

Date: 25.09.2026

To, Manager - Listing Compliance National Stock Exchange of India Limited 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL	To, Head of the Department, Department of Listing Operation, BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476
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Subject: Intimation for Closure of Trading Window for all Designated Persons and their Immediate Relatives.

Dear Sir / Madam,

Pursuant to the provisions of SEBI (Prohibition of Insider Trading) Regulations, 2015 (as amended from time to time), the circulars issued by SEBI and the Stock Exchanges, and the Company's Code of Conduct for Prevention of Insider Trading, we wish to inform you that the Trading Window for dealing in securities of Jeena Sikho Lifecare Limited ("the Company") shall remain closed for all Directors/KMPs/Connected Persons/Designated Persons and their Immediate Relatives with effect from **Thursday, 1st October, 2026**, and shall remain closed till 48 hours after the declaration of the Unaudited financial results of the Company for the quarter and half year **ended 30th September, 2026**.

During the aforesaid period, the aforesaid persons are not permitted to Trade/deal in the securities of the Company.

The date of the Board Meeting at which the aforesaid Unaudited Financial Results will be considered and approved shall be intimated to the Stock Exchanges in due course.

The said information will also be uploaded on the website of the Company at www.jeenasikho.com

Kindly take the above information on record.

Thanking You,

Yours Faithfully,

For and on behalf of
Jeena Sikho Lifecare Limited

Manish Grover
Managing Director
DIN: 07557886

Place: Zirakpur, Punjab
Date: 25.09.2026

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
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