Talwalkars Better Value Fitness Ltd.
Regd. Off.: 801, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai 400 026.
CIN: L92411MH2003PLC140134; Tel.: 6612 6300. Fax: 6612 6363. Website: www.talwalkars.net

Talwalkars
Spreading fitness since 1932

Date: 18th April, 2018

To,
National Stock Exchange of India Ltd.
Exchange Plaza, Plot No. C/1, G Block, BKC,
Bandra (East), Mumbai - 400 051.

To
BSE Limited
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai - 400 001

Dear Sir,

Re: **Talwalkars Better Value Fitness Ltd.; Scrip Symbol/Code: TALWALKARS/533200**
Sub: **Compliance with Regulations 33 and 52 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015**

With reference to Regulations 33(3)(b) and 52(2)(a) of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, the Company has opted to submit quarterly/year-to-date unaudited, standalone and consolidated financial results within 45 days from the end of each quarter during the financial year 2018-19 and annual audited standalone and consolidated financial results along with the results of the last quarter for the financial year 2018-19 within 60 days from the end of the financial year.

Kindly take the same on your record and acknowledge receipt of the same.

Thanking You.

Yours faithfully,
For Talwalkars Better Value Fitness Ltd.

TALWALKARS BETTER VALUE FITNESS LTD. MUMBAI

Avanti Sankav
Company Secretary