

August 31, 2025

The Compliance Manager
BSE Limited
Corporate Relationship Dept.,
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai 400001.
Scrip Code: **500655**

The Manager, Listing Department
National Stock Exchange of India Limited
Exchange Plaza, Plot No. C/1, G Block,
Bandra-Kurla Complex,
Bandra (East), Mumbai 400 051.
Trading Symbol: **GRWRHITECH**

Subject: Intimation of Newspaper Publication

Pursuant to Regulation 30 and 47 of the Listing Regulations, please find enclosed herewith extract of the following newspapers, containing the information with respect to Notice of 68th Annual General Meeting (AGM), E-voting, Book closure, and other related information has been published:

1. The Indian Express (All Edition - English Language)
2. Loksatta (All Edition - Marathi Language)

Clippings of the said newspaper publications are available on website of the Company at www.garwarehitechfilms.com

This is for your information and record.

Thanking You

Yours Faithfully

For **Garware Hi-Tech Films Limited**


Awaneesh Srivastava
Company Secretary
FCS 8513



Encl: As stated above

RS 22-CRORE PROPOSAL TO PREVENT WATERLOGGING

BMC moots plan to prevent plastic waste from entering rivers, drains

Trash barriers to be installed at three rivers, three stormwater drain outfalls

PRATIP ACHARYA
MUMBAI, AUGUST 30

FOLLOWING THE recent waterlogging incidents in Mumbai, the Brihanmumbai Municipal Corporation (BMC) is set to install trash barriers in three rivers and three stormwater drain outfalls to prevent plastic items from entering them. The proposal comes at an overall cost of Rs 22 crore at an average cost of Rs 3.6 crore per river or nullah.

These trash barriers are also known as floating barriers or trash booms that act as guardrails that prevent floating waste from entering the water bodies and keep them isolated so that they could be easily identified and removed. These barriers are anchored to a stationary structure, and the floating waste flowing into the water gets caught in these barriers. Later, the accumulated waste items are collected by the civic authorities and disposed of. The purpose of installing these barriers is to prevent floating waste materials creating any hindrance in the water flow, which eventually



Between August 16 and 19, Mumbai recorded heavy rainfall up to 940 mm, leading to waterlogging in several pockets of the city. File

leads to overflow of drains and canals during the monsoon, resulting in waterlogging.

Between August 16 and 19, after Mumbai recorded heavy rainfall up to 940 mm within four days leading to waterlogging in several pockets of the city, civic authorities attributed the presence of floating waste in the drains to have caused choking of the drainage network in Mumbai leading to flash flooding.

For the project, BMC short-

listed six major water bodies — Dahisar river, Posar river, Oshiwara river, Mogra nullah (Andheri), Gazderbandh nullah (Juhu) and NL Road nullah (Dahisar). These water bodies are in the western suburbs and all of them fall into the Arabian Sea through multiple storm water drain (SWD) outfalls.

Furthermore, the BMC's data shows that in total these trash barriers will be spread across a length of 570.5 metres across

these six water bodies and the average cost for installing these barriers in every metre stands at Rs 39,614 crore. Of the six water bodies, the Dahisar and Oshiwara river will get the longest stretch of barriers of 123.5 metres each, followed by 103 metres at Poisar river, 88 metres at Mogra and Gazzdabandh nullah each and 44 metres at NL Road Nullah.

"Before monsoon next year, we intend to install 17 more of

such barriers in multiple locations in the western suburbs; so that we will have floating barriers installed at as many as 23 locations in the western suburbs of Mumbai before monsoon hits in 2026," a civic official told *The Indian Express*.

Prior to this, floating barriers were installed in eight different locations in Mumbai, all of which are operational at present. The first barrier was installed at Colaba in south Mumbai.

"The eight barriers that were installed as a pilot project have shown impressive results. During the monsoon, around 3 metric tons (MT) of solid waste were collected by our officers from the points where these barriers are installed. Had these materials not been there then the intensity of flooding would have been much more. We have carried out a feasibility study and chalked out areas where there is a requirement of installing these barriers," the official said.

Civic officials said that besides these, the civic authorities are also installing nets at SWD outfalls to prevent floating waste from entering the water bodies.

The National Green Tribunal (NGT) in 2022 ordered the BMC to find remedial measures to prevent floating waste from entering the water bodies, following which the civic authorities chalked out measures for installing these barriers on the water bodies in Mumbai.

22 Slum Rehabilitation Authority services now on 'Aaple Sarkar'

EXPRESSNEWSERVICE
MUMBAI, AUGUST 30

SLUM DWELLERS in Mumbai can now get certified copies of rent payment records online. The facility is one of the 22 services offered by the Slum Rehabilitation Authority (SRA) that is now available on the Maharashtra government's Aaple Sarkar portal.

The initiative, which was recently launched under the direction of SRA Chief Executive Officer Dr Mahendra Kalyankar, aims to provide critical approvals and documents in a time-bound and transparent way. Officials said the change is likely to cut down physical visits to SRA offices and also make services more accessible for housing societies, slum dwellers, and developers alike.

In addition to rent payment records, certified copies of No Objection Certificates (NOCs) are

also available online. These include NOCs under Regulation 33(10) and 33(11) of the Development Control Regulations and those pertaining to proposals for land acquisition.

The services also extend to certified copies of Annexure VI, Annexure II, and other such documents that are typically needed while executing slum rehabilitation projects.

"Project Affected Persons (PAP) are now able to apply for certified copies of allotment orders online. Developers will have access to copies of GIS CDs filed with the SRA, and slum dwellers will be able to check receipts from the Slum Holders Identity Card Survey via the portal," said a senior official. The consent form for variation in land use, occupancy certificates, and certified copies of approved maps have also been made available online.

According to the official, coop-

erative housing societies will benefit from the inclusion of registration services on the platform. The SRA has also facilitated heirship transfer-related services in situations where a hutment holder who is eligible dies before allotment of the flat. Flat transfers, post five years of an occupancy certificate, are now possible online.

Another functionality available on the portal is the ability to lodge complaints in respect of house rent disputes of slum dwellers. "This is set to put in place a more organised system of addressing such complaints, which we receive in loads," added the official. The Maharashtra Right to Public Services Act, 2015, stipulates that public services must be provided within predetermined timeframes. Through the online launch of these 22 services, the SRA plans to bring its own operations in line with the Act while reducing delays and paperwork.

Undertrial claims illegal detention at Talaja jail after he was given bail

EXPRESSNEWSERVICE
MUMBAI, AUGUST 30

AN UNDERTRIAL accused has claimed that he was detained illegally for four days at Talaja jail, despite being issued a release memo from court. However, Talaja Jail Superintendent Pramod Wagh refuted the claim.

The undertrial, Vijay Vagal, claimed that he was granted bail on May 6 by the Bombay High Court. After he completed the bail formalities, his release memo was issued by the Panvel court on June 30, which was received by the court on July 1. Vagal, through his lawyer Sumit Gadling, has written to the Talaja Jail superintendent and others including the

Chief Justice of the Bombay High Court, stating that the release order was "willfully ignored" by jail authorities and he was detained for four days illegally.

The application further says that even though Vagal sought a response for why he was not being released, he was given evasive answers and then told that he has other cases pending against him.

ADMISSION NOTICE FOR ACADEMIC SESSION 2025-26
DR. BALIRAM HIRAY COLLEGE OF ARCHITECTURE
LATE BHUSAHEB HIRAY S.S. TRUST'S INSTITUTE OF COMPUTER APPLICATION
341, Next to New English School, Bandra (E), Mumbai-400051
DTE Code 3248(M.Arch) and 3169(MCA)

All types of candidates aspiring for admission under CAP Seats, it is mandatory to get registered on Cet Cell website and get documents verified & confirmed scrutiny center. As per the Rule No. 13 of the notified rules, candidates aspiring for admission for Institutional Quota Vacant Seats after cap it is prerequisite and mandatory to get documents verified and confirmed at scrutiny centre.

Only those candidates who have verified and confirmed documents a scrutiny centre and having Cap Merits Number shall be eligible for admission for all types seats/quota.

For M.Arch, Post Graduate Course
Recognized by Government of Maharashtra
Affiliated to University of Mumbai & Approved by Council of Architecture, New Delhi and MCA Post Graduate Course

Affiliated to University of Mumbai & Approved by AICTE, New Delhi.
Application should reach the undersigned as per following schedule sale and receipt of application M.Arch, from 01-09-25 to 06-09-25 and MCA from 01-09-25 to 06-09-25.
• No Fees for Application Form

REGISTRAR

INDIA EXPOSITION MART LTD.
CIN: U99999DL2001PLC110396

Regd. Office: Plot No. 1, 210 - Atlantic Plaza, 2nd Floor, Local Shopping Centre, Mayur Vihar Phase-I, Delhi - 110091 Tel: +91-120-2328011-20, Fax: +91-120-2328010
Email Id: cs@indiaexpocentre.com, Website: www.indiaexpomart.com

NOTICE TO SHAREHOLDERS
24th ANNUAL GENERAL MEETING & INFORMATION ON E-VOTING

This is to inform that the 24th Annual General Meeting (AGM) of the Company is scheduled to be held on **Monday, September 22, 2025, at 12:30 PM** at "Govt. Servants Co-operative House Building Society Limited", Kalyan Kendra, 9, Paschim Marg, Vasant Vihar, New Delhi - 110057 to transact the business(es) as stated in the notice, sent to the shareholders individually.

The Notice of 24th AGM, along with the Annual Report for FY 2024-25 has been dispatched to all the shareholders whose email IDs are registered with the Company. Physical copies of the same have been sent to all other shareholders at their registered address in the permitted mode. The same is also available on the Company's website www.indiaexpomart.com. Additionally, the notice of AGM is also available on the website of National Securities Depositories Limited (NSDL) at <https://www.evoting.nsdl.com>. The dispatch of notice of AGM has been completed on Friday, August 29, 2025.

The documents pertaining to the business(es) to be transacted at the AGM are available for inspection at the Registered Office of the Company between 12 Noon to 3:00 PM on all working days, except Saturday, Sunday and Gazetted Holidays, upto the date of AGM.

In terms of Section 108 of the Companies Act, 2013, read with applicable rules thereto, the shareholders will have an opportunity to cast their votes remotely by electronic means (**Remote E-voting**), facilitated by NSDL, on all the resolutions set forth in the notice. The remote e-voting shall commence on **Friday, September 19, 2025, at 10:00 AM (IST)** and will end on **Sunday, September 21, 2025, at 5:00 PM (IST)**. The remote e-voting module shall be disabled by NSDL for voting thereafter. Kindly refer the notice of the AGM regarding instructions on e-voting.

- The Company shall also provide facility for voting during the AGM. Shareholders attending the meeting who have not already casted their vote by remote e-voting shall be able to exercise their right to vote at the AGM. The shareholders who have casted their vote by remote e-voting prior to the meeting may participate in the meeting but shall not be entitled to cast their vote again.
- The cut-off date for determining the eligibility to vote by electronic means or at the AGM is **Monday, September 15, 2025**. A person whose name is recorded in the register of members as on the cut-off date shall be entitled to avail the facility of remote e-voting or voting facility available at the meeting, as the case may be.
- Any person who has acquired shares of the Company and becomes member after dispatch of the Notice and holding shares as on cut-off date, may obtain the login id and password by sending a request at evoting@nsdl.com or cs@indiaexpocentre.com by mentioning DPID/Client ID.
- In case of any queries, you may refer to the 'Frequently Asked Questions' (FAQs) and 'e-voting user manual' available in downloads section of NSDL's e-voting website <https://www.evoting.nsdl.com>. In case of any grievances, you may contact Ms. Pallavi Mhatre, Senior Manager, NSDL, at 022-48867000 or reach at evoting@nsdl.com.
- The results of voting would be declared as stipulated under the relevant rules and will also be posted on the above-mentioned Company's and NSDL website.

Further, subject to approval in AGM, dividend will be paid to the shareholders holding shares as of the AGM date, i.e., Monday, September 22, 2025. Consequently, shareholders are advised to update their KYC details (PAN, bank account, etc.) with the Company before the record date to determine correct applicability and rate of TDS. No further requests shall be entertained, nor shall any claims lie against the Company with respect to TDS deduction, after the Record Date.

For India Exposition Mart Ltd.
Sd/-
Anupam Sharma
Company Secretary & Compliance Officer

August 31, 2025
Delhi

EXPRESS Careers

चौधरी चरण सिंह विश्वविद्यालय, मेरठ
Chaudhary Charan Singh University, Meerut
(NAAC ACCREDITED with A++ Grade)

Recruitment in the University Campus
Advertisement No.- Acad/SF/ODL/01/2025

Online applications are invited for the post of Director, Deputy Director, Assistant Director & Assistant Professors for eligible candidates for ODL Program under self finance scheme in the University.

Online submission of application will remain open from 29-08-2025 to 28-09-2025.

Please Visit:- <http://www.ccsuniversity.ac.in/ccsu/recruitment> for further details and eligibility conditions.

Registrar

GARWARE
HI-TECH FILMS
GARWARE HI-TECH FILMS LIMITED
CIN: L10889MH1957PLC010889

Registered Office: Naigaon, Post Waluj, Chhatrapati Sambhajnagar (Aurangabad) - 431 133.
Tel: 0240 2567400, E-mail: cs@garwarehitech.com, Website: www.garwarehitechfilms.com

NOTICE OF 68th ANNUAL GENERAL MEETING, E-VOTING AND BOOK CLOSURE

NOTICE is hereby given that the 68th Annual General Meeting ("AGM") of Garware Hi-Tech Films Limited (the Company) will be held on **Wednesday, 24th September, 2025, at 11:30 a.m. (IST)** at the Registered Office of the Company situated at Naigaon, Post Waluj, Chhatrapati Sambhajnagar (Aurangabad) - 431 133 to transact the business as set out in the Notice convening the 68th AGM of the Company.

In accordance with the Circular dated 19th September, 2024 issued by Ministry of Corporate Affairs ("MCA") and Circular no. SEBI/HO/CFD/CFD-PoD-2/PIR/2024/133 dated 3rd October, 2024 issued by SEBI and other applicable circulars issued by MCA/SEBI, the Notice convening 68th AGM and the Annual Report for the financial year 2024-25 has been electronically sent on Saturday, August 30, 2025 to those members/shareholders who have registered their email IDs with the Company/Depository Participant(s)/Registrar and Share Transfer Agent (RTA). The physical copy of Notice along with Annual Report will be sent to those members/shareholders who request for the same in writing at the Company's email address at cs@garwarehitech.com mentioning their Folio No./DP ID and Client ID, PAN, Name, registered address, contact number etc.

In accordance with Regulation 36(1)(b) of the SEBI LODR Regulations, a letter has been dispatched to the shareholders whose email addresses are not registered with the Company/DP, providing a web-link for accessing the Annual Report 2024-25, which is also given herein:

Path on website: www.garwarehitechfilms.com -> Investor desk -> Disclosures under Regulation 46 -> Annual Report & Annual Returns -> Annual Reports

Web link for Annual Report: <https://www.garwarehitechfilms.com/investor-desk/annual-reports-and-returns>

Members, who are holding shares in physical/demat form and their e-mail addresses are not registered with the Company/Depository Participant(s)/Registrar and Share Transfer Agent (RTA), are requested to register their e-mail addresses at the earliest for receiving the Investor communication including Notice along with Annual Report for the financial year 2024-25.

Members may note that this Notice of the 68th AGM and Annual Report along with other details are available on the Company's website at www.garwarehitechfilms.com, websites of the Stock Exchange where Company's shares are listed i.e. BSE Limited at www.bseindia.com and National Stock Exchange of India Ltd (NSE) at www.nseindia.com and Notice of the AGM is also available on the website of National Securities Depository Limited ("NSDL") at www.evoting.nsdl.com.

The Company has availed the services of National Securities Depository Limited (NSDL) for providing remote e-voting facility to members/shareholders of the Company, holding shares either in physical form or in dematerialized form, as on the cut-off date Wednesday, September 17, 2025. Eligible members/shareholders may opt for remote e-voting on all resolutions set out in the Notice using remote e-voting facility from any place other than the venue of AGM. Members/shareholders who have cast their vote through remote e-voting prior to the AGM can attend the AGM but shall not be entitled to cast their vote again. Instructions to cast vote through remote e-voting are also provided in the Notice of AGM. Members/shareholders who are not able to cast their votes through remote e-voting, can exercise their voting right by voting through ballot paper at the AGM Venue. The Company shall make necessary arrangements for voting through ballot paper at the AGM.

Cut-off date for determining the eligibility of members/shareholders to avail the facility of remote e-voting as well as voting at the AGM and to receive the dividend for the Financial year 2024-25, if declared.	Wednesday, September 17, 2025
Date and time of commencement of remote e-voting	Saturday, September 20, 2025 at 9:00 a.m. (IST)
Date and time of end of remote e-voting	Tuesday, September 23, 2025 at 5:00 p.m. (IST)
Book Closure dates	Thursday, September 18, 2025 to Wednesday, September 24, 2025 (both days inclusive)

At the end of the remote e-voting period, the remote e-voting facility shall forthwith be disabled by NSDL. Any person who acquires shares of the Company and become shareholder of the Company after sending the Notice of the AGM and holding shares as on cut-off date i.e. September 17, 2025 may obtain their login ID and password by sending a request at evoting@nsdl.co.in. If a person is already registered with NSDL for remote e-Voting then they can use their existing user ID and password to cast their vote.

In case of any query/grievance, Members may refer to the Frequently Asked Questions (FAQ) for members and e-voting User Manual for members available under the Downloads section of NSDL's e-Voting website www.evoting.nsdl.com or contact Ms. Pallavi Mhatre, Manager, National Securities Depository Limited, 4th Floor, "A" wing, Trade World, Kamla Mills Compound, Senapati Bapat Marg, Lower Parel, Mumbai - 400 013 at telephone nos. 022-4886 7000 or 022-2499 7000 or email at evoting@nsdl.co.in.

The Company has appointed Mr. Snehal Shah (Membership No. FCS: 6114 and CP No. 4820), falling him Mr. Pratik Shah (Membership No. FCS: 7431 and CP No. 7401) of M/s. Snehal & Associates, Practicing Company Secretaries, to act as the Scrutinizer to scrutinize the remote e-voting and voting at the AGM in a fair and transparent manner.

The detailed process and manner of electronic voting ("e-voting") along with Attendance Slip, Proxy Form, Route Map and other information are annexed to Notice of 68th AGM and the same is available at the websites of the Company, the Stock Exchange i.e. BSE & NSE and NSDL as mentioned above.

Pursuant to Section 91 of the Companies Act, 2013 read with the Companies (Management and Administration) Rules, 2014 and Regulation 42 of the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015, the Register of Members and Share Transfer Books of the Company will remain closed from Thursday, September 18, 2025 to Wednesday, September 24, 2025 (both days inclusive) (both days inclusive) for the purpose of 68th AGM.

Members are requested to update their KYC i.e. PAN, choice of nomination, contact details, mobile no., complete bank details and specimen signatures etc. Members are requested to submit the Investor Service Request forms, i.e., ISR forms, along with the supporting documents. ISR forms can be accessed by visiting website of Company's Registrar and Transfer Agent i.e. MUFG Intime India Private Limited by visiting the link <https://web.in.mpmis.mufg.com/KYC-downloads.html>. Member who holds shares in dematerialized form and wish to update their PAN, KYC and nomination details are required to contact their respective Depository Participants (DPs).

The Cut-off date i.e. September 17, 2025 is also fixed as Record Date for determining the entitlement of members to receive the Dividend for financial year 2024-25, if declared at the 68th AGM of the Company. The Dividend, once approved by the members of the Company at AGM, will be paid within 30 days, electronically through various online transfer modes to those shareholders who have updated their bank accounts details. To avoid delay in receiving dividend, shareholders are requested to update their KYC with their Depository Participants (where shares are held in demat mode) and with the Company's RTA (where shares are held in physical mode), to receive dividend directly into their bank account on payable date.

Pursuant to the amendments introduced in the Income-Tax Act, 1961 ("the Act") vide Finance Act, 2020, dividend paid after 1st April, 2020 shall be taxable in the hands of the shareholders and the Company shall be required to deduct TDS/withholding taxes at the prescribed rates on the dividend paid to its shareholders. The TDS/withholding tax rate would vary depending on the residential status category of the shareholders and is subject to provision of requesting declaration/documents to the Company. In general, to enable compliance with the withholding taxes, the members are requested to complete and/or update the aforesaid details by September 15, 2025. For the detailed process, please visit the website of the Company www.garwarehitechfilms.com and also refer to the email sent to members in this regard.

For Garware Hi-Tech Films Limited
Sd/-
Awaneesh Srivastava
Company Secretary
FCS No: 8513

Place: Mumbai
Date: August 30, 2025

Institute Code: EN3182 Hyderabad Sind National Collegiate Board's
Thadomal Shahani Engineering College
4 Year B.E. Degree Courses in Engineering Contact No. 9867255590, 9987111590

FIRST YEAR ENGINEERING ADMISSION NOTIFICATION 2025-2026 & DIRECT SECOND YEAR ENGINEERING ADMISSION NOTIFICATION 2025-2026

Committed to further the cause of Supply Chain of Human Capital to offer cost and quality arbitrage by Market places College stands as a beacon of academic quality, committed to transforming students into productive, business-ready professionals. Our rigorous teaching-learning processes, commitment to sustainability, and focus on competency building in Artificial Intelligence (AI) position us as a leader in engineering education. We are committed to contribute to further the cause of ecosystems working on Artificial Intelligence and Semiconductor manufacturing by nurturing graduates to develop competency to provide quality arbitrage to enterprise. We remain focused to understand the evolving technology marketplace to modify the "every day discourse"

Online Applications are invited from eligible candidates for First Year Engineering & Direct Second Year Engineering against the vacancies arising out of all CAP Round and NRI Round (First Year Only) Online Applications and Prospectus are available on www.tsecadmission.org

FIRST YEAR ENGINEERING (Institute and Vacancy Round)
Date of Institute/Vacancy Round 1 06/09/2025
Multiple Vacancy Rounds shall be carried out from 06/09/2025 to 13/09/2025 (cut-off date)

DIRECT SECOND YEAR ENGINEERING (Vacancy Round Only)
Date of Vacancy Round 1 09/09/2025
Multiple Vacancy Rounds shall be carried out from 09/09/2025 to 15/09/2025 (cut-off date)

- For more details and updates visit www.tsecadmission.org for regular updates
- Vacant seats shall be published on completion of 4th CAP Round Admission after 5 pm at www.tsecadmission.org
- For Information on Branches available and Admission for Institute Level Seats (15%) and NRI Seats (5%), please visit www.tsecadmission.org

Productive and sustained engagement of pupils results in transcendence of mental models.
"Small Intake size results in 100% Placement of higher value"
Keep Track of website (www.tsecadmission.org) for any last minute change in the admission schedule (dates).

**Advocate Hari Gursahani Marg, 37th Road (Off. Linking Road),
TPS III, Bandra (W), Mumbai-400050, INDIA. www.tsec.edu/www.tsecadmission.org**

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A Government of India Undertaking
Together We Can

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BUSINESS BANKING SIMPLIFIED

Why Electronic Bank Guarantee?

- All major PSUs accept eBG
- With digitalisation, eBG will be mandatory to participate in tenders
- No scope for fraudulent BGs
- Stamp Duty is also digital

Benefits for Applicants

- Instant notification of eBG as EMD and PBG
- All eBGs are available in single portal
- Quick release of eBG from beneficiary

Benefits for Beneficiary

- Immediately available on issuance
- Eliminates the challenges of physical storage
- Ease of verification

REQUIREMENTS OF eBG FROM BENEFICIARY

Registration with NSDL | PAN Number | Mobile Number | E-mail ID

For further queries, please contact: 0820-220 6035 / 6224 / 6061 / 6063

1 Bank Number | 1800 1030 | www.canarabank.com

‘अल्ट्रा-प्रोसेस’ आहार वजनवाढीस कारणीभूत

वॉशिंग्टन डीसी: शास्त्रज्ञांच्या एका आंतरराष्ट्रीय चमूने असे संशोधन केले आहे की, लोक कमीत कमी प्रक्रिया केलेल्या आहाराच्या तुलनेत ‘अल्ट्रा-प्रोसेस’ (अति प्रक्रिया केलेला) आहारामुळे जास्त वजन वाढवतात, जरी ते त्याच संख्येत उष्मांक (कॅलरी) घेतात. मानवावरील अभ्यासात असेही दिसून आले आहे की, ‘अल्ट्रा-प्रोसेस’ खाद्यपदार्थ जास्त असलेल्या आहारामुळे

बँक ऑफ महाराष्ट्र Bank of Maharashtra. गोल्ड लोन @ 8.30% शुल्क प्रक्रिया शुल्क. मिस्ट कॉल टा 8010 614 614

जर्नलमध्ये हे निष्कर्ष प्रकाशित झाले आहेत. ‘अति प्रक्रिया केलेले अन्न जास्त प्रमाणात खाल्ले जात नसले तरीही आपल्या पुनरुत्पादक आणि चर्बीपाचयच्या आरोग्यास हानी पोहोचवतात. या पदार्थांचे प्रक्रिया केलेले स्वरूप त्यांना हानीकारक बनवते,’ असे संशोधक जेसिका प्रेस्टन म्हणतात. चाचणीदरम्यान काही पुरुषांना त्यांचे वय आणि शारीरिक क्षमतेनुसार उच्च उष्मांकासह (कॅलरी) आहार देण्यात आला तर उर्वरित पुरुषांना सामान्य प्रमाणात उष्मांकयुक्त आहार देण्यात आला.

‘लोकसत्ता इकोफ्रेंडली घरगुती गणेशोत्सव स्पर्धा २०२५’

गणेशोत्सवातील सजावटीतून पर्यावरण संवर्धनाचा संदेश

लोकसत्ता प्रतिनिधी

मुंबई: राज्यासह मुंबईत सार्वजनिक गणेशोत्सव मंडळांसह घरोघरी गणराय विराजमान झाले असून सर्वत्र उत्साहाचे वातावरण आहे. तसेच देखण्या गणेशमूर्तीभोवती केलेली सजावटही लक्षवेधी ठरत आहे. गेल्या काही वर्षांत प्रदूषणामुळे होणारे नुकसान जाणवू लागल्याने कल्पकतेला नावीन्यतेची जोड देत अनेकजण घरगुती गणेशमूर्तीभोवती पर्यावरणसनेही सजावट करण्यास प्राधान्य देत आहेत. त्यामुळे उत्सवाच्या माध्यमातून पर्यावरणाचे संवर्धन करणाऱ्या गणेशभक्तांचा यथोचित सन्मान करण्यासाठी ‘लोकसत्ता’, ‘महाराष्ट्र प्रदूषण नियंत्रण मंडळ’ आणि ‘पर्यावरणीय व वातावरणीय बदल विभाग’ यांच्या संयुक्त विद्यमाने यंदाही ‘लोकसत्ता इकोफ्रेंडली घरगुती गणेशोत्सव स्पर्धा २०२५’चे आयोजन करण्यात आले आहे.

महाराष्ट्र प्रदूषण नियंत्रण मंडळ पर्यावरण व वातावरणीय बदल विभाग. लोकसत्ता इकोफ्रेंडली घरगुती गणेशोत्सव स्पर्धा-२०२५

मुख्य प्रायोजक: महाराष्ट्र प्रदूषण नियंत्रण मंडळ, पर्यावरण व वातावरणीय बदल विभाग. पाँट वॉशिंग्टन: व्ही. एम. मुकुंदगुणकर चेलेर्स

डॉ. मानसी Tanvi HERBALS क्लिनिक. तन्वीतेज शिरोधारा. शांत झोपेसाठी मनःशांतीसाठी... तन्वीतेज शिरोधारा करुन घ्या. 9833683021

मुंबईत भाजपचा महापौर हवा!

अमित शहांचा महापालिका निवडणुकीसाठी कानमंत्र

लोकसत्ता विशेष प्रतिनिधी



मुंबई: केंद्रीय गृहमंत्री अमित शहा यांनी प्रदेश भाजपच्या नेत्यांना आगामी स्थानिक स्वराज्य संस्थांच्या आणि विशेषत: मुंबई महापालिका निवडणुकीत विजयासाठी कानमंत्र दिला. कोणत्याही परिस्थितीत मुंबईत भाजपचा महापौर निवडून आला पाहिजे, यासाठी सर्वतोपरी प्रयत्न करण्याच्या सूचना शहा यांनी दिल्या.

शहा यांनी आपल्या दोन दिवसांच्या मुंबई भेटीत लालबागचा राजा, मंत्री आशीष शेलार यांच्या सार्वजनिक मंडळाचा गणपती व अंधेरीचा महाराजा यांचे दर्शन घेतले. या भेटीत शहा यांनी प्रदेश व मुंबईच्या निवडक नेत्यांशी आगामी निवडणुकीच्या संघटनात्मक तयारीची चर्चा केली. प्रदेशाध्यक्ष रवींद्र चव्हाण, मुंबई भाजप अध्यक्ष अमित साठम, शेलार, मंत्री मंगलप्रभात लोढा आदी नेते या बैठकीस उपस्थित होते.

राज्यात महायुतीचे सरकार सत्तेवर असून मुंबईसह राज्यात जेथे शक्य होईल, तेथे युतीत निवडणूक लढवावी, मात्र महापौरपद व सर्वाधिक जागा मिळविणाऱ्या पक्ष भाजपच असा, या दृष्टीने जागावटप व रणनीती निश्चित करा, अशा सूचना शहा यांनी प्रदेश व मुंबईच्या नेत्यांना दिल्या.

शिंदेची शहा यांच्याशी चर्चा उपमुख्यमंत्री एकनाथ शिंदे यांनी शहा यांची स्वतंत्र भेट घेऊन त्यांच्याशी चर्चा केली. मुख्यमंत्री देवेंद्र फडणवीस यांच्या नेतृत्वाखाली सरकारमध्ये काम करित असताना येत असलेल्या अडचणी किंवा होत असलेली कोंडी, रासगड व नाशिकच्या पालकमंत्रीपदाचा पेच, स्थानिक स्वराज्य संस्थांच्या निवडणुकीत महायुतीतील जागावाटपाचे प्रश्न आदी मुद्द्यांवर चर्चा केल्याचे समजते.

केंद्रीय गृहमंत्री अमित शहा यांनी शनिवारी लालबागच्या राजाचे दर्शन घेतले. यावेळी मुंबई भाजप अध्यक्ष अमित साठम, सांस्कृतिक मंत्री आशीष शेलार, उपमुख्यमंत्री एकनाथ शिंदे, मुख्यमंत्री देवेंद्र फडणवीस, प्रदेशाध्यक्ष रवींद्र चव्हाण, कौशल्य विकास मंत्री मंगलप्रभात लोढा आदी उपस्थित होते.

विमानात तांत्रिक बिघाड

गणरायाचे दर्शन घेऊन गुजरातला जाण्यासाठी निघालेल्या अमित शहा यांच्या विमानात तांत्रिक बिघाड झाल्याचे लक्षात आले. त्यानंतर उपमुख्यमंत्री एकनाथ शिंदे यांच्यासाठी राखीव असलेल्या विमानातून ते सहकुटुंब गुजरातला रवाना झाले.

करीत असताना येत असलेल्या अडचणी किंवा होत असलेली कोंडी, रासगड व नाशिकच्या पालकमंत्रीपदाचा पेच, स्थानिक स्वराज्य संस्थांच्या निवडणुकीत महायुतीतील जागावाटपाचे प्रश्न आदी मुद्द्यांवर चर्चा केल्याचे समजते.

आजचा ब्लॉक रद्द

गणेशभक्तांना दिलासा

लोकसत्ता प्रतिनिधी

मुंबई: मध्य रेल्वेवरील मुंबई विभागातील रेल्वे रुळ, सिग्नल यंत्रणा, ओव्हरहेड वायरची देखभाल-दुरुस्ती करण्यासाठी, रविवारी (दि. ३१ ऑगस्ट) मध्य रेल्वेवर ब्लॉक घेण्याचे नियोजन मध्य रेल्वेच्या वरिष्ठ अधिकार्यांनी केले होते. परंतु यामुळे रविवारी गणपतीचे दर्शन घेण्यासाठी जाणाऱ्या भाविकांना ब्लॉकचा सामना करावा लागणार असल्याचे वृत्त ‘लोकसत्ता’मध्ये प्रकाशित झाल्यानंतर मध्य रेल्वेने रविवारचा ब्लॉक रद्द करण्याचा निर्णय घेतला. ‘लोकसत्ता’च्या बातमीमुळे गणेशभक्तांना दिलासा मिळाला आहे.

सर्घेत सहभागी कसे व्हाल?

या सर्घेसाठी गणेशमूर्ती आणि सजावटीची तीन ते चार रंगीत छायाचित्रे व माहिती ‘लोकसत्ता’ कार्यालय किंवा loksatna.ecoganesha@gmail.com या ई-मेल आयडीवर पाठवायची आहेत. गणेशमूर्ती व सजावट स्पष्ट दिसणे आवश्यक असल्यामुळे छायाचित्रे विविध बाजूंनी घ्यावी. प्रत्येक छायाचित्राबरोबर सर्घाकाचे नाव, घरचा पत्ता, दूरध्वनी, मोबाइल क्रमांक नमूद करावा. छायाचित्रे व माहिती शनिवार, ६ सप्टेंबरपर्यंत पाठविणे आवश्यक आहे.

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ठाण्यात राज ठाकरेंकडून निवडणुकीचा श्रीगणेशा मतदारयाद्यांवर लक्ष देण्याची सूचना

लोकसत्ता विशेष प्रतिनिधी

ठाणे: ठाणे महापालिका निवडणुकीसाठी प्रारूप प्रभाग रचना आराखडा प्रशासनाने काही दिवसांपूर्वी जाहीर केला असून या आराखड्यामुळे येत्या काही महिन्यांत पालिकेच्या निवडणुका महिन्याची शक्यता वर्तविली जात आहे. या निवडणुकीसाठी सर्वच पक्षांनी कंबर कसत निवडणुकीची तयारी सुरू केली आहे. असे असतानाच, महाराष्ट्र वननिर्माण सेनेचे प्रमुख राज ठाकरे यांनी शनिवारी ठाण्यातील शहराध्यक्ष ते

उपशाखाध्यक्षपर्यंतच्या पदाधिकाऱ्यांची बैठक घेऊन त्याद्वारे निवडणुकीच्या तयारीचा श्रीगणेशा केला. या बैठकीत त्यांनी निवडणुकीच्या तयारीला लागण्याचे आदेश देत मतदार याद्यांवर लक्ष देण्याची सूचना पदाधिकाऱ्यांना केली.

आगामी स्थानिक स्वराज्य संस्थांच्या निवडणुकीसाठी कसे काम केले पाहिजे, समाज माध्यमाचा वापर पक्षाची क्षेत्र घोरणे पोहोचविण्यासाठी कसे केला पाहिजे, याविषयी त्यांनी शनिवारी ठाण्यातील शहराध्यक्ष ते

राजकोट नागरिक सहकारी बँक लि. विक्रीची सूचना

राजकोट नागरिक सहकारी बँक लि. (मल्टिप्ले टेरिस्ट्रीयल बँक). नोंदणीकृत कार्यालय व मुख्य कार्यालय: 'अर्विंदभाई मणिवार नागरिक सेवावाय', १५०' रिंग रोड, रैवा सॅकलजवळ, राजकोट. पत्ता: २५५५७९६

GARWARE HI-TECH FILMS. गरवारे हाय-टेक फिल्मस लिमिटेड. नोंदणीकृत कार्यालय: नागपूर, पोस्ट बाळुज, छत्रपती संभाजीनगर (अंशगावद) - 431 133. दूरध्वनी: 0240 2567400, ईमेल: cs@garwarehitech.com, वेबसाईट: www.garwarehitechfilms.com

Table with 2 columns: Details of the 68th Annual Report and Investor Information.

Table with 2 columns: Details of the 68th Annual Report and Investor Information.

ठाण्यातील धोकादायक इमारती रिक्त करण्याचे आदेश

लोकसत्ता विशेष प्रतिनिधी

ठाणे: विवार येथील इमारत दुर्घटनेसारखी घटना ठाणे शहरात घडू नये, यासाठी ठाणे महापालिका आयुक्त सौरभ भंडार यांनी शुक्रवारी सायंकाळी पालिका मुख्यालयात अधिकाऱ्यांची तातडीची बैठक घेतली. या बैठकीत राव यांनी शहरातील अतिधोकादायक इमारतींचा आढावा घेतला. यानंतर शहरातील अतिधोकादायक इमारतींचा अतिधोकादायक इमारतींचा आढावा घेतला. ज्या धोकादायक इमारती रिक्त करून त्याची तातडीने दुरुस्ती करण्याची आवश्यकता आहे, त्याबद्दलही राव यांनी अधिकाऱ्यांना दिले.

विवार येथे घडलेल्या इमारत दुर्घटनेच्या पाश्र्वभूमीवर झालेल्या

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