursuant to Regulation 30 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, as amended, this is to inform you that the Board of Directors of "Jeena Sikho Lifecare Limited" at their meeting held today i.e. Friday, 2nd day of June, 2023, at the registered office of the company at SCO 11 First Floor, Kalgidhar Enclave, Zirakpur, Mohali Punjab-140604, to transact the following matters:

1. Take note of resignation of Ms. Nikita Juneja as Company Secretary of the company with immediate effect.
2. Appointment of Ms. Anshika Garg (Mem No. 34503) as Company Secretary & Compliance Officer of the Company w.e.f 02.06.2023.

The meeting of the Board of Directors commenced at 3:30 PM. And concluded at 4:00 PM.

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You are requested to kindly take the above on your records.

Thank you,
Yours faithfully,

For JEENA SIKHO LIFECARE LIMITED

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Manish Grover
Managing Director
DIN: 0755788



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BRIEF PROFILE OF COMPANY SECRETARY

Name	Ms. Anshika Garg
Father's Name	Mr. Shyam Kumar
Date of Birth	02/08/1991
Date of Appointment	02/06/2023
Profile	Ms. Anshika Garg is an associate member of the Institute of Company secretaries of India and a commerce graduate. She has a wide experience in the field of handling secretarial work
Educational Qualification	Associate member of the Institute of Company Secretaries of India and Bachelor of Commerce.
Membership No.	A34503
Relevant Provisions	Section 203 of the Companies Act, 2013 read with Companies (Appointment and Remuneration of Managerial Personnel) Rules, 2014 and Regulation 6 of SEBI (Listing Obligation and Disclosure requirements) Regulation, 2015

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