

Date: 25 November, 2025

To, Manager - Listing Compliance National Stock Exchange of India Limited 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL	To, Head of the Department, Department of Listing Operation, BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476
---	---

Subject: Intimation under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 – Publication of Research Articles and Case Studies.

Dear Sir/Madam,

Pursuant to Regulation 30 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, we wish to inform you that the following case studies and reports have been authored by medical professionals associated with **Jeena Sikho Lifecare Limited**, including our Managing Director, senior consultants, and Ayurvedic experts.

These publications underscore the Company's continued commitment to advancing Ayurvedic research and promoting evidence-based clinical practices. The details of the case studies are as follows:

S. No.	Type	Name	Link
1.	Research Article	Management of Type 2 Diabetes Mellitus Significantly through Ayurvedic Intervention: A Case Study of Vatajapramehachikitsa	https://www.journalijar.com/article/55547/management-of-type-2-diabetes-mellitus-significantly-through-ayurvedic-intervention:-a-case-study-of-vatajapramehachikitsa/
2.	Research Article	Efficacy of Ayurvedic Medicines in the Management of Psoriasis: A Case Report	https://www.journalijar.com/article/55583/efficacy-of-ayurvedic-medicines-in-the-management-of-psoriasis:-a-case-report/
3.	Research Article	Rapid Healing of Liver Health along with preventing it from Converting into Acute to Chronic Liver Disease Byayurvedic Management in the Viewpoint of Yakrit Vikara: A Case Study	https://www.journalijar.com/article/55740/esthetic-zone-at-risk:-successful-endodontic-management-of-internal-root-resorption-in-central-incisor---a-challenging-endodontic-case-report/
4.	Case Study	Regularizing the Altered Values of Liver Function Test (LFT) by Ayurvedic Aids of Healing the Liver Disease in Relation to Yakrit Vikara: A Case Study	https://www.vedadhyan.com/media/post/AYUR-1-4-4.1_cMootBU.pdf
5.	Case Study	Role of Ayurvedic Shaman and Shodhan Chikitsa in Alcoholic Liver Disease:A Case Study	https://www.vedadhyan.com/media/post/AYUR-1-4-1.1.pdf

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
Email ID: cs@jeenasikho.com | www.jeenasikho.com

6.	Case Study	A Comprehensive Case Study on Ayurvedic Management of Sandhi Shoola (Joint Pain) And Associated Conditions: An Integrative Approach	https://www.vedadhyan.com/media/post/AYUR-1-4-2.1.pdf
7.	Case Study	Integrative Ayurvedic Management of Chronic Kidney Disease: A Case Study Highlighting Efficacy And Patient-Centric Approaches	https://www.vedadhyan.com/media/post/AYUR-1-4-3.1_alxzria.pdf
8.	Case Study	Ayurvedic Management of Type One Diabetes to Improve Quality of Life And Reduce Uncontrolled Sugar Level: A Case Study of Vataja Prameha	https://www.vedadhyan.com/media/post/AYUR-1-4-5.1.pdf
9.	Case Report	Combining Ayurvedic Practices for Chronic Kidney Disease (Vrikka Vikara) Management: A Case Report	https://www.vedadhyan.com/media/post/AYUR-1-4-6.1.pdf
10.	Case Study	Role Of Panchakarma and Ayurvedic Medicine in Contorling Ckd And Htn: A Case Study	https://www.wjpls.org/admin/assets/article_issue/128082025/1756526106.pdf
11.	Case Report	Effective Management of Symptoms of Carcinoma of The Urinary Bladder (Bastyarbuda) Through Ayurvedic Interventions: A Case Report	https://www.wjpls.org/admin/assets/article_issue/128082025/1756525908.pdf
12.	Case Study	Efficacy of Ayurvedic Panchakarma Therapies in Vrikkaroga With Special Reference To Chronic Kidney Disease	https://www.wjpls.org/admin/assets/article_issue/128082025/1756525757.pdf
13.	Case Study	Exploring The Efficacy of Ayurveda in Alcoholic Liver Disease: A Case Study	https://www.wjpls.org/admin/assets/article_issue/128082025/1756526016.pdf
14.	Case Report	A Comprehensive Case Report on the Management of Prameha (Diabetes Mellitus) Using Traditional Ayurvedic Medications	https://www.wjpls.org/admin/assets/article_issue/128082025/1756526224.pdf
15.	Case Study	Management of Chronic Kidney Disease (Vrikka Vikara) Through Ayurvedic Modalities: A Case Study	https://www.wjpls.org/admin/assets/article_issue/128082025/1756526406.pdf

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
Email ID: cs@jeenasikho.com | www.jeenasikho.com

16.	Case Study	A Comprehensive Ayurvedic Approach to Managing Chronic Kidney Disease (Vrikka Vikara) And Cholelithiasis: A Case Report	https://www.wjpmr.com/home/article_abstract/6830
17.	Case Study	Effectiveness of Ayurvedic Interventions in The Management of Chronic Liver Disease (Yakrit Vikara): A Detailed Case Report	https://www.wjpmr.com/home/article_abstract/6852
18.	Case Study	Ayurvedic Management of Hydronephrosis (Mutranghata): A Case Report	https://www.wjpmr.com/home/article_abstract/6853
19.	Case Study	Role of Ayurvedic Therapeutics in Managing Early Diagnosed Type 2 Diabetes Mellitus- A Case Study	https://www.wjpmr.com/home/article_abstract/6857
20.	Case Study	Ayurvedic Management of Secondary Amenorrhea in PCOS- A case Report	https://www.wjpmr.com/home/article_abstract/6864
21.	Case Study	Complete Alleviation of Vatavyadhi By Ayurvedic Treatment Along with Lifestyle And Diet Recommendation: A case Study	https://www.wjpmr.com/home/article_abstract/6874
22.	Case Report	Ayurvedic Management of Liver Dysfunction: A Clinical Case Report	https://www.wjahr.com/admin/assets/article_issue/78092025/1759207885.pdf
23.	Case Report	Exploring The Efficacy of Ayurveda in Management of Renal Calculi with Special Reference to Mutrashmari: A Case Study	https://www.wjahr.com/admin/assets/article_issue/78092025/1759207958.pdf
24.	Case Study	Significant Potential of Ayurveda in Hereditary Type 2 Diabetes Mellitus: A Case Analysis of Kulaja Madhumeha	https://www.wjahr.com/admin/assets/article_issue/78092025/1759208022.pdf
25.	Research Article	Effectiveness Of Ayurvedic Interventions in The Treatment of Sarvasarmukharog (Stomatitis): A Case Study	https://www.journalijar.com/article/55909/effectiveness-of-ayurvedic-interventions-in-the-treatment-of-sarvasarmukharog-(stomatitis):-a-case-study/
26.	Case Study	“An In-Depth Study on Ayurvedic Management of Vrikka Vikara (Renal Disorders) Through	https://www.vedadhyan.com/media/post/AYUR-1-5-2.1.pdf

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
Email ID: cs@jeenasikho.com | www.jeenasikho.com

		Panchkarma Chikitsa with Special Emphasis on Mutravah Srotas Dushti (Disorder of The Urinary System)”: A Case-Based Approach	
27.	Case Study	Integrative Ayurvedic Approach in Managing Chronic Kidney Disease: A Case Study	https://www.vedadhyan.com/media/post/AYUR-1-5-7.1.pdf
28.	Case Study	Management of CKD With Hypertension Through Poly Herbal Formulation: A Holistic Healing Approach	https://www.vedadhyan.com/media/post/AYUR-1-5-3.1.pdf
29.	Case Study	Ayurvedic Formulations and Lifestyle Modifications in Stage V CKD: A Clinical Evaluation	https://www.vedadhyan.com/media/post/AYUR-1-5-4.1_3Jbv8J4.pdf
30.	Case Study	A Considerable Impact of Ayurvedic Intervention in Post-Chemo Recurrence of Metastatic Adenocarcinoma of Tongue: A Case Study with Special Reference To Adhyarbuda	https://ahr.a2zjournals.com/index.php/ahr/article/view/90
31.	Research Article	Ayurvedic Management of Artavadushti Resembling Pcos: A Case Report	https://www.journalijar.com/article/56557/ayurvedic-management-of-artavadushti-resembling-pcos:-a-case-report/
32.	Research Article	Ayurvedic Management of Vrikk Vikar (Chronic Kidney Disease) With Mutravah Strotodushti and Hypertension: A Case Study	https://www.journalijar.com/article/56558/ayurvedic-management-of-vrikk-vikar-(chronic-kidney-disease)-with-mutravah-strotodushti-and-hypertension:-a-case-study/
33.	Research Article	Management of Chronic Kidney Disease Utilizing Ayurvedic Therapeutics: A Case Report	https://www.journalijar.com/article/56635/management-of-chronic-kidney-disease-utilizing-ayurvedic-therapeutics:-a-case-report/
34.	Case Study	Exploring Ayurveda in Management of Bahupitta Kamala (Jaundice): A Case Study	https://ahr.a2zjournals.com/index.php/ahr/article/view/92
35.	Case Study	Significant Role of Ayurveda in Achieving Successful Pregnancy in Primary Infertility: A Case Study of Aartava-Dushtijanya Vandhyatva	https://ahr.a2zjournals.com/index.php/ahr/article/view/93

JEENA SIKHO LIFECARE LIMITED

120* AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
Email ID: cs@jeenasikho.com | www.jeenasikho.com

36.	Case Study	Synergistic Effects of Ayurvedic And Conventional Treatments in Chronic Kidney Disease with Hypertension And Type 2 Diabetes: A Case Study	https://ahr.a2zjournals.com/index.php/ahr/article/view/94
37.	Case Report	Management of Chronic Kidney Disease And Comorbidities with Ayurveda and Panchakarma in A 65-Year-Old Male: A Case Report on Treatment Outcomes	https://ahr.a2zjournals.com/index.php/ahr/article/view/95
38.	Case Study	Enhancing Liver Health: A Case Study on the Integration of Integrating Ayurvedic Treatments for Chronic Liver Disease	https://jase.a2zjournals.com/index.php/ase/article/view/121
39.	Case Study	A Case Study on Ayurvedic Approaches to Hridroga and Cardiovascular Health	https://jase.a2zjournals.com/index.php/ase/article/view/122

The above-mentioned case studies have been co-authored by **Acharya Manish Grover Ji (Managing Director)** along with the medical professionals associated with the Company

Links of all the articles and case studies are enclosed for your records.

This is for your kind information and record.

**Thanking you,
Yours faithfully,**

For Jeena Sikho Lifecare Limited

**Manish Grover
Managing Director
DIN: 07557886**

**Place: Zirakpur, Punjab
Date: 25.11.2025**

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
Email ID: cs@jeenasikho.com | www.jeenasikho.com