

Date: 27th August, 2025

To, Manager - Listing Compliance National Stock Exchange of India Limited 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL	To, Head of the Department, Department of Listing Operation, BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476
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Sub: Outcome of Board Meeting held on 27th August 2025.

Dear Sir/Ma'am,

Pursuant to Regulation 30 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 ('Listing Regulations'), we wish to inform you that the Board of Directors of the Company, at its meeting held today i.e. August 27, 2025, has, inter alia, approved the following:

1. Approval of Employee Stock Option Scheme 2025:

In compliance with the provisions of Regulation 30 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, this is to inform you that the Board of Directors (the "**Board**") of Jeena Sikho Lifecare Limited (the "**Company**"), based on the recommendations of the Nomination and Remuneration Committee ("**NRC**") has approved the Employees Stock Option Scheme 2025 ("**ESOP Scheme**") for grant of stock options to eligible Directors and Employees of the Company and its Group Company(ies) including its Subsidiary / Associate Company(ies) (Present and Future, if any), subject to approval of the shareholders of the Company, as per SEBI (Share Based Employee Benefits and Sweat Equity) Regulations, 2021 ["SEBI (SBEBSE) Regulations, 2021"].

Details required under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, read with SEBI Circular No. CIR/CFD/CMD/4/2015 dated September 9, 2015, SEBI Circular No. SEBI/HO/CFD/CFD-PoD-1/P/CIR/2023/123 dated July 13 and SEBI Master Circular No. SEBI/HO/CFD/PoD2/CIR/P/0155 dated 11th November, 2024, is enclosed as **Annexure A**.

2. Appointment of Mr. Sahil Jain as the Chief Operating Officer ("COO**"):**

Based on the recommendation of Nomination and Remuneration Committee, Mr. Sahil Jain has been appointed as a Chief Operating Officer ("**COO**") of the Company w.e.f. **27th August, 2025**.

Details required under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, read with SEBI Circular No. CIR/CFD/CMD/4/2015 dated September 9, 2015, SEBI Circular No. SEBI/HO/CFD/CFD-PoD-1/P/CIR/2023/123 dated July 13 and SEBI Master Circular No. SEBI/HO/CFD/PoD2/CIR/P/0155 dated 11th November, 2024 is enclosed as **Annexure B**.

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

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Email ID.: cs@jeenasikho.com | www.jeenasikho.com

3. Appointment of M/s Ankur Singh & Associates as the Secretarial Auditor:

The appointment of M/s Ankur Singh & Associates (**Peer Review Certificate No. 4377/2023**) as the Secretarial Auditor of the Company for the 1st term of 5 (Five) consecutive years commencing from FY 2025-26 till FY 2029-30 subject to approval of the shareholders of the Company at the ensuing 8th AGM of the Company in terms of Section 204 of the Companies Act, 2013 read with the Companies (Appointment and Remuneration) Rules, 2014 and Regulation 24A of the SEBI Listing Regulations.

Details required under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, read with SEBI Circular No. CIR/CFD/CMD/4/2015 dated September 9, 2015, SEBI Circular No. SEBI/HO/CFD/CFD-PoD-1/P/CIR/2023/123 dated July 13 and SEBI Master Circular No. SEBI/HO/CFD/PoD2/CIR/P/0155 dated 11th November, 2024 is enclosed as **Annexure C**.

4. Annual Report (2024-2025):

The Annual Report for the Financial Year 2024-25, including Board's Report, Management Discussion & Analysis Report, Business Responsibility & Sustainability Report and CSR Report for FY25.

5. Notice of the 8th Annual General Meeting ("AGM")

The Notice of the 8th Annual General Meeting ("AGM") to be convened on **Monday, September 29, 2025** at **First Floor, Parle G Godown, City Enclave, Back Side JP Hospital, Near Anand Complex, Zirakpur, Main Road, SAS Nagar, Punjab 140603** at **12:00 Noon**.

6. Fixation of Dividend Record Date:

Referring to intimation dated 16th May, 2025 & 14th June, 2025 wherein Board of Directors has recommended a Final Dividend of **₹1.10** per equity share of face value ₹2 each/- for the financial year ended March 31, 2025. The dividend payout is subject to the Members' approval at the ensuing 8th Annual General Meeting ("AGM") of the Company.

The final dividend on equity shares for the financial year ended 31st March 2025, as recommended by the Board of Directors and if approved and declared at the ensuing AGM, will be paid/dispatched on or after September 29, 2025, within the stipulated timelines to those Shareholders whose names appear as Beneficial Owners as at the end of the business hours on **Monday, 22 September 2025** in the list of Beneficial Owners to be furnished by National Securities Depository Limited and Central Depository Services (India) Limited in respect of the shares held in dematerialised form.

7. Re-designation of Ms. Shreya Grover (DIN: 09199495) as Whole-time Director and a Key Managerial Personnel of the Company from the position of Non-Executive Director

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The Board of Directors has approved the change in designation of Ms. Shreya Grover (DIN: 09199495) from Non-Executive Director to Whole-Time Director of the Company, for a period of 5 (five) years with effect from 27th August, 2025 to 26th August, 2030, subject to the approval of shareholders at the ensuing General Meeting and such other statutory approvals, as may be required.

Details required under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, read with SEBI Circular No. CIR/CFD/CMD/4/2015 dated September 9, 2015, SEBI Circular No. SEBI/HO/CFD/CFD-PoD-1/P/CIR/2023/123 dated July 13 and SEBI Master Circular No. SEBI/HO/CFD/PoD2/CIR/P/0155 dated 11th November, 2024 is enclosed as **Annexure D**.

8. Appointment of Scrutinizer for the Proposed 8th Annual General Meeting of the Company:

Appointed Mr. Vivek Rawal of M/s. Rawal & Co., Practicing Company Secretary as scrutinizer of the company for remote e-voting at the 8th AGM of company.

9. Book Closure:

Considered and approved the period of closure of the Register of Members and Share transfer books of the company from **Tuesday September 23, 2025 to Monday September 29, 2025 (both days inclusive)** for the 8th Annual General Meeting.

The Meeting of the Board of Directors of the Company **commenced at 2:00 P.M. (IST) and concluded at 4:30 P.M. (IST)**.

You are requested to take the above information on records and disseminate the same on your website.

**Thanking you,
Yours faithfully,
For Jeena Sikho Lifecare Limited**

**Manish Grover
Managing Director
DIN: 07557886
Place: Zirakpur, Punjab
Date: 27-08-2025**

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Annexure A

Details required under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, read with SEBI Circular No. CIR/CFD/CMD/4/2015 dated September 9, 2015, SEBI Circular No. SEBI/HO/CFD/CFD-PoD-1/P/CIR/2023/123 dated July 13 and SEBI Master Circular No. SEBI/HO/CFD/PoD2/CIR/P/0155 dated 11th November, 2024:

Employee Stock Option Scheme 2025:

SN	Particulars	Details
a.	Brief details of options granted	<p>It is proposed to implement an Employee Stock Option Scheme for the benefits of the eligible employee and director of the Company (including holding, subsidiary and group companies, as permitted under SEBI Regulations), subject to the approval of Members & other concerned authorities.</p> <p>The Maximum number of Stock Option in the proposed Employee Stock Option Scheme shall be upto 2,50,000 Stock Options.</p> <p>The Grant of Options shall be after the approval of members and other concerned authority and shall be updated to the Stock Exchange from time to time.</p>
b.	Whether the scheme is in terms of SEBI (Share Based Employee Benefits) Regulations, 2021	The proposed Employee Stock Option Scheme shall be in compliance with the SEBI (Share Based Employee Benefits) Regulation 2021 and other applicable provisions.
c.	Total number of shares covered by these options	Upto 2,50,000 Stock Options, which shall entitle the eligible employees & directors to get equal number of equity shares subject to the terms and conditions of the Employees Stock Option Scheme.
d.	Pricing formula	The Exercise Price is proposed as Rs. 2/-, subject to the approval of members & other concerned authorities.
e.	Options vested	Not Applicable

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f.	Time within which option may be exercised	The vested options may be exercised according to the terms & condition as determined and set forth under the scheme to be framed.
g.	Options exercised	Not Applicable
h.	Money realized by exercise of options	Not Applicable
i.	The total number of shares arising as a result of exercise of option	Not Applicable
j.	Options lapsed	Not Applicable
k.	Variation of terms of options	Not Applicable
l.	Brief details of significant terms	As per Point (a) mentioned above. The detailed term of the Scheme shall be as per final Employee Stock Option Scheme, to be framed after the approval of members and concerned authorities.
m.	Subsequent changes or cancellation or exercise of such options	Not Applicable
n.	Diluted earnings per share pursuant to issue of equity shares on exercise of options	Not Applicable

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Appointment of Chief Operating Officer:

Sr. No	Details of events that need to be provided	Details of Change
1	Reason for change viz. appointment, resignation, removal, death or otherwise;	Mr. Sahil Jain has been appointed as the Chief Operating Officer (“COO”)
2	Date of Appointment and term of appointment	w.e.f. 27 th August, 2025
3	Brief profile (in case of appointment)	<p>Mr. Sahil Jain has recently been appointed as the Chief Operating Officer (COO) of Jeena Sikho Lifecare Limited.</p> <p>As a member of the Executive Leadership team, he is responsible for driving operational strategy, streamlining business functions, and ensuring smooth execution across all departments.</p> <p>With over 8 years of dedicated service at Jeena Sikho, Mr. Jain has previously led several core functions as Head of Department for IT, Marketing, Call Center Operations, and Administration. His leadership has played a vital role in modernizing internal systems, improving efficiency, and enhancing customer engagement.</p> <p>Before joining Jeena Sikho, Mr. Jain gained valuable experience at global technology firms IBM and HCL Australia, where he worked in technology and operational management roles.</p> <p>Mr. Jain holds a Bachelor of Commerce (B.Com) and a Master of Computer Applications (MCA), equipping him with a unique blend of business and technical expertise. His deep understanding of operations, combined with a commitment to innovation, continues to drive Jeena Sikho’s mission of delivering transformative healthcare solutions.</p>
4	Disclosure of relationships between directors (in case of appointment of a director)	Not Applicable

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Appointment of Secretarial Auditor:

Sr. No	Details of events that need to be provided	Details of Change
1	Name of the Company	Jeena Sikho Lifecare Limited
2	Name of the Auditor	Mr. Ankur Singh
3	Reason for change viz. appointment, resignation, removal, death or otherwise;	Appointment of Ankur Singh & Associates, Peer Reviewed Company Secretary firm, as Secretarial Auditor of the Company.
4	Date of Appointment and term of appointment	The Board of Directors at its meeting held on 27 August 2025 have appointed Ankur Singh & Associates (Peer Review Certificate No. 4377/2023) as the Secretarial Auditor of the Company for the period of five consecutive years from April 1 2025 to March 31, 2030 subject to the approval of the members of the company at the ensuing AGM.
5.	Brief profile (in case of appointment)	Mr. Ankur Singh & Associates is a renowned Practicing Company Secretary firm with over 5 years of professional experience in corporate governance, compliance, and advisory services. The Firm is offering one stop solution for all corporate compliances & legal requirements. The Firm provides comprehensive professional services in Secretarial Audit, Corporate Governance, RBI matters, corporate laws and Due Diligence.
6.	Disclosure of relationships between directors (in case of appointment of a director)	Not Applicable

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Appointment of Whole Time Director:

Sr. No	Details of events that need to be provided	Details of Change
1	Reason for change viz. appointment, resignation, removal, death or otherwise;	<p>Change in Designation</p> <p>Ms. Shreya Grover (DIN: 09199495) was first appointed as a Non-Executive Director of the Company on June 12, 2021. Based on the recommendation of the Nomination and Remuneration Committee and subject to the approval of the Shareholders, the Board of Directors at its meeting held on August 27, 2025 approved the change in designation of Ms. Shreya Grover from Non-Executive Director to Whole-Time Director, liable to retire by rotation, for a period of 5 (five) years with effect from August 27, 2025, or the date of superannuation as per the policy of the Company, whichever is earlier, along with the terms of remuneration payable to her.</p>
2	Date of Change in Designation and term of appointment	<p>27th August, 2025 Term of Appointment-5 Years</p>
3	Brief profile (in case of appointment)	<p>Ms. Shreya Grover, aged 24 years, has been associated with Jeena Sikho Lifecare Ltd. since June 12, 2021, when she was inducted into the Board as a Non-Executive Director. Recognizing her outstanding contribution, innovative approach and deep involvement in the Company's growth, she has now been elevated to the position of Executive Director.</p> <p>Young and enthusiastic, Ms. Grover has been instrumental in guiding the Company with creative marketing strategies, innovative sales ideas and out-of-the-box thinking. With her transition into an executive role, she is now actively engaged in shaping the future roadmap of Jeena Sikho.</p> <p>Under her leadership and vision, the Company is witnessing rapid growth through:</p>

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		<ul style="list-style-type: none"> • Establishment and expansion of a chain of Ayurveda hospitals across India. • Launch of an OTC (Over-the-Counter) Ayurveda product range, ensuring Ayurveda reaches every household. • Strengthening of a large-scale Media & Digital team, giving the Company a strong national presence. • Ensuring robust governance and compliance, drawing upon her legal expertise. <p>Her combination of legal acumen, media-driven approach, and passion for Ayurveda uniquely positions her to lead Jeena Sikho Lifecare Ltd. into its next phase of expansion, making holistic wellness accessible to millions.</p>
4	Disclosure of relationships between directors (in case of appointment of a director)	Daughter of Mr. Manish Grover (Managing Director) & Mrs. Bhavna Grover (Whole Time Director) of the Company.
5	Information as required pursuant to BSE circular no. LIST/COMP/14/2018-19 and NSE circular no. NSE/CML/2018/24, dated June 20, 2018	Not debarred from holding office of Directors by virtue of any order passed by Securities and Exchange Board of India or any other authority

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