

Date: 17th March, 2026

To, Manager - Listing Compliance National Stock Exchange of India Limited 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL	To, Head of the Department, Department of Listing Operation, BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476
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Subject: Intimation of Investor/ Analysts Meet/Conference under Regulation 30 of Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015 (the 'Listing Regulations')

Dear Sir/Madam,

Pursuant to Regulation 30 read with Para A of Part A of Schedule III of the Securities Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015, as amended, we hereby inform that the Company's representatives, Mr. Manish Grover, Managing Director of the Company, and Dr. Ish sharma will meet the Institutional investors including Mutual Fund, Insurance Fund, AIF/PMS, Alternative Investments, Private Equity Funds, on Monday, 23rd March, 2026 at Trident, BKC, Mumbai.

Date	Venue	Mode of Meeting	Type of Meeting	Time of Meeting	Organised by
Monday, 23 rd March, 2026	Trident, BKC, Mumbai	Physical	Group Meeting	9:00 A.M to 6:00 P.M.	DAM capital

The schedule of the aforesaid meeting is subject to change. The changes may happen due to exigencies on the part of Investor / Company which you may please note. No unpublished price sensitive information pertaining to the Company is shared at any of the meetings with Institutional Investors including Mutual Fund, Insurance Fund, AIF/PMS, Alternative Investments, Private Equity Funds.

This is also being made available on the Company's website www.jeenasikho.com

This is for your information and records.

**Thanking you,
Yours faithfully,**

For Jeena Sikho Lifecare Limited

Manish Grover
Managing Director
DIN: 07557886
Place: Zirakpur, Punjab
Date: 17.03.2026

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
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