



Health | Wealth | Happiness

Date: 06<sup>th</sup> March, 2026

To, Manager - Listing Compliance <b>National Stock Exchange of India Limited</b> 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL	To, Head of the Department, Department of Listing Operation, <b>BSE Limited</b> Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476
---	---

**Subject: Intimation of Investor/ Analysts Meet/Conference under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015**

Dear Sir/Madam,

Pursuant to Regulation 30 read with Para A of Part A of Schedule III of the Securities Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015, as amended, we hereby inform that the representatives of the Company namely **Mr. Manish Grover, Managing Director, Mr. Nanak Chand, Chief Financial Officer and Dr. Ish Sharma** will be participating in the **Arihant Capital Bharat Connect Conference- Rising Stars 2026** on behalf of the Company, the details of the scheduled meeting are provided below:

Date	Time	Mode of Meeting	Type of Meeting	Name of the Event
Wednesday, 11 <sup>th</sup> March 2026	12:00 Noon	Virtual	Group meeting	Arihant Capital Bharat Connect Conference- Rising Stars 2026

The schedule of the aforesaid meeting is subject to change. The changes may happen due to exigencies on the part of Investor / Company which you may please note. No unpublished price sensitive information pertaining to the Company is shared at any of the meetings with Analysts/Institutional Investors.

The above information is also being made available on the Company's website [www.jeenasikho.com](http://www.jeenasikho.com)

This is for your information and records.

**Thanking you,  
Yours faithfully,**

**For Jeena Sikho Lifecare Limited**

**Manish Grover**  
**Managing Director**  
**DIN: 07557886**  
**Date: 06.03.2026**  
**Place: Zirakpur, Punjab**

**JEENA SIKHO LIFECARE LIMITED**

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

**Registered Office Address:**

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,  
Punjab-140604, 01762-513185  
CIN NO.: L52601PB2017PLC046545

**Corporate Office Address:**

B-26, Opp. Metro Pillar No. 223, Rohtak Road,  
New Multan Nagar, Delhi - 110056  
Email ID: [cs@jeenasikho.com](mailto:cs@jeenasikho.com) | [www.jeenasikho.com](http://www.jeenasikho.com)