

**Date: 03 November, 2025**

<b>To,</b> Manager - Listing Compliance <b>National Stock Exchange of India Limited</b> 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSL	<b>To,</b> Head of the Department, Department of Listing Operation, <b>BSE Limited</b> Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476
---	--

**Sub: Prior intimation under Regulation 29 of the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015 (the 'Listing Regulations') and Trading Window Closure of the Board Meeting to be held on November 06, 2025.**

Dear Sir/Ma'am,

Pursuant to provisions of Regulation 29 read with Regulation 33 of the SEBI (Listing Obligations & Disclosure Requirements) Regulations, 2015, we wish to inform you that a meeting of the Board of Directors of the Company is scheduled to be held on **Thursday, November 06, 2025**, at the registered office of the company situated at SCO 11, First Floor, Kalgidhar Enclave, Zirakpur, Mohali, Punjab 140604, India to transact the following business.

1. To consider and approve the Un-Audited Financial Results (Standalone and Consolidated) along with the Limited Review Report for the quarter ended September 30, 2025.
2. To consider any other matter, with the permission of the Chairperson.

Further, pursuant to SEBI (Prohibition of Insider Trading), Regulations, 2015 read with Company's code of conduct for Prevention of Insider Trading, the trading window for dealing in the company's shares will remain closed for all designated persons and their immediate relatives till 48 hours after the announcement made to stock exchange for disclosing about financial results of the company.

This intimation is also being made available on the website of the Company at [www.jeenasikho.com](http://www.jeenasikho.com)

Kindly take the above intimation on your record.

**Thanking you,  
Yours faithfully,**

**For Jeena Sikho Lifecare Limited**

**Manish Grover  
Managing Director  
DIN: 07557886**

**Place: Zirakpur, Punjab  
Date: 03-11-2025**

**JEENA SIKHO LIFECARE LIMITED**

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

**Registered Office Address:**

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,  
Punjab-140604, 01762-513185  
CIN NO.: L52601PB2017PLC046545

**Corporate Office Address:**

B-26, Opp. Metro Pillar No. 223, Rohtak Road,  
New Multan Nagar, Delhi - 110056  
Email ID: cs@jeenasikho.com | www.jeenasikho.com