

Date: 03 December, 2025

To, Manager - Listing Compliance National Stock Exchange of India Limited 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL	To, Head of the Department, Department of Listing Operation, BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476
---	---

Subject: Intimation under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 – Publication of Research Articles and Case Studies.

Dear Sir/Madam,

Pursuant to Regulation 30 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, we wish to inform you that the following case studies and reports have been authored by medical professionals associated with **Jeena Sikho Lifecare Limited**, including our Managing Director, senior consultants, and Ayurvedic experts.

These publications underscore the Company's continued commitment to advancing Ayurvedic research and promoting evidence-based clinical practices. The details of the case studies are as follows:

S. No.	Type	Name	Link
1.	Case Study	AYURVEDIC THERAPIES FOR THE MANAGEMENT OF CHRONIC KIDNEY DISEASE (CKD): A FOCUS ON DOSHA IMBALANCE, DETOXIFICATION, AND RENAL SUPPORT	https://jase.a2zjournals.com/index.php/ase/article/view/123
2.	Case Study	BRIDGING THE GAP: INTEGRATING AYURVEDIC AND MODERN THERAPIES FOR MANAGING LIVER CIRRHOSIS AND PORTAL HYPERTENSION – A CASE STUDY	https://jase.a2zjournals.com/index.php/ase/article/view/2025-04-25
3.	Case Study	THERAPEUTIC EFFECTS OF AYURVEDIC INTERVENTIONS ON RENAL DYSFUNCTION WITH COMORBID DIABETES AND HYPERTENSION	https://ahr.a2zjournals.com/index.php/ahr/article/view/101
4.	Case Study	OUTCOMES OF AYURVEDIC TREATMENT IN ADVANCED CKD: A CASE STUDY	https://ahr.a2zjournals.com/index.php/ahr/article/view/100
5.	Case Study	EFFICACY OF AYURVEDIC INTERVENTIONS IN THE MANAGEMENT OF JANUKATI SHOOL DUE TO AAGHATAJ: A CASE STUDY	https://ahr.a2zjournals.com/index.php/ahr/article/view/99

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
Email ID.: cs@jeenasikho.com | www.jeenasikho.com

6.	Case Study	EFFICACY OF AYURVEDIC SHAMAN CHIKITSA IN AMAVATA WITH SPECIAL REFERENCE TO RHEUMATOID ARTHRITIS: A CASE STUDY	https://ahr.a2zjournals.com/index.php/ahr/article/view/98
7.	Case Study	AYURVEDIC THERAPEUTICS FOR SYMPTOM ALLEVIATION IN METASTATIC PAPILLARY CARCINOMA: A CASE STUDY OF COMPREHENSIVE HEALING	https://jase.a2zjournals.com/index.php/ase/article/view/125
8.	Case Study	HOLISTIC HEALING FOR GRAHNI ROG: AN AYURVEDIC APPROACH TO DIGESTIVE WELLNESS – A CASE STUDY	https://jase.a2zjournals.com/index.php/ase/article/view/128
9.	Case Study	AN AYURVEDIC APPROACH TO MANAGE CHRONIC KIDNEY DISEASE, HYPERTENSION AND EPILEPSY: A CASE STUDY	https://jase.a2zjournals.com/index.php/ase/article/view/127
10.	Case Study	THE USE OF AYURVEDIC MEDICINES AND THERAPIES IN IMPROVING RENAL FUNCTION: A CASE STUDY ON CHRONIC KIDNEY DISEASE	https://jase.a2zjournals.com/index.php/ase/article/view/126
11.	Research Article	REVITALIZING KIDNEY HEALTH: A CASE STUDY EXPLORING THE SYNERGY OF AYURVEDIC INTERVENTIONS IN THE MANAGEMENT OF CHRONIC KIDNEY DISEASE AND HYPERTENSION	https://www.journalijar.com/article/57167/revitalizing-kidney-health:-a-case-study-exploring-the-synergy-of-ayurvedic-interventions-in-the-management-of-chronic-kidney-disease-and-hypertension/
12.	Research Article	REBALANCING REPRODUCTION: AN AYURVEDIC CASE STUDY IN PCOS AND UTERINE FIBROID MANAGEMENT	https://www.journalijar.com/article/57234/rebalancing-reproduction:-an-ayurvedic-case-study-in-pcos-and-uterine-fibroid-management/
13.	Research Article	HOLISTIC AYURVEDIC APPROACH TO RHEUMATOID ARTHRITIS WITH COEXISTING HYPERTENSION	https://www.journalijar.com/article/57233/holistic-ayurvedic-approach-to-rheumatoid-arthritis-with-coexisting-hypertension/
14.	Research Article	A CASE STUDY ON THE ROLE OF AYURVEDIC INTERVENTIONS IN RHEUMATOID ARTHRITIS AND HYPERTENSION	https://www.journalijar.com/article/57246/a-case-study-on-the-role-of-ayurvedic-interventions-in-rheumatoid-arthritis-and-hypertension/
15.	Research Article	CASE STUDY ON INTEGRATING CONVENTIONAL TREATMENT WITH AYURVEDIC THERAPIES FOR CHRONIC KIDNEY DISEASE, HYPERTENSION,	https://www.journalijar.com/article/57251/case-study-on-integrating-conventional-treatment-with-ayurvedic-therapies-for-chronic-kidney-disease,-hypertension,-diabetes,-and-cardiovascular-health/

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
Email ID.: cs@jeenasikho.com | www.jeenasikho.com

		DIABETES, AND CARDIOVASCULAR HEALTH	
16.	Case Study	RESTORING RENAL HEALTH THROUGH AYURVEDA: A CASE STUDY ON CHRONIC KIDNEY DISEASE	https://www.wjpmr.com/home/article_abstract/7118
17.	Case Report	MADHUMEHA (TYPE 2 DIABETES MELLITUS) AND ITS AYURVEDIC MANAGEMENT: A CASE REPORT	https://www.wjpmr.com/home/article_abstract/7117
18.	Case Study	A SIGNIFICANT ROLE OF AYURVEDIC MANAGEMENT AND LIFESTYLE MODIFICATION IN CHRONIC LIVER DISEASE WITH COMPLICATIONS: A CASE STUDY REGARDING PITTAJA YAKRITA VRIDDHI	https://www.wjpmr.com/home/article_abstract/7125
19.	Case Study	SIGNIFICANT ROLE OF AYURVEDIC INTERFERENCE IN DKD W.S.R. TO PRAMEHAJANYA VRIKKA VIKARA: A CASE STUDY ON DIABETIC NEPHROPATHY	https://www.wjpmr.com/home/article_abstract/7126
20.	Research Article	A CLINICAL ASSESSMENT OF AYURVEDIC TREATMENT OUTCOMES IN A PATIENT WITH STAGE II CKD AND HYPERTENSION	https://www.wjpmr.com/home/article_abstract/7135

The above-mentioned case studies have been co-authored by **Acharya Manish Grover Ji (Managing Director)** along with the medical professionals associated with the Company

Links of all the articles and case studies are enclosed for your records.

This is for your kind information and record.

**Thanking you,
Yours faithfully,**

For Jeena Sikho Lifecare Limited

**Manish Grover
Managing Director
DIN: 07557886**

**Place: Zirakpur, Punjab
Date: 03.12.2025**

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
Email ID: cs@jeenasikho.com | www.jeenasikho.com