

Date: 03<sup>rd</sup> September, 2025

<b>To,</b> Manager - Listing Compliance <b>National Stock Exchange of India Limited</b> 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL	<b>To,</b> Head of the Department, Department of Listing Operation, <b>BSE Limited</b> Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476
--	--

**SUB: Letter to Members - Intimation under Regulation 30 read with Schedule III of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 ("Listing Regulations")**

**Dear Sir/Ma'am**

In compliance with Regulation 36(1)(b) of the Listing Regulations, the Company has sent a physical communication to those Members whose e-mail ids are not registered with the Company/ Skyline Financial Services Private Limited - Registrar and Transfer Agent/ Depository Participants, providing the web-link where the Integrated Annual Report for the Financial Year 2024-25 and the Notice of the 8<sup>th</sup> Annual General Meeting can be accessed on the Company's website.

The letter in this regard is enclosed herewith as *Annexure 1*.

The intimation is also being uploaded on the website of the Company and can be accessed at [www.jeenasikho.com/investors/](http://www.jeenasikho.com/investors/)

You are requested to take the same in your kind record.

**Thanks & Regards**

For and on behalf of

**JEENA SIKHO LIFECARE LIMITED**

**Manish Grover**

**Managing Director**

**DIN: 07557886**

**Place: Zirakpur, Punjab**

**JEENA SIKHO LIFECARE LIMITED**

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

**Registered Office Address:**

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,  
Punjab-140604, 01762-513185  
CIN NO.: L52601PB2017PLC046545

**Corporate Office Address:**

B-26, Opp. Metro Pillar No. 223, Rohtak Road,  
New Multan Nagar, Delhi - 110056  
Email ID: cs@jeenasikho.com | www.jeenasikho.com

**Annexure 1**

**Jeena Sikho Lifecare Limited**  
(CIN: L52601PB2017PLC046545)  
**Registered Office:** SCO 11 First Floor, Kalgidhar Enclave, Mohali, Zirakpur,  
Punjab, India, 140604  
**Telephone: 91-0172-513185**  
**E-mail:cs@jeenasikho.com, Website: www.jeenasikho.com**

Dear Shareholder,

**Sub: Web-link of Integrated Annual Report with 8<sup>th</sup> Notice of Annual General Meeting for the Financial Year 2024-25**

We are pleased to inform you that the **8<sup>th</sup> Annual General Meeting ('AGM')** of Jeena Sikho Lifecare Limited ("The Company") is scheduled to be held on Monday, 29<sup>th</sup> September, 2025 at **12:00 Noon (IST) at First Floor, Parle G Godown, City Enclave, Back Side Jp Hospital, Near Anand Complex, Zirakpur, Main Road, SAS Nagar, Punjab 140603**

As per Regulation 36 (1) (b) of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, ('SEBI Listing Regulations, 2015'), as amended, the web-link, including the exact path, where complete details of the Annual Report are available is required to be sent to those member(s) who have not registered their email address(es) either with the Company or with any Depository or Skyline Financial Services Private Limited, Registrar & Share Transfer Agent (RTA) of the Company.

Accordingly Exact path where the Annual Report 2024-25 together with Notice calling 8<sup>th</sup> Annual General Meeting, and the Explanatory Statement are available at:

Weblink for AGM Notice: <https://jeenasikho.com/wp-content/uploads/2025/09/Notice-Of-8TH-Annual-General-Meeting.pdf>

Weblink for Annual Report: <https://jeenasikho.com/wp-content/uploads/2025/09/Annual-Report-2025.pdf>

This letter is being sent to those member(s) who have not registered their email address(es) either with the Company or with any Depository or RTA of the Company as on the **Cut-off Date i.e. 29<sup>th</sup> August, 2025.**

This is also a reminder to update KYC details pursuant to SEBI Master Circular No. SEBI/HO/MIRSD/POD-1/P/CIR/2024/37 dated May 07, 2024, and to dematerialise physical securities. The circular issued by SEBI mandates all the listed companies to record PAN, Address with PIN code, Mobile Number, Bank Account details, Specimen Signature and choice of Nomination of shareholders holding securities in physical mode. While updating Email ID is optional, the security holders are requested to register email id also to avail online services. This is applicable for all shareholders holding securities in physical mode.

**JEENA SIKHO LIFECARE LIMITED**

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

**Registered Office Address:**

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,  
Punjab-140604, 01762-513185  
CIN NO.: L52601PB2017PLC046545

**Corporate Office Address:**

B-26, Opp. Metro Pillar No. 223, Rohtak Road,  
New Multan Nagar, Delhi - 110056  
Email ID: cs@jeenasikho.com | www.jeenasikho.com

The aforesaid SEBI Circular also mandates that security holders holding in physical mode whose folios do not have PAN, Choice of Nomination, Contact details, Bank Account details and Specimen Signature updated, shall be eligible for any payment including dividend, interest or redemption payment in respect of such folios, only through electronic mode with effect from April 1, 2024.

In case of any queries, shareholders may write to the Company Secretary at the Company's email address at [investors@jeenasikho.com](mailto:investors@jeenasikho.com)

Moreover, you are also requested to update your email address at the earliest, either through your depository participants for shares held in electronic form or send a communication to the Company / RTA, to facilitate the updation and to continue receiving all important information & documents thereafter via electronic mode. The detailed process for registering the email addresses is provided in the Notice convening the AGM.

Please quote your Folio No / DPID-Client Id in all future communication with us.

Your Folio No / DPID-Client Id -

Thanking you,

Yours sincerely,  
For Jeena Sikho Lifecare Limited

**Sd-**  
**Smita Chaturvedi**  
**Company Secretary & Compliance Officer**  
**Date: 03.09.2025**  
**Place: Zirakpur, Punjab**

## **JEENA SIKHO LIFECARE LIMITED**

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

**Registered Office Address:**

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,  
Punjab-140604, 01762-513185  
CIN NO.: L52601PB2017PLC046545

**Corporate Office Address:**

B-26, Opp. Metro Pillar No. 223, Rohtak Road,  
New Multan Nagar, Delhi - 110056  
Email ID: [cs@jeenasikho.com](mailto:cs@jeenasikho.com) | [www.jeenasikho.com](http://www.jeenasikho.com)